

2022 January

OSSEO AREA SCHOOLS

OEC and OALC High School Lunch Menu

ISD 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>
General Tso Chicken Lo Mein Noodles	Beef Taco in a Bag	Penne Grilled Chicken Alfredo Breadstick	Brunch For Lunch Pancakes Chicken Sausage Patties Hashbrown Patties Honey Ginger Steamed Carrots Fresh Fruit	Orange Chicken with White Rice Chicken Potsticker
Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Assorted Fresh Vegetables	Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>
Sweet and Sour Chicken Fried Rice Chicken Potsticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Hot Beef and Cheddar Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables	Chicken Tenders (Regular and Spicy) Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables	Pizza Turkey Pepperoni or Cheese Caesar Salad Parmesan Spinach Alfredo Fresh Fruit Assorted Fresh Vegetables	Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>No School</b>	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>
	Cheese Stromboli with Marinara Sauce Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Cheesy Beef Totchos Southwestern Rice Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables	<b>Burrito Day</b> Shredded Beef Chili Colorado <b>OR</b> Chicken Pollo Verde <b>OR</b> Bean and Cheese Chili Relleno Burrito Southwestern Rice Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Curly Fries	Breaded Chicken Sandwich Sidewinder Fries	Cheeseburger Chips
<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>	<b>International Cuisine</b>
Italian Dunker with Marinara Sauce Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Hot Philly Beef Sandwich Sidewinder Fries Chipotle Cinnamon Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables	Chicken Nugget Mashed Potato Bowl Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Hearty Beef Lasagna Breadstick Caesar Salad Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Spicy Sichuan Chicken Lo Mein Noodles Steamed Seasoned Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
<b>31</b>				
<b>No School</b>				

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.