



REDMOND HIGH SCHOOL

WEEKLY STUDENT BULLETIN

December 10, 2021

RHS CALENDAR

Coming Up....

- Dec 13:** Last day of food drive sponsored by RHS *National Honor Society*
- Dec 15:** Chill Out Open Mic night
- Dec 13-17:** Spirit Week!
- Dec 10:** Yearbook sales open
- Dec 17:** Last day to check *Lost and Found* before it is donated
- Dec 20-31:** Winter Break
- Dec 31:** Cap & Gown orders due for Seniors
- Jan 3:** Deadline for name corrections for Senior diplomas

RHS HOME Athletic Events:

- Dec 10:** Girls Varsity Gymnastics at RHS, 6:30 pm
- Dec 10:** Boys Varsity Basketball at RHS, 8:00 pm
- Dec 13:** Girls Varsity Basketball at RHS, 7:15 pm
- Dec 14:** Boys Varsity Basketball at RHS, 7:15 pm
- Dec 15:** Girls Varsity Basketball at RHS, 7:15 pm

SPIRIT DAYS!

Winter Spirit Week 13-17

- Monday 13: Country vs. Country Club**  
- Tuesday 14: Anything but a Backpack**  
*Smaller than suitcase
- Wednesday 15: PJ Day**  
- Thursday 16: Ski Trip**  
*No Equipment
- Friday 17: Sweaters**  

This week! Show your spirit by dressing to these themes from December 13-17.

OPEN MIC NIGHT



This week! The Chill Out Open Mic night will be **December 15** from 5-7:00 pm and is a chance for students to share their talents in a laid back setting, kind of like an open mic night at a coffeeshop. If you are interested in participating, fill out [this link](#) by Friday, December 10th. Audience members welcome: RHS Staff and students only.

SALES OPEN

YEARBOOK21-22

Open now: Yearbook Sales Dec 10-Jan 10

Purchase online through Skyward, or turn in check to Bookkeeping (made out to RHS) or bring cash. Yearbooks are \$65.

Important: The 3rd and final yearbook sales window will open in May, but quantities will be limited by then as the publisher needs our final count in March. *Do not wait to order until May as yearbooks may be sold out!*

BOYS SOCCER



New: Boys Soccer Open Fields are Now Happening! Join us after school at the stadium on December 15, 16, 20, 23, 27, and 30. Bring your cleats, running shoes, shinguards, water, and dry/warm clothes. There will also be open fields in January and February! Reach out to Coach Tangen by email: ttangen@lwsd.org or stop by E-202 for more information.

SENIOR TIMELINE

CLASS
of
2022

Diplomas: Please confirm that **your name** is listed the way you would like it to appear on your diploma. Check your December 8 email from our Registrar, Jeanie Palm, and reply before **Monday, January 3** with any changes you would like to make---i.e. middle name, middle initial, hyphenated last name, upper/lower case spellings. *If you don't have any changes, no need to reply.*

Graduation Orders: Senior Families! Please note that the graduation order information below is the same as the physical handout given to seniors during homeroom. Running Start/WANIC students DO NOT need to pick up a handout from the school.

It's time to submit cap & gown orders, and additional graduation items of your choice! Check out [THIS VIDEO](#) for brief instructions on how to register and order your grad items. Here is the link to the [GRADUATION PACKET](#) students received in homeroom. Here is the [link](#) to place the cap & gown order online.

ACTION ITEMS:

1. **REGISTER** for graduation **ASAP** to ensure a custom cap and gown of your size is reserved for you. This only takes a few seconds!
2. **ORDER** your graduation products by 12/31/21 to avoid late fees or delayed orders.

Senior Portraits: due January 14

- Log on to: [Images.jostens.com](https://images.jostens.com)
- Enter Login ID: **416225816**
- Browse to select the photo or photos you wish to upload, click on **"Select My Images"**
- Enter information about the photo and provide contact information in case the Yearbook staff need additional information
- Click **"Upload Chosen Images"**

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Yearbook Ads: due February 1

A yearbook Senior Ad is a loving tribute typically from a parent or family member to their student, personalized with their own sentimental message and a cherished photo or photo collage. Create and purchase online by

February 1, 2022. To create or find prices and other information go to:

Jostensadservice.co

Letter of Recommendation: We require 2 school weeks' notice and will not be available to write letters over the December break. If you have any questions, please contact your counselor no later that Monday. Thank you for helping us help you!

NHS FOOD DRIVE



Last call! The *National Honor Society* and RHS will be holding a food drive from **December 6-13**. Students are encouraged to drop off donations at their first period classroom during this timeframe. All donations go towards **RHS Help** – our in house support system for students who are in need of food. We are so excited to partner together to help families here in the Redmond area! **We do not accept food items with an expired date.**

Items that RHS Help needs:

- Microwave Popcorn
- Macaroni and Cheese
- Peanut Butter and Jelly
- Oatmeal Packets
- Spaghetti Noodles
- Pasta Sauce (cans/plastic jars preferred)
- Canned Tuna
- Canned Chicken
- Canned Fruit and Vegetables
- Hearty Soups
- Cup of Noodles
- Ramen

CULINARY COMPETITION



New: LWSD Culinary Competition 2022

Sweet and Savory category

- WHO: Any High School Student in LWSD
- WHAT: Culinary Competition
- WHERE: Remotely (Power Points will be submitted)
- WHEN: Submissions due February 22
- WHY: It's fun! Prizes too!

Contact the RHS Culinary Arts Teacher, Jane Hitchcock, for details and to be added to the competition TEAMS page. jhitchcock@lwsd.org

RHS HELP HELPS!



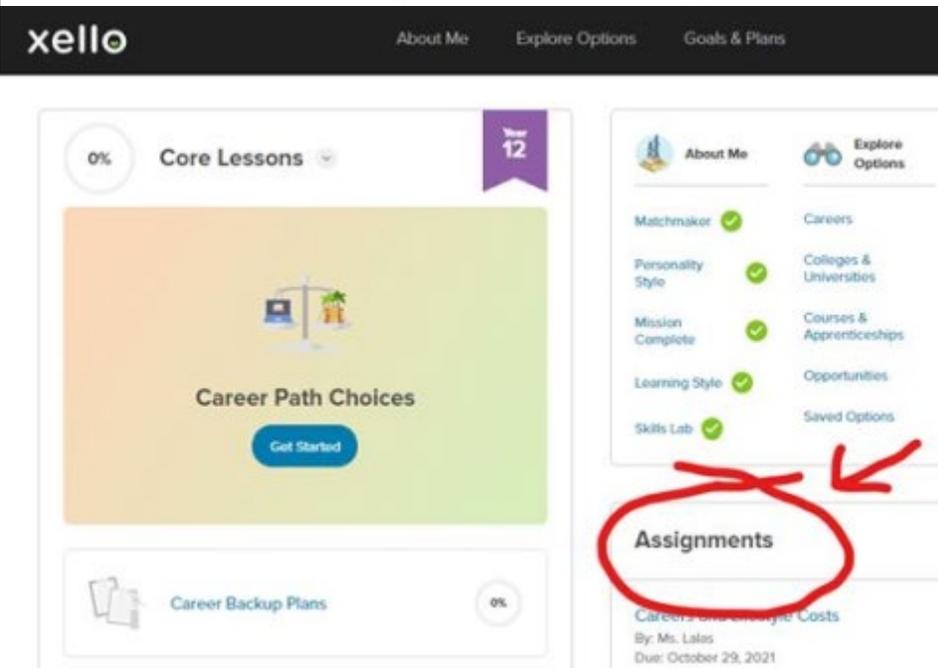
Seniors: If you are having troubles affording your **graduation cap and gown**, please reach out to your counselor or Mrs. Zambrowsky-Huls. *RHS Help* may be able to assist you in paying for your graduation gown. Please reach out before the December 31 deadline!

DRAMAFEST



New: Redmond Drama is looking for script submissions for DramaFest! Scripts must be between 10-15 minutes in length and are due by January 21. To submit a script, email Danika Drake: dadrake@lwsd.org

HIGH SCHOOL & BEYOND PLAN



New: Students—Your next HSBP Assignment has been posted in Xello and is **DUE January 23!**

This month 9th–11th graders will be updating their 4-Year planner in order to help them prepare for registration in January! Seniors (12th) will be creating and/or submitting their resume. Please login to your [Xello account here](#) and find the assignment in your dashboard (see below).

If you have any questions, please contact Nikole Lalas nlalas@lwsd.org.

FALL SBA SCORES AVAILABLE

SBA TESTING

Fall Smarter Balanced Assessment scores available through Skyward/Family Access

Students in 4th–9th and 11th grades recently took the Smarter Balanced Assessment (SBA) in English language arts and math. Students in 6th, 9th and 12th grade took the Washington State Comprehensive Assessment of Science

(WCAS). The primary purpose of these tests was a brief check-in on how students are doing compared to some of the state standards.

This test was different from prior years' tests in three ways. It was given in the Fall instead of last Spring, there were fewer questions overall and this test did not assess as many areas as previous tests. For these reasons, we recommend that these Fall results not be compared to other year's test results.

The Office of the Superintendent of Public Instruction (OSPI) has completed the scoring for these tests and they are now available to school districts. We have uploaded the achievement level and scale score to Skyward/Family Access. Families will receive a more complete graphical report from OSPI in February. Scores for sub-sections of the assessment (such as reading, writing, and math problem solving) are not available for the Fall assessment due to the shortened length of the test.

State tests provide a snapshot of how your child performed during testing and are not indicators of classroom performance. Classroom performance should be the primary measure of your child's skills and knowledge. If you have a concern about your child's testing performance, please talk with his/her teacher.

To access the test scores:

1. Login to Family Access.
2. Select "Test Scores" on the left menu.
3. Select "Show Scores" for the assessment.

[Skyward Family Access support](#) is available on the LWSD website. Regular spring state testing will resume in March-June 2022.

CREATIVE WRITING CLUB



THE CREATIVE WRITING CONTEST IS BACK!

We are back! Participate to become the RHS 2022 Monarch Writer with an exclusive section in Vol. 4 of the Mustang Review. **Submit a work of fiction or nonfiction of up to 2,500 words, three poems totaling no more than 4 pages, OR a work of flash fiction of up to 700 words.** Illustrations drawn by the student author are acceptable; however, only literary content is judged. Again, a student is given only **ONE ENTRY**, and the entry must be the original work of that student. Group entries are not permitted. For more info, check out [this flyer](#)

All entries should be submitted [here](#) as a PDF or Word Doc by **11:59 pm on 03/12/22**. Contact s-nshastry@lwsd.org with any questions.

LWSD SICK POLICY GUIDELINES



Mustang Families: As we head into the cold and flu season, please be aware of the current LWSD Sick Policy guidelines for students who are out of school for illness. We must follow these guidelines to ensure the health and safety of all our fellow Mustangs!

Please indicate "sick" or "medical" when calling Attendance

When you call or email the attendance line to notify us of your student's absence, please tell us if they are absent because they are **sick** due to cold/flu like symptoms. Or, if your student is missing school for an excused medical reason that is *not* due to being sick---such as doctor appointment or injury---please specify that their absence is **medical** (not due to cold or flu like symptoms). Attendance: rhsattend@lwsd.org or 425-936-1810.

If your student is experiencing ANY cold or flu-like symptoms – Your student must stay home.

<u>Covid-Like Sick Symptoms</u>	<u>*Short Term Sick Symptoms</u>
Fever of 100.4 or above/Chills	Sore Throat *
Cough	Congestion or Runny Nose *
Shortness of Breath or Difficulty Breathing	Muscle Pain or Body Aches *
Loss of Taste or Smell	Fatigue *
	Diarrhea *
	Nausea or vomiting *
	Headache *

***Or any other signs of new illness that are unrelated to a documented preexisting condition.**

Your student may return to school when:

1. They have one *Short Term symptom (does NOT include Covid-like symptoms) that resolves in less than 24 hours (no Covid testing required).
2. **OR** they have one or more of any sick symptoms that lasts longer than 24 hours, AND they have a negative PCR covid test (rapid/home covid tests are not accepted by LWSD).
3. **OR** they have been home for 10 days, have had no fever for 24 hours, and symptoms are improving (no Covid test required).

If your student has been absent due to sick symptoms and has results of their Covid test, please email test results to: Sindy Mencos at smencos@lwsd.org.

REGISTRATION FOR NEXT YEAR

Coming soon: 2022-23 Registration

Registration for the next school year will be kicking off **January 5**. Students will receive instruction on course offerings and the registration process during their Homeroom period. This information will also be posted in Teams and on the RHS website under the Counseling tab. As part of the High School and Beyond Plan (HSBP), students are currently working on updating their 4-year course plan. Please encourage your student to think carefully about their course choices for next year and take some time to review your students 4-year plan with them. Student's current progress toward graduation requirements can be found in Skyward. If you have questions about your students Graduation Requirements, please contact their counselor. The 2022-23 course submission deadline will be on **January 23**.

LOST & FOUND



Students: Look for your *Lost and Found* items now.

All items will be donated after December 17 during Winter Break.

The Lost and Found is located in the Main hallway by the Counseling Center. Small valuable items such as phones and jewelry are in the Attendance office and will not be donated.

RHS ATTENDANCE LINE

425-936-1810

Parents: How to excuse your student when they are absent:

Please email the attendance secretary at rhsattend@lwsd.org or leave a message on the Attendance line 425 936-1810 whenever your student is absent or late.

How to excuse your student for an early departure:

Please email or call as soon as possible to excuse your student early for an appointment, or if they are leaving early due to an illness. The Attendance Secretary (Ms. Anderson) will send your student a dismissal slip so they may sign out in the Attendance Office and meet the parent outside.

Important: if you were marked absent or late by a teacher and would like to discuss this, please talk to the teacher that marked you absent or late---not the attendance office.

- For more information about absences, late arrivals and early departures, click [here](#).
- Para obtener más información sobre ausencias, llegadas tardías y salidas anticipadas, haga clic [aquí](#).

COUNSELING APPOINTMENTS



Counselors are excited to meet with you! Counselors are available for individual student/parent appointments. The appointment calendar on the [RHS Counseling website](#) is now open for students/parents to schedule a meeting.

Counselor Caseloads 2021-2022

A-CA (12th & RS): Nikole Lalas
nlalas@lwsd.org

CE-GARC: Lindsey Hanson
lihanson@lwsd.org

GARD-KAS: Sarah Gray
sgray@lwsd.org

KAT-LEA & VIM-Z: Micaela Crapo
mcrapo@lwsd.org

LEB-MAZ & BALD-CA (9th - 11th): Katie Bunyard
Kbunyard@lwsd.org

MC-RAJ: Ellen Zambrowsky-Huls
Ezambrowsky-huls@lwsd.org

RAK-SUG: Derik Detweiler
ddetweiler@lwsd.org

SUH-VIL & A-BALA (9th-11th): Justine Oshiro
joshiro@lwsd.org

YOUTH EASTSIDE SERVICES



YES Alcohol Drug Education Class (FREE)

For Parents/Caregivers & Teens to attend together.

Offered virtually one Saturday per month: 12/18.

- Learn the impacts of substance use on the developing body & brain
- Learn where and how to turn for help-drug/alcohol or mental health
- Teens will also learn to make more informed decisions for their futures regarding substance use

[Click here](#) to register or contact Andreaf@youtheastsideservices.org for questions or more information.

COLLEGE & CAREER CENTER



Students: Looking for information on Colleges and Financial Aid?

Want to connect with your Counselor?

Searching for a Job or Volunteer opportunities?

Want to find out more about Career Pathways?

Check out your RHS–Student Services Teams Site!

SENIORS: [RHS – Student Services – co2022](#)

JUNIORS: [RHS – Student Services – co2023](#)

SOPHOMORES: [RHS – Student Services – co2024](#)

FRESHMEN: [RHS – Student Services – co2025](#)

Updated daily with fresh information and resources for you!

RHS QUICK LINKS

Did you miss something important?

Previous newsletters are on the [RHS website](#).

Useful links for RHS students and parents:

[RHS website](#)

[RHS Athletic Final Forms](#)

[RHS College & Career Center](#)

[RHS Library- Parent Page](#) (for parent tech help, library services, etc)

[RHS Clubs](#)
[LWSD website](#)
[PTSA website](#)



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