





STEELE HIGH SCHOOL		JANUARY			
No School - Staff In-Service 3		4	5	6	7
		WG Chicken Soft Tacos	WG Tangerine Chicken	Lasagna w/meat sauce	WG Mac and Three Cheese Cavatappi
		Fiesta Rice and Beans	Brown Rice	Sicilian vegetables	WG Dinner roll
		Salad Bar	Sesame broccoli	Dinner roll	Steamed Broccoli
		Fruit Bar	Fortune Cookie	Salad bar	Salad Bar
		Milk	Salad bar	Fruit bar	Fruit Bar
			Fruit bar	Milk	Milk
		Milk	Milk	Milk	Milk
10		11	12	13	14
WG Chicken Tenders		Mexican Straw Hats	WG Cherry Blossom Chicken	WG Chicken Parmesan with a side of	WG Toasted Cheese Sandwich
Mashed Potatoes and gravy		(Fritos with meat and beans) or	Brown Rice	Spaghetti	Tomato soup
Carrot Coins		Taco salad bowl	Stir fry vegetables	Seasoned Green Beans	Multi Colored Tater Tots
Snowflake Dinner Roll		Shredded lettuce and toppings	Fortune Cookie	WG Dinner roll	Salad Bar
Salad Bar		Salad Bar	SaladBar	Salad bar	Fruit Bar
Fruit Bar		Fruit bar	Fruit Bar	Fruit bar	Milk
Milk		Milk	Milk	Milk	
Martin Luther King Jr. Day 17		18	19	20	21
		Beefy Cheese Nachos	WG Tangerine Chicken	Fettuccine with WG Chicken Chunks	Footlong Hot dog
		Taco Salad Bowl	Brown Rice	Alfredo Sauce	served with onions and relish
		Shredded lettuce and toppings	Sesame broccoli	Sicilian Vegetables	Baked Beans
		Refried Beans	Fortune Cookie	Salad Bar	French Fries
		Salad Bar	Salad Bar	Fruit Bar	Salad Bar
		Fruit Bar	Fruit Bar	Milk	Fruit Bar
		Milk	Milk		Milk
24		25	26	27	28
WG Chicken tenders		Beef Chipotle Tacos	WG Cherry Blossom Chicken	Spaghetti with meatballs	Pulled Pork Sandwich or
Mashed Potatoes and gravy		Rice and Beans	Brown Rice	Italian green beans	Pulled Pork Irish Nachos
Carrot Coins		Lettuce and Cheese	Stir fry vegetables	Snowflake Dinner Roll	Waffle fries
Snowflake Dinner Roll		Salad Bar	Fortune Cookie	Salad Bar	WG Soft Pretzel (w/nachos only)
Salad Bar		Fruit Bar	Salad Bar	Fruit Bar	Salad Bar
Fruit Bar		Milk	Fruit Bar	Milk	Fruit Bar
Milk			Milk		Milk
31		<i>Breakfast and Lunch are available at no-cost to families for the 2021-22 school year!</i> 		<i>No-Cost lunch choices are also available daily on our Grill, Pizza, Sub &amp; Salad Lines, as well as in the Snack Shack.</i> A la carte items are available for purchase. Please visit <a href="http://www.payschoolscentral.com">www.payschoolscentral.com</a> to add money to your child's account.	<i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable &amp; Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i>
Two Ultra Grain Comet		Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.			
Chicken tender wraps					
Baked Potato Smiles					
Salad Bar					
Fruit Bar					
Milk					
USDA is an equal opportunity provider and employer					
Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs: <a href="mailto:deanne_kelbley@amherstk12.org">deanne_kelbley@amherstk12.org</a>					
Menu subject to change based upon food availability					