

Gainesville City High School Menu

January 2022

Adult breakfast: \$2.00
 Adult lunch: \$3.50
 Students eat at no cost
 Extra milk is \$0.35

Assorted fat-free and low-fat milk is offered at breakfast & lunch.
 The menu is limited and subject to change due to market conditions, school events, and closures.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Holiday	Holiday	Cereal Kit with Fruit Juice 4 oz. Mandarin Oranges ½ cup	Steak Biscuit Fruit Juice 4 oz. Raisins 1 pack	Breakfast Taquito Fresh Fruit 1 each Craisins 1 pack
		Chicken Nuggets (6) 1.25 oz. Roll Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup Fruit Juice 4 oz.	Walking Chicken Taco Sour Cream & Salsa Refried Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Craisins 1 pack	Bacon Cheeseburger Baked Beans ½ cup Oven Fries ¾ cup Cherry Tomatoes ½ cup Mixed Fruit ½ cup Fresh Fruit 1 each
10	11	12	13	14
Cereal Kit with Fruit Juice 4 oz. Mixed Fruit ½ cup	Biscuit & Sausage Links Fresh Fruit 1 each Craisins 1 pack	Sausage Pancake Slider Fruit Juice 4 oz. Applesauce ½ cup	Chicken Biscuit Fruit Juice 4 oz. Raisins 1 pack	Dutch Waffle Fresh Fruit 1 each Peaches ½ cup
Cherry Blossom Chicken with Fried Rice Steamed Cabbage ½ cup Carrot Sticks ½ cup Mandarin Oranges ½ cup Fresh Fruit 1 each	Country Steak with Gravy 1.25 oz. Roll Steamed Broccoli ½ cup Whipped Potatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Breaded Chicken Drumstick 1.25 oz. Roll Green Beans ½ cup Sweet Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Beefy Nachos Sour Cream & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fresh Fruit 1 each	Chicken Sandwich Oven Fries ¾ cup Carrot Sticks ½ cup Zesty Greens ½ cup Applesauce ½ cup Fresh Fruit 1 each
17	18	19	20	21
Holiday	Poptart & Cheese Stick Fresh Fruit 1 each Craisins 1 pack	French Toast Sticks Fruit Juice 4 oz. Applesauce ½ cup	Steak Biscuit Fruit Juice 4 oz. Raisins 1 pack	Breakfast Bun Fresh Fruit 1 each Peaches ½ cup
	Chicken Nuggets (6) 1.25 oz. Roll Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Hotdog & Chips Baked Beans ½ cup Coleslaw ½ cup Carrot Sticks ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Walking Chicken Taco Sour Cream & Salsa Pinto Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Turkey & Cheese Sandwich Chips Carrot Sticks ½ cup Broccoli Dippers ½ cup Applesauce ½ cup Fresh Fruit 1 each
24	25	26	27	28
Cereal Kit with Fruit Juice 4 oz. Mixed Fruit ½ cup	Mini Pancakes or Waffles Fresh Fruit 1 each Craisins 1 pack	Cheese Omelet & Muffin Fruit Juice 4 oz. Applesauce ½ cup	Chicken Biscuit Fruit Juice 4 oz. Raisins 1 pack	Breakfast Pizza Fresh Fruit 1 each Peaches ½ cup
General Tso's Chicken with Fried Rice Steamed Cabbage ½ cup Carrot Sticks ½ cup Mandarin Oranges ½ cup Fresh Fruit 1 each	Country Steak with Gravy 1.25 oz. Roll Steamed Broccoli ½ cup Whipped Potatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Breaded Chicken Drumstick 1.25 oz. Roll Green Beans ½ cup Sweet Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Beefy Nachos Sour Cream & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fresh Fruit 1 each	Chicken Sandwich Oven Fries ¾ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each
31	1	2	3	4
Cereal Kit with Fruit Juice 4 oz. Mandarin Oranges ½ cup	Breakfast Taquito Fresh Fruit 1 each Craisins 1 pack	Apple Cinnamon Texas Toast Fruit Juice 4 oz. Applesauce ½ cup	Steak Biscuit Fruit Juice 4 oz. Raisins 1 pack	Sausage Pancake on a Stick Fresh Fruit 1 each Peaches ½ cup
Bacon Cheeseburger Baked Beans ½ cup Oven Fries ¾ cup Cherry Tomatoes ½ cup Mixed Fruit ½ cup Fresh Fruit 1 each	Chicken Nuggets (6) 1.25 oz. Roll Green Beans ½ cup Whipped Potatoes ½ cup Peaches ½ cup Fresh Fruit 1 each	Mac and Cheese with Garlic Toast Parmesan Broccoli ½ cup Carrot Sticks ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Walking Chicken Taco Sour Cream & Salsa Refried Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Grilled Cheese Sandwich Marinara Dunk Cup Broccoli Dippers ½ cup Carrot Sticks ½ cup Applesauce ½ cup Fresh Fruit 1 each

• **Pizza Two Week Cycle Menu - Subject to Change** •

Monday	Tuesday	Wednesday	Thursday	Friday
Mozzarella Breadsticks (2) Cheesy French Bread	Pepperoni Pizza Cheese Pizza	Deep Dish Cheese Pizza Deep Dish Pepperoni Pizza	Pepperoni Hot Pocket Mozzarella Breadsticks (2)	Deep Dish Pepperoni Pizza Deep Dish Cheese Pizza

• **Peanut Butter and Jelly Trays Available Regularly** •

If you have a peanut allergy, soy butter sandwiches are available upon request. Please let your teacher know to request the soy butter sandwich from the cafeteria, if desired (peanut free, but contains milk, wheat, and soy).



GEORGIA
grown



Fueling
Georgia's
Future

feedmyschool.org
georgiagrown.com
gafarmtoschool.org

HARVEST
OF
THE MONTH

Greens



This institution is an equal opportunity provider.

