



FEBRUARY | 2022

Jr Sr High Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1 Italian Beef Calzone California Blend Vegetables Spinach Romaine Salad w/ Dressing Assorted Fruit (2) Ice Cold Milk	2 Chicken & Noodles Mashed Potatoes Corn Assorted Fruit (2) Cinnamon Roll (2) Ice Cold Milk	3 Hot Ham & Cheese Flatbread w/ Romaine, Tomato, Onion Sweet Potato Fries Peas Assorted Fruit (2) Ice Cold Milk	4 Breaded Chicken Patty on Bun Potato Casserole Capri Vegetable Blend Assorted Fruit (2) Ice Cold Milk
7 Mid-Winter Break No School	8 Chicken Quesadilla Salsa, Sour Cream Cooked Carrot Steamed Zucchini Assorted Fruit (2) Nutty Bar Ice Cold Milk	9 BBQ Pulled Pork Potato Bowl Topped with Cheese Garlic Twist Breadstick Key West Vegetables Assorted Fruit (2) Ice Cold Milk	10 Walking Taco w/ Dorito Chips, Taco Meat, Cheese, Lettuce, Onions, Salsa, Sour Cream Fiesta Taco Beans Assorted Fruit (2) Ice Cold Milk	11 Oriental Chicken on Rice Far East Vegetables String Green Beans Assorted Fruit (2) Fortune Cookie Ice Cold Milk
14 Meatball Sub Baked Beans Steamed Cauliflower Assorted Fruit (2) Ice Cold Milk	15 Bosco Cheese Breadsticks w/Marinara Sauce Corn Spinach Romaine Salad w/Dressing Assorted Fruit (2) Ice Cold Milk	16 Chicken Nuggets Hash Brown Patty (2) Scandinavian Vegetables Assorted Fruit (2) Blueberry Muffin Ice Cold Milk	17 Fettuccine Alfredo Garlic Toast Steamed Broccoli Baby Carrots w/Dip Assorted Fruit (2) Ice Cold Milk	18 Pepperoni Pizza Lima Beans Sicilian Vegetables Assorted Fruit (2) Pudding Cup Ice Cold Milk
21 BBQ Pulled Pork Sandwich Sweet Potato Wedges Roasted Brussel Sprouts Assorted Fruit (2) Ice Cold Milk	22 Hot Dog w/ Relish, Onion California Blend Vegetables Baked Beans Assorted Fruit (2) Cookie Ice Cold Milk	23 Toasted Cheese Sandwich Chili Soup w/ Crackers Baby Carrots w/ Dip Assorted Fruit (2) Ice Cold Milk	24 Baked Italian Penne Garlic Twist Breadstick Kyoto Vegetable Blend Green Beans Assorted Fruit (2) Ice Cold Milk	25 Cheese Pizza Corn Steamed Broccoli Assorted Fruit (2) Fruit Roll Up Ice Cold Milk
28 Arroz Con Pollo (Fajita Meat, Queso Blanco Cheese Sauce, Mexican Rice) Tortilla Chips & Salsa Fire Roasted Corn & Tomato Assorted Fruit (2) Ice Cold Milk	1	2	3	4

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit

Salad Bar
Monday - Friday
Counts as a reimbursable meal

Lunch Served
Northfield High 11:15 am - 12:35 pm
Southwood High 11:15 am - 12:35 pm

Lunch Prices
1st Lunch No cost to all students
2nd Lunch Tray \$2.85

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

Visit Our New Facebook Site:
[MSDFoodService](#)

Grades 7-8 only due to
Calories or Sodium Levels

Grades 9-12 only due to
Calories or Sodium Levels