

**San Angelo Independent School District
School Health Advisory Council
Meeting Minutes
Date: Wednesday, Sep 22, 2021**

Kendra Conley, SHAC Chairperson, called the meeting to order at 12:00 pm.

1. Call to Order and Establish Quorum

See attached Roster or click [HERE](#) to review.

2. Approval of Minutes from 7/13/21

Minutes unanimously approved as distributed.

3. Changes to SHAC Meetings: House Bill 1525

Presenter Monica Porras reviewed new requirements coming from House Bill 1525 as they relate to SHAC meetings, specifically. Other items addressed in that bill will be reviewed at a later time if needed.

4. Review results of Wellness Plan Survey

Presenter Michelle Helms reviews results of the Wellness Plan survey. Discussion open to council. The following recommendations were given:

1. Educate/Update the School Board and Campus Administrators about SHAC
2. Educate and prompt SHAC to parents in the district
3. Collaborate with district Communications Department in promotion of SHAC

5. Consider Subgroups to address Goals and Objectives of Wellness Plan

Presenter Michelle Helms recommends subgroups to address updates to the current Wellness Plan. Subgroups include Mental Health, Physical Education, and Nutrition. Council members will volunteer for their subgroup of choice. Council members recommend we meet again in October to begin addressing the Wellness Plan in subgroups.

Rikke Black notes that the district does not have a curriculum related to sexual health.

6. Additional Items: Open to Council

1. Betty Tetson- Texas Hunger Initiative
2. Armida Tarin- Superior Health Plan
3. Monica Porras- Immunization Clinics for Middle School

There being no further business, the meeting adjourned at approximately 1300 by Kendra Conley, SHAC Chairperson.

Audio of the meeting is available [HERE](#).

Respectively submitted,

Monica Porras, SAISD Health Coordinator, SHAC Secretary

Approved by: