



GO AMHERST COMETS!

January AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>STAFF IN-SERVICE 3</b></p> 	<p><b>4</b></p> <p>CHICKEN TENDERS BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>5</b></p> <p>CHICKEN PATTY W/ BAKED TOTS AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>6</b></p> <p>TOASTED CHEESE PULLED PORK w/ WAFFLE FRIES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>7</b></p> <p>DELI SUBS OR CORN DOG w/BAKED CHIPS FRENCH BREAD PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p><b>10</b></p> <p>TACO SALAD OR FIESTADA PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p><b>11</b></p> <p>POPCORN CHICKEN BAKED TRI-TATERS AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>12</b></p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>13</b></p> <p>BOSCO STICKS w/marinara AJH PIZZA FRUIT/VEGS CHOICES MILK DESSERT</p>	<p><b>14</b></p> <p>CHEESEBURGER w/BAKED CHIPS PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p><b>NO SCHOOL 17</b></p> 	<p><b>18</b></p> <p>CHICKEN NUGGETS w/ BAKED SMILES AJH PIZZA FRUIT/VEG. CHOICES MILK</p>	<p><b>19</b></p> <p>CHICKEN PATTY W/ BAKED WAFFLE FRIES AJH PIZZA FRUIT/VEG. CHOICES MILK</p>	<p><b>20</b></p> <p>MAC &amp; CHEESE W/ ROLL RAVIOLI W/ ROLL AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>21</b></p> <p>HOT DOG w/BAKED CHIPS PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p><b>24</b></p> <p>BEEFY CHEESY NACHOS PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p><b>25</b></p> <p>POPCORN CHICKEN BOWL AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>26</b></p> <p>CHICKEN PATTY W/ BAKED SMILES AJH PIZZA FRUIT/VEG CHOICES MILK</p>	<p><b>27</b></p> <p>MOZZARELLA STICKS W/MARINARA AJH PIZZA MILK DESSERT</p>	<p><b>28</b></p> <p>SPICY CHICKEN PATTY or Toasted cheese/ chips PIZZA FRUIT/VEG CHOICES BAKED BEANS MILK</p>
<p><b>31</b></p> <p>WALKING TACO PIZZA FIESTA RICE REFRIED BEANS FRUIT/VEG CHOICES MILK</p>	<p><b>OFFERED DAILY:</b> Pizza PB &amp; J Sandwich</p> <p><b>ASSORTED FRUIT CHOICES</b> <b>ASSORTED MILK</b></p>	<p><i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable &amp; Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i></p>	<p><i>Breakfast &amp; Lunch are available at no cost to families for the 2021-22 school year!</i></p> <p><i>Milk by itself costs \$.50.</i></p>	<p>Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.</p>

USDA is an equal opportunity provider and employer

Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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