



REDMOND HIGH SCHOOL

WEEKLY STUDENT BULLETIN

December 3, 2021

RHS CALENDAR

Coming Up....

Dec 6-13: Food drive sponsored by RHS National Honor Society

Dec 10: Yearbook sales open

Dec 17: Last day to check *Lost and Found* before it is donated

Dec 20-31: Winter Break

Dec 31: Cap & Gown orders due for Seniors

RHS HOME Athletic Events:

Dec 8: Girls Varsity Gymnastics at RHS, 7:00 pm

Dec 10: Girls Varsity Basketball at RHS, 6:30 pm

Dec 10: Boys Varsity Basketball at RHS, 8:00 pm

NHS FOOD DRIVE



Next week! The *National Honor Society* and RHS will be holding a food drive from **December 6-13**. Students are encouraged to drop off donations at their first period classroom during this timeframe. All donations go towards **RHS Help** – our in house support system for students who are in need of food. We are so excited to partner together to help families here in the Redmond area! **We do not accept food items with an expired date.**

Items that RHS Help needs:

- Microwave Popcorn
- Macaroni and Cheese

- Peanut Butter and Jelly
- Oatmeal Packets
- Spaghetti Noodles
- Pasta Sauce (cans/plastic jars preferred)
- Canned Tuna
- Canned Chicken
- Canned Fruit and Vegetables
- Hearty Soups
- Cup of Noodles
- Ramen

LWSD SICK POLICY GUIDELINES



Mustang Families: As we head into the cold and flu season, please be aware of the current LWSD Sick Policy guidelines for students who are out of school for illness. We must follow these guidelines to ensure the health and safety of all our fellow Mustangs!

Please indicate "sick" or "medical" when calling Attendance

When you call or email the attendance line to notify us of your student's absence, please tell us if they are absent because they are **sick** due to cold/flu like symptoms. Or, if your student is missing school for an excused medical reason that is *not* due to being sick---such as doctor appointment or injury---please specify that their absence is **medical** (not due to cold or flu like symptoms). Attendance: rhsattend@lwsd.org or 425-936-1810.

If your student is experiencing ANY cold or flu-like symptoms – Your student must stay home.

<u>Covid-Like Sick Symptoms</u>	<u>*Short Term Sick Symptoms</u>
Fever of 100.4 or above/Chills	Sore Throat *
Cough	Congestion or Runny Nose *
Shortness of Breath or Difficulty Breathing	Muscle Pain or Body Aches *
Loss of Taste or Smell	Fatigue *
	Diarrhea *
	Nausea or vomiting *
	Headache *

***Or any other signs of new illness that are unrelated to a documented preexisting condition.**

Your student may return to school when:

1. They have one *Short Term symptom (does NOT include Covid-like symptoms) that resolves in less than 24 hours (no Covid testing required).
2. **OR** they have one or more of any sick symptoms that lasts longer than 24 hours, AND they have a negative PCR covid test (rapid/home covid tests are not accepted by LWSD).
3. **OR** they have been home for 10 days, have had no fever for 24 hours, and symptoms are improving (no Covid test required).

If your student has been absent due to sick symptoms and has results of their Covid test, please email test results to: Sindy Mencos at smencos@lwsd.org.

LETTER DEADLINES

Letter of Recommendation

Seniors: If you need your counselor to write you a letter of recommendation or to upload any information to Common App/Coalition and your deadline is January 1, please have your information to your counselor **no later than Monday, December 6.**

We require 2 school weeks' notice and will not be available to write letters over the December break. If you have any questions, please contact your counselor no later that Monday, December 6. *Thank you for helping us help you!*

STUDENT NEWSPAPER



Hello Everyone! The first edition of the *RHS Blaze* is officially out now! As Editor-in-Chief, I would like to congratulate all our writers for putting together an amazing edition and bringing back some spirit to RHS! Students can access the newspaper using the [following link](https://sway.office.com/oAINTLWNFQBhKYN9?ref=Link) while logged into their student emails: <https://sway.office.com/oAINTLWNFQBhKYN9?ref=Link>

Thanks,
Chaafen Raees

ATHLETIC AWARDS

**RHS ATHLETES
of the MONTH**

Congratulations to the November Student Athletes of the Month:
Zach Leader - Cross Country
Catherine Yu - Swimming

CULINARY ARTS 1



New: The week of Thanksgiving the Culinary Arts classes were busy making mini pies! Thank you to Madame Maxwell for supplying us with tasty apples from her orchard that we canned in late September. We used the apple pie filling that we made to create mini apple pies. The students learned how to make pie dough and had fun decorating their pies...YUM!

MATH TUTORING



New Opportunity: Math Tutor Matching!

We will be piloting a program to match math tutors with those who want tutoring in Algebra 1, Geometry, or Algebra 2.

***There is a 3-week commitment for attendees and tutors.

Attendees:

1. Use this [link](#) or QR code below:
2. Choose a day of the week (Monday, Tuesday, or Thursday)
3. Choose a start date allowing at least 5 school days for the job to be picked up.
4. Make sure you can attend the next 2 school days on the same day of the week.

5. Show up in room C210 on your Start Date.

Tutors:

1. Check the job board in C210 regularly.
2. Jobs will be posted as they come in.
3. When you sign up, you are agreeing to attend all 3 of the sessions posted for the job, so check your calendar carefully!

Drop-in math help is also still available on Tuesdays in Room C210 from 2:25-2:55 pm.



METHODIZE SAT/ACT TEST PREP



New: Method Learning's self-paced online program gives students easy to use checklists that break the ACT and SAT down into dozens of their component concepts. Each concept has a short lesson followed by a mastery quiz that will expose students to every variety of questions that they will face on the test for which they are preparing. Each question has a detailed text and video explanation of how to arrive at the right answer— **Methodize by Method Learning** is the only program available that has this level of feedback for students.

The beauty of the self-paced program is that students can build the work around their schedule. Over 20 hours of preparation (for each test) can be spread out over 2 days, 2 months, 6 months or even a year. Take the PSAT in the Fall, the ACT/SAT in the Spring and there is still time to prep for a second ACT/SAT the following Fall if students choose to take it again.

The program also includes a Vocabulary Builder along with detailed study guides for every section of the tests. Best of all, Methodize has 2 full-length, timed ACTs and 2 full-length, timed SATs for students to use for ultra-realistic practice.

Method Learning's Methodize program is available 24/7/365 on any Internet capable device with no need to install software of any kind. It will sense whether a user is accessing it on a computer, tablet or phone and will optimize the display to fit the device. Diligent users can expect to see increases of 3-4 ACT points and 150-180 SAT points.

[Check out this video to learn more!](#)

Students get to Methodize through Xello in the *Links & Resources* box of their [Xello dashboard](#)

SENIOR TIMELINE

CLASS
of
2022

Graduation Orders: Senior Families! Please note that **the graduation order information below is the same as the physical handout given to seniors during homeroom.** Running Start/WANIC students DO NOT need to pick up a handout from the school.

It's time to submit cap & gown orders, and additional graduation items of your choice! Check out [THIS VIDEO](#) for brief instructions on how to register and order your grad items. Here is the link to the [GRADUATION PACKET](#) students received in homeroom. Here is the [link](#) to place the cap & gown order online.

ACTION ITEMS:

1. **REGISTER** for graduation ***ASAP*** to ensure a custom cap and gown of your size is reserved for you. This only takes a few seconds!
2. **ORDER** your graduation products by 12/31/21 to avoid late fees or delayed orders

Senior Portraits - due January 14

- Log on to: [Images.jostens.com](https://images.jostens.com)
- Enter Login ID: **416225816**
- Browse to select the photo or photos you wish to upload, click on "**Select My Images**"
- Enter information about the photo and provide contact information in case the Yearbook staff need additional information
- Click "**Upload Chosen Images**"

Yearbook Sales - open from Dec 10-Jan 10

Purchase online through Skyward, or check made out to RHS (to bookkeeping), or cash. Yearbooks are \$65.

Important: The 3rd and final yearbook sales window will open in May, but quantities will be limited by then as the publisher needs our final count in March. Do not wait to order until May as yearbooks may be sold out!

Yearbook Ads - due February 1

A yearbook Senior Ad is a loving tribute typically from a parent or family member to their student, personalized with their own sentimental message and a cherished photo or photo collage. Create and purchase online by **February 1, 2022**. To create or find prices and other information go to: Jostensadservice.com

Wondering how to apply for college? Confused by new terms? Not sure where to even start? Look on the RHS Website under Counseling for our presentation on College Applications 101! It is an overview of everything you need to know about applying to 2 and 4-year colleges, post high school planning, and things to think about! Simply go to the main counselor page, look for the red box, and click to play!

Letter of Recommendation – Seniors, if you need your counselor to write you a letter of recommendation or to upload any information to Common App/Coalition and your deadline is January 1, please have your information to your counselor no later than **Monday, December 6**.

We require 2 school weeks' notice and will not be available to write letters over the December break. If you have any questions, please contact your counselor no later that Monday. Thank you for helping us help you!

RHS PARKING UPDATES



Update: Parking permits are now limited to **Seniors and Running Start students only**. For parking questions, email Pamela Kelley at pkelley@lwsd.org, or find her in C104.

Parents: When visiting RHS, please park in Guest parking located near the main entrance. Please do not park in the numbered staff spots. Thank you.

RHS HELP

RHSHelp

Students, if you are not able to pay for school-related expenses, please come to the Counseling Office and pick up an *RHS Help* form. *RHS Help* can cover such things as workbooks, class fees, and graduation-related expenses. Feel free to submit the form and we will let you know if your expense can be covered.

CHECK YOUR SCORE

SAT/PSAT

PSAT Scores

Scores from October's PSAT will be available on December 7 through students' College Board accounts. Information on how to access scores can be found [here](#).

LOST & FOUND



Students: Look for your *Lost and Found* items now.

All items will be donated after December 17 during Winter Break.

The Lost and Found is located in the Main hallway by the Counseling Center. Small valuable items such as phones and jewelry are in the Attendance office and will not be donated.

RHS ATTENDANCE LINE

425-936-1810

Parents: How to excuse your student when they are absent:

Please email the attendance secretary at rhsattend@lwsd.org or leave a message on the Attendance line 425 936-1810 whenever your student is absent or late.

How to excuse your student for an early departure:

Please email or call as soon as possible to excuse your student early for an appointment, or if they are leaving early due to an illness. The Attendance

Secretary (Ms. Anderson) will send your student a dismissal slip so they may sign out in the Attendance Office and meet the parent outside.

Important: if you were marked absent or late by a teacher and would like to discuss this, please talk to the teacher that marked you absent or late---not the attendance office.

- For more information about absences, late arrivals and early departures, click [here](#).
- Para obtener más información sobre ausencias, llegadas tardías y salidas anticipadas, haga clic [aquí](#).

COUNSELING APPOINTMENTS



Counselors are excited to meet with you! Counselors are available for individual student/parent appointments. The appointment calendar on the [RHS Counseling website](#) is now open for students/parents to schedule a meeting.

Counselor Caseloads 2021-2022

A-CA (12th & RS): Nikole Lalas
nlalas@lwsd.org

CE-GARC: Lindsey Hanson
lihanson@lwsd.org

GARD-KAS: Sarah Gray
sgray@lwsd.org

KAT-LEA & VIM-Z: Micaela Crapo
mcrapo@lwsd.org

LEB-MAZ & BALD-CA (9th - 11th): Katie Bunyard
Kbunyard@lwsd.org

MC-RAJ: Ellen Zambrowsky-Huls
Ezambrowsky-huls@lwsd.org

RAK-SUG: Derik Detweiler
ddetweiler@lwsd.org

SUH-VIL & A-BALA (9th-11th): Justine Oshiro
joshiro@lwsd.org

SUBSTITUTE TEACHERS NEEDED



New from LWSD: Work in your own community!

We have immediate openings for all substitute teachers and classified substitute positions in LWSD!

Apply at [LWSD Frontline Teacher Substitutes](#) to become a Substitute Classroom Teacher.

Apply at [LWSD Frontline Classified Substitutes](#) to become a Substitute Instructional Assistant, Paraeducator, or Office Professional.

Hourly rates:

- Substitute Teacher: Starting at \$27.28/hour
- Substitute Paraeducator: \$19.51/hour
- Substitute Instructional Assistant: \$16.86 per hour
- Substitute Office Professional: \$22.44/hour

[To see the complete flyer, click here.](#)

Any questions? Contact us at:

Substitute Coordinator

tayer@lwsd.org

Director of HR, Data and Operations

syuhan@lwsd.org

YOUTH EASTSIDE SERVICES



YES Alcohol Drug Education Class (FREE)

For Parents/Caregivers & Teens to attend together.

Offered virtually one Saturday per month: 12/18.

- Learn the impacts of substance use on the developing body & brain
- Learn where and how to turn for help-drug/alcohol or mental health
- Teens will also learn to make more informed decisions for their futures regarding substance use

[Click here](#) to register or contact Andreadf@youtheastideservices.org for questions or more information.

New: In cooperation with the DSD and the Washington State Department of Health, a **Virtual Teen Town Hall** to discuss the impact of COVID-19 on our

children and youth and to engage directly with students about how to recognize and respond to signs of social-emotional and behavioral distress. *We will continue to do all that we can for our youth – they need us now more than ever.* December 7, 2021 from 1:00–2:00 pm on Zoom.

[Click here for the flyer.](#)

COLLEGE & CAREER CENTER



Welcome our new College and Career Specialist, Rose Wu! Hi everyone! I am so excited to join you all as Redmond High's CC Specialist. I received my BA degree from the University of Washington and my M.Ed. in Student Development Administration from Seattle University. I have over 7 years of experience working with international college students in the areas of advising, program development and management, recruitment and admissions. I live in Redmond with my husband and two high schoolers. Our eldest now lives in Seattle attending UW. My hobbies include traveling, experimenting with new recipes, health and fitness and anything artsy and creative. Last Spring, I helped our youngest (then 13 years old) launch her own bakery business. I look forward to working with you to help our students achieve their personal and academic growth and success.

Live Wednesday

College & Career Virtual Event Series



Whitworth University

12/8 at 1 pm



University of Oregon

12/8 at 2 pm



University of Hawaii at Manoa

12/8 at 3 pm

Hosted by the Lake Washington School District
College and Career Center Team



For more information or to join, click [here](#).

Hosted by the Lake Washington School District College and Career Center Team.

Students: Looking for information on Colleges and Financial Aid?
Want to connect with your Counselor?
Searching for a Job or Volunteer opportunities?
Want to find out more about Career Pathways?

Check out your RHS-Student Services Teams Site!

SENIORS: [RHS - Student Services - co2022](#)

JUNIORS: [RHS - Student Services - co2023](#)

SOPHOMORES: [RHS - Student Services - co2024](#)

FRESHMEN: [RHS - Student Services - co2025](#)

Updated daily with fresh information and resources for you!

RHS QUICK LINKS

Did you miss something important?

Previous newsletters are on the [RHS website](#).

Useful links for RHS students and parents:

[RHS website](#)

[RHS Athletic Final Forms](#)

[RHS College & Career Center](#)

[RHS Library- Parent Page](#) (for parent tech help, library services, etc)

[RHS Clubs](#)
[LWSD website](#)
[PTSA website](#)



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