# Dilworth News for the week of Nov. 15, 2021

# FOR UP-TO-DATE INFORMATION – go to dilworth.slcschools.org.

Fri., Nov. 19 . . .Covid vaccines (for students accompanied by guardian and adults) - 10:30 a.m. to 12:30 p.m.Tues., Nov. 23 . . .Full day of school - out at 3:15 p.m.Wed., Nov. 24-Fri., Nov. 26 . . .NO SCHOOL for Thanksgiving break

### Principal's Message

Dilworth Family,

We would like to remind you that we will have the covid-19 vaccinations available here at Dilworth on Friday, Nov. 19<sup>th</sup> from 10:30 a.m. to 12:30 p.m. No appointment is necessary. They will be available for anyone ages 5 and older and are available to anyone. Those who are between the ages of 5 and 18 will need to be accompanied by a legal guardian in order to receive the vaccination. Boosters will also be available for those who qualify. All three brands will be available.

There will be a follow-up clinic here on Dec.  $10^{th}$  for the second dose to be available. It will also be from 10:30 a.m. to 12:30 p.m.

We do appreciate all you do!

Kind regards, Richard Squire, Principal Felicia Wood, Assistant Principal 801-481-4806

# PTA NEWS

THANK YOU to all who participated in our Dots for Dilworth fundraiser! The grand total of funds raised was \$18,325!!! The PTA is so grateful for the generous support from the Dilworth Community. All of the programs and events we do for the students are possible because of your contributions. THANKS!

With the holidays coming up soon, please remember that having Dilworth set up as your Amazon Smile contribution is free and easy! You can set it up in the Amazon app or on the website.

## LIBRARY NEWS - Dragons Are Readers!

#### Week of November 15th ---

**Reading Books Reduces Stress Levels by 68%!** According to a study at the University of Sussex, people only needed to read, silently, for six minutes to slow down their heart rate and ease tension in their muscles. Listening to music reduced levels by 61%; a cup of tea by 54%; taking a walk by 42%; and playing video games by 21%. **But reading was the champ reducing stress levels by 68%!** 

"Books make great gifts because they have whole worlds inside of them. And it's much cheaper to buy somebody a book than it is to buy them the whole world!"

SEP – Neil Gaiman

#### DRAGONS ARE READERS!

<u>Library Lessons</u> for this week will continue to focus on Digital Citizenship for K-5. Sixth Grade will study the 20<sup>th</sup> century by decade brainstorming possible topics for their research.

<u>BATTLE of the Books</u> for November will be held **this week** during lunch on *Thursday*, November 18<sup>th</sup> in the Library. Any 4<sup>th</sup>, 5<sup>th</sup> or 6<sup>th</sup> Grader interested in discussing *Clean Getaway* by Nic Stone, *Black Brother, Black Brother* by Jewell Parker Rhodes, and *Out to Get You* by Josh Allen is invited. We will meet in the Library at noon until 1:00 p.m. Bring your lunches!

<u>DRAGONS are READERS</u> - Are you reading and filling out your November Dragon Bookmark? Will your class be the top readers for November? Go Dragons!

LEAP into a good book! Library on Instagram: @ dilworth\_library on Instagram!!! Happy Reading from Mrs. Park in the library

#### Counselor's Corner

Just a quick note that we will be doing Helping Hands again this year! We will begin collecting donations on November 29th (the Monday after the Thanksgiving break). Families, who are able to do so, may begin dropping off donations in the grey bins that will be placed in the front hallway under the library windows. Bins will be labeled this year in categories to help keep things organized for our friends at Highland. Students who donate items can create a design on a paper mitten, sign it, and turn it in to be hung in the hallways for the month. Blank mittens will be available for students to pick up. We are not competing to see which grade donates the most, so students are free to take any mitten design they would like to decorate. Remember, no donation is too large or too small - anything and everything helps!

There are also options to make a monetary donation. You can donate directly to the Highland High Family Support department: https://highland.slcschools.org/community/make-a-donation/ OR, you may also donate to Dilworth's food pantry by making a check out to Dilworth Elementary School (please specify on the comment line that you are donating to the Helping Hands food drive).

Please keep an eye out for this month's Note from Mrs. E with more details and lists of items that are being requested this year. Thank you all for your continued support and generosity! All my best,

Mrs. E Bethany Epstein, LCSW Dilworth Elementary Counselor P: 801.481.4806 x 106 ... C: 602.935.4208 E: bethany.epstein@slcschools.org