



## ST. JOHN'S PREP

### Strength and Conditioning Coach

St. John's Prep is an inclusive, Catholic, Xaverian Brothers Sponsored School for young men in grades 6 through 12. Founded on the Xaverian values of compassion, humility, simplicity, trust and zeal, we educate students to be, do and stand for good in the world. We enroll 1,500 students from more than 80 communities.

St. John's  
Preparatory School  
72 Spring Street  
Danvers,  
Massachusetts  
01923

[www.stjohnsprep.org](http://www.stjohnsprep.org)

#### Responsibilities

- Assist in the development of a training system to be implemented for all members of the Prep community (students, faculty, staff, parents, alumni).
- Implement training programs for teams, groups, and individuals.
- Provide education on nutritional programming for all training participants.
- Support general upkeep of the fitness center.
- Help prepare fitness center for daily lifts and assist in resetting the space following workouts.
- Be an active, engaged, and supportive coach.

#### Qualifications

- BS in Kinesiology or related field.
- A current relevant professional certification credentialed by an independent accreditation agency.
- Current standard first aid, cardiopulmonary resuscitation (CPR), and automated external defibrillation (AED) certifications.
- A strong working knowledge and teaching skills in analysis and techniques of strength training.
- Experience and/or expertise in strength and conditioning programming for high school populations.
- Strong motivational abilities.
- Evidence of ability to interact positively with student athletes, colleagues, and the public.
- Commitment to being a positive influence, a self-starter, a good teammate and a life-long learner.

We are particularly interested in applicants who are interested in supporting our 6 to 8 am and 3 to 5 pm shifts.

All members of the faculty are expected to give witness to our mission at St. John's. In addition to classroom teaching responsibilities, we encourage all members of the faculty

to be involved in the life of the school beyond the classroom through a wide range of co-curricular, intramural and interscholastic programs. For more information about St. John's Prep, including our academic, spiritual and student life programs, please visit [www.stjohnsprep.org](http://www.stjohnsprep.org).

Interested candidates are asked to send a cover letter, résumé, and academic transcripts to Tracii Schaeublin, Director of Human Resources, at [tschaeublin@stjohnsprep.org](mailto:tschaeublin@stjohnsprep.org).

*Posted February 2020*