

## School Health Advisory Meeting: January 11, 2021

The meeting began at 5:31 pm

**Members Present:** Ryan Heger, Kim Brents, Shelly Weber, Cristina Vazquez, Kristi Baumbach, Sarah Winkler, Jaclyn Keller, Kiki Williams, Lenaya Robinson, Mary Perez, Samantha Cheatham, Veronica Alejo-Waits

### **Meeting Minutes from 11 9, 2020**

The Minutes were accepted as written

### **Covid-19 District Update**

Kim Brents stated that the District Covid-19 process for procedures as been working well. As new situations have been encountered, sometimes the process has needed to be adjusted. The District has been trying to have good communication with employees and students/parents. The District continues to follow CDC guidelines and monitor the CDC for any new updates. There have really been minimal cases compared to our total number of students/staff, although there was an increase in numbers after Thanksgiving. The District is watching for more information about the vaccine and the availability for the staff.

### **SB 435—Recommendations for Opioid Curriculum and Grade Levels**

Shelly Weber discussed the need for the SHAC to look at curriculum recommendations for opioid instruction regarding opioid addiction, prevention and methods for administering an opioid antagonist. The SHAC also needs to look at appropriate grade levels for the instruction. The misuse of prescription drugs is a serious problem in the US and is a public health crisis. Misuse includes use of medications in ways or amounts other than intended by the prescribing doctor, or by someone other than for whom it is prescribed. The dramatic increase in overdose deaths involving prescription opioid pain relievers has led to efforts to curb this crisis. The group also discussed other drugs that are seen in our area. Shelly Weber suggested that a committee be formed to look at the different options available. Also, the Texas School Health Advisory Committee is currently looking at this topic and will be making recommendations to the local SHACs.

### **TEA School Health Survey**

Shelly Weber informed the group that she is working on a school health survey for TEA. There are many questions on the survey having to do with the SHAC and topics that have been addressed. There are questions about physical activity, e-cigarettes and tobacco, nutrition.

The meeting adjourned at 6:15

