



Voluntary High School Football Workouts Canceled

On the evening, July 9, 2020, the school district was alerted that a student athlete/coach from the high school football team tested positive for the Coronavirus 2019 (COVID 19). Individuals who attended the football high school voluntary workouts between July 1, 2020, and July 6, 2020, may have been exposed to COVID-19. At the recommendation of our District physician and the Centers for Disease Control and Prevention (CDC), anyone exposed to the student athlete/coach should quarantine for 14 days.

Symptoms of COVID 19 may include, but are not limited to, fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, or new loss of taste or smell.

We recommend that you review the guidelines from the [CDC](https://www.cdc.gov) and contact your health care professional with questions or if your child shows signs of any of the symptoms listed above.

All high school football voluntary workouts during the 14 day quarantine period are canceled. At a later date, additional information related to future high school football voluntary workouts following the quarantine will be communicated by the Lampeter-Strasburg School District Athletic Director.