

# Resurrection Practicum Program

Mentor Opportunities



**Resurrection**  
COLLEGE PREP HIGH SCHOOL  
*Caritate et Veritate*

# A one-of-a-kind opportunity

The Resurrection College Prep High School Practicum Program is an educational experience where students work with mentors in professional settings or virtually to explore career possibilities.

## Program Objectives

### The Practicum Program will:

- Provide students with the necessary platform for further discovering their God-given talents incorporating experiential learning grounded in reflection.
- Expose students to a variety of field experiences that will further inform their understanding of how their skill sets and aspirations connect to those required of particular careers.
- Empower students to develop their worldview as it relates to who they are as members of society and how, via a career, they can contribute to their community at large.
- Equip students with the necessary skills to establish professional relationships.



## Imagine All the Good a Mentor Can Do

Through mentor interaction and observation, students gain a fuller understanding of the skills, character, and aptitudes required in a particular work environment.

### Through the job shadowing experience, mentors:

- Allow the student to observe the mentor in action by being a “shadow” in activities and duties.
- Provide the student with tasks appropriate to their interest and capabilities. For example, attending in on a meeting, assisting with a project, and interacting with clients/students/patients.
- Offer opportunities for the student to interact with other professionals in the workplace.

### Through virtual presentations, mentors:

- Connect with a class through Zoom or GoogleMeet.
- Share information such as opportunities and challenges of the career, educational requirements, and the job market outlook.

### Through informational interviewing, mentors:

- Connect with the student one-on-one by phone or video chat.
- Answer questions about education requirements, job responsibilities, successes, and challenges.

**50+ MENTORS  
EACH SEMESTER**



**NUMBER OF  
STUDENT SHADOWS  
EACH SEMESTER**

**1.5 HOURS  
A STUDENT  
OBSERVES ON  
A GIVEN DAY**



**2 OPPORTUNITIES  
TO GET INVOLVED BESIDES  
JOB SHADOWING**

**30 MINUTES  
TO COMMIT TO A  
VIRTUAL PRESENTATION  
OR INFORMATIONAL  
INTERVIEWING**



**MENTORS  
NOTING THEY  
WOULD  
PARTICIPATE  
AGAIN**

# Real impact

"I'm so happy to be part of this fabulous program that helps the students explore career options. It's impressive how prepared and professional the young ladies are when they shadow."

– Angie Schuler, Vice President,  
RES Current Parent  
Power Systems Solutions at S&C  
Electric Company

"Being able to give young women the exposure to healthcare while they are in their career exploring years has been a great opportunity. With the focus on Surgical Services it provides them with a unique view into a specialty most don't get to experience. From working with an anesthesiologist, to watching the OR nurse caring for a patient undergoing a complex surgery, to shadowing a Physician Assistant. So glad to be a part of the mentorship program."

– Cindy Mahal-van Brenk,  
RES Past Parent  
Vice President of Surgical Services at  
Advocate Lutheran General Hospital

"I love helping students explore different career paths.  
I wish I had more programs like this when I was a student."

– Laura Valiukenas '04, Counseling Director at Life Span



Individuals interested in mentoring, contact the  
Practicum Program Coordinator, Stephanie Walaszek,  
at [swalaszek@reshs.org](mailto:swalaszek@reshs.org) or 773.775.6616 Ext 121.

## OUR MISSION

Resurrection College Prep High School is the largest Catholic college preparatory high school for young women on the north side of Chicago. Resurrection College Prep, founded in 1922 by the Sisters of the Resurrection, is a Catholic Lasallian school sponsored by the Christian Brothers of the Midwest. With an enrollment of approximately 465 students, Resurrection serves a diverse student population from across the city and suburbs, representing over 100 private and public grammar schools. Resurrection has a long history of encouraging young women to discover their true potential and prepare them for success in college, career, and life.



[reshs.org](http://reshs.org)

