



## Career Readiness Academy

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# ONLINE EXPRESS

CAREER READINESS ACADEMY AT MOSLEY ONLINE NEWSLETTER

# Merry Holidays newsletter edition 2021



### Student Contributors

Keren Moreira, Hana Bolton, Kameron Belton, New Life Htoo, Abi Miguel Velazco, Alex Miguel Velazco

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## UPDATES FROM YOUR PRINCIPAL:

- Please join us for our College & Cultural Festival 12.08.2021
- Semester Exams 12.13.2021 - 12.17.2021
  - 1:00 pm Dismissal for students
  - Be sure to check with your teachers for your scheduled exam day
- Christmas / New Years Holiday: 12.20.21 - 01.06.2022
- Report Cards: 01.07.2022
- Martin Luther King Jr. Holiday: 01.17.2022

## CAREER INSIDER: By Ms. Kirby:



### Career Development Spotlight:

**KUDOS to ALL our XELLO Lesson 2 completers for each grade level! Great Job!**

**Manufacturing Day @CFCC North Campus, Nov. 18, 2021.** Ten students received an opportunity to learn about advanced manufacturing careers. The purpose of the event was to learn about preparing the current and next-generation workforce for the skills and jobs of the future.



### UPCOMING Career Events

Lunch and Learn @Live Oak Bank- Wednesday, January 12, 2022. Listen in your STAE class for more information about this event.

Job Shadowing Day- February 2022



## Career Readiness (courtesy of NCDA)

Employers have identified a set of soft skills desired in new employees. This skill set, when present, translates into successful students in the classroom as well as the workplace.

Are you Career Ready? Take a few minutes to rate your readiness for the workplace.

**Send Mrs. Kirby an email with your score.**

# Are you career ready???

Criteria	Assessment Levels		
	Exemplary	Acceptable	Unacceptable
Points	5	3	0
<b>Attendance</b> Class Attendance (demonstrates self-management)	Attends 100% of classes; notifies instructor prior to absence due to extraordinary circumstances	Rarely misses class; notifies instructor prior to absences	Attends class less than the required amount of time
<b>Time Management</b> Punctual attendance; turns in work on time	Always on time for class; no late work; demonstrates self-responsibility	Is not on time for class or does not turn in work on time 3 or fewer times	Is not on time for class or does not turn in work on time more than 3 times
<b>Professionalism</b> Behavior, attitude, personal presentation	Always demonstrates positive attitude, self-control, good personal presentation, and traits of life-long learning	Consistently positive; embraces life-long learning; demonstrates appropriate personal presentation	Resists new ideas and skills; rare positive; demonstrates poor personal presentation
<b>Communication</b> Listening; oral& written; creator vs victim language	Always uses clear, organized language; effectively exchanges ideas and information; uses Creator language	Consistently uses clear/organized language for exchanging ideas and information; consistent use of Creator language	Poor demonstration of communication and listening skills; rarely uses Creator language
<b>Quality of Work</b> Class academic performance	Consistently gives best effort; quality of work	Usually gives best effort and consistently completes work	Demonstrates minimal effort, work is sometimes incomplete
<b>Participation/ Teamwork</b> Working with others, class discussion, interdependence	Self-confident; demonstrates self-awareness in accepting responsibility for own choices	Consistently accepts responsibility for own choices; often demonstrates strong interdependence	Rarely accepts responsibility for own choices; makes poor choices when working with others
<b>Effort</b> Exhibits strong work ethic; preparedness	Consistently comes to class prepared; maximizes class time available	Almost always prepared; frequently uses class time effectively	Frequently does not come to class prepared; poor use of class time
<b>Critical Thinking</b> Strong problem-solving skills; adaptation to change	Always thinks through problems; selects strategy; finds way to solve	Consistent use of problem solving strategies	Consistently avoids problem-solving; rarely seeks assistance

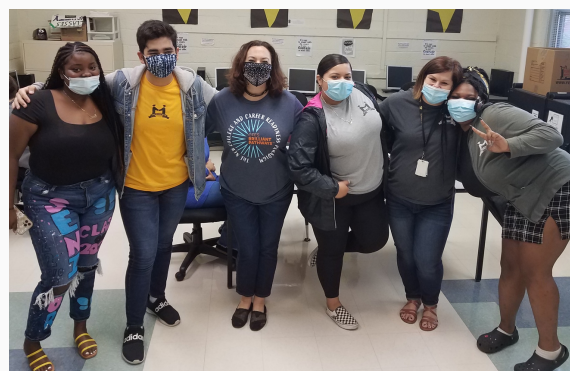
													
	 <h1>College &amp; Cultural Festival</h1> <p><b>Wednesday, December 8, 2021</b></p> <ul style="list-style-type: none"> <li>🎓 College &amp; career prep from CFES Brilliant Pathways Advisors</li> <li>🎓 Celebration of student and staff diversity</li> </ul> <p><b>Activities for the day include...</b></p> <table border="0"> <tr> <td><b>12:00-12:30</b></td> <td>Collegiate door decorating judging</td> </tr> <tr> <td><b>1:00-2:30</b></td> <td>CFES guest speaker and alumni panel</td> </tr> <tr> <td><b>2:30-4:00</b></td> <td>Collegiate related activities</td> </tr> <tr> <td><b>5:30-7:00</b></td> <td>Cultural Festival with food and music</td> </tr> </table> <p><b>Free and open to families and future students at 4:00 pm.</b>  <b>Join us at 3702 Princess Place Drive, Wilmington, NC</b></p>				<b>12:00-12:30</b>	Collegiate door decorating judging	<b>1:00-2:30</b>	CFES guest speaker and alumni panel	<b>2:30-4:00</b>	Collegiate related activities	<b>5:30-7:00</b>	Cultural Festival with food and music	
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# SPIRIT WEEK

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- **Monday, Dec 6-** Tree Toppers: Wear your favorite Santa hat, antlers, etc.
- **Tuesday, Dec 7-** Mad about Plaid-Wear your favorite plaid! I checked the weather and it's supposed to be 58.
- **Wednesday, Dec 8-** Sockin' Around the Christmas Tree- Bring out those holiday socks!
- **Thursday, Dec 9-** Favorite Sports Team
- **Friday, Dec 10-** Ugly Sweater Day or shirt since the weather will be 70.

# ARTICLES

## By Our Students

### HOW CRA STAFF CELEBRATE THE HOLIDAYS by Keren Arzu Moreira

Christmas is such a wonderful holiday that everyone uses to spend time with their loved ones. These are the ways that some of the teachers here at CRA @ Mosley celebrate their Christmas!

**Mrs. Cobb:** she sets up milk & cookies for Santa because she has little kids. The stockings are the first thing she & her family open on Christmas. When she lived in New York, she would eat at a Chinese restaurant because that was the only thing that was open around that holiday time.

**Ms. Daniels:** sometime around Christmas she & her family watch the movie "National Lampoon's Christmas Vacation" every year. Growing up she would go to church to see the candle lights.

**Mr. Djamoos:** he & his partner spend Christmas Eve at his brother's house & give his nephew and niece their gifts, along with his parents. Every Christmas morning they eat cinnamon rolls.

**Mrs. Ferguson:** they open one gift on Christmas Eve, and it's usually just her, her husband, & her boys. On Christmas Day they go to the beach & take Christmas photos. They leave right after because it's super cold.

**Mrs. Hazelwood:** she has a family Christmas which is something simple with her, her husband, & her son. Keep it simple, watch Christmas movies & drink hot chocolate. They ride bicycles since it's been warm. On December 10 she gets to see her dad.

**Mrs. Kirby:** she spends the morning at her house with her husband, & their daughters. Then they go to Mr. Kirby's parent's house for brunch, where they exchange gifts. After that, they go to Mrs. Kirby's parents where they end the night with dinner.

**Mrs. Quattlebaum:** she & her family go to her mom's house. They tell funny stories about her deceased father & grandmother. They say what they are thankful for even though it's not Thanksgiving. They pick a name out of a hat & say why they love that person so much, and you have to elaborate.



## CHRISTMAS MOVIES by New Life Htoo

Christmas is a popular holiday where everyone hangs out with family and friends and has a fun time. Christmas always is known for many reasons like Jesus Christ's birthday, presents, Santa, and many more. Christmas is a holiday in December where it is winter and you can drink hot chocolate and enjoy your holiday break. It also leads to the new year.

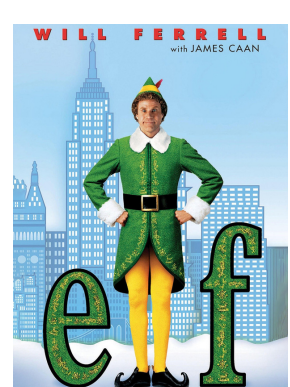
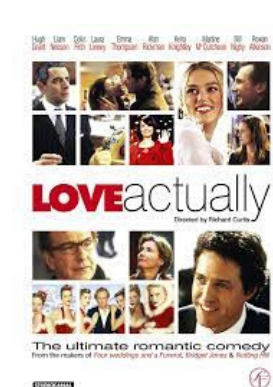
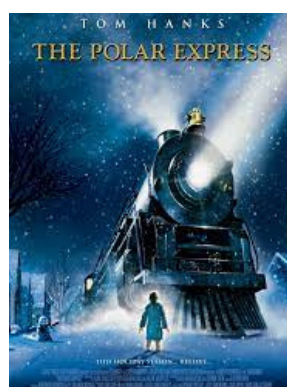
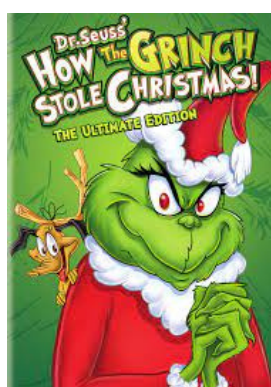
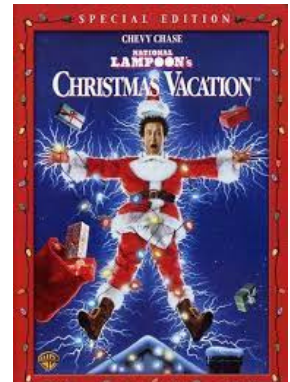
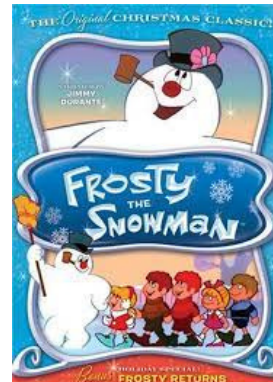
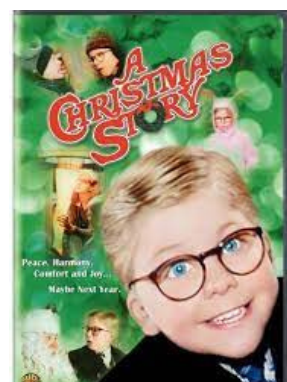
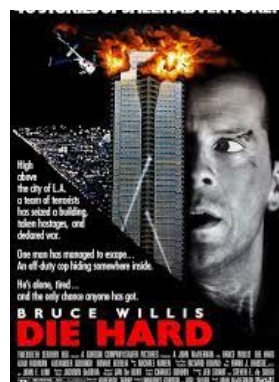
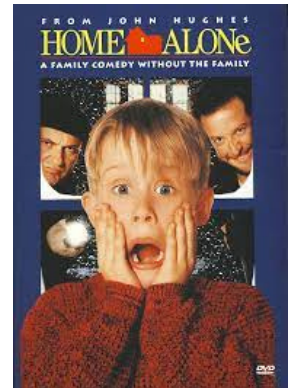
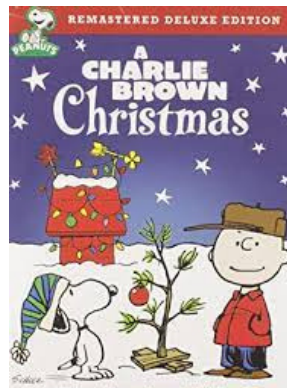
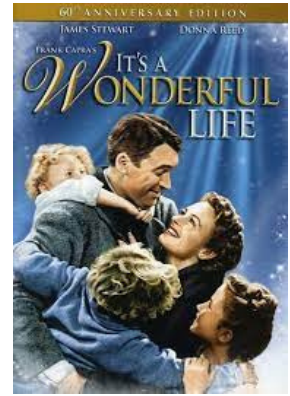
Christmas movies have always been a cultural reset when everyone comes to laugh and have fun watching. There are a lot of iconic movies from many genres of Christmas. They include horror, love, dramatic, comedy, and joy. What makes Christmas movies so popular is when you watch a movie you usually want to watch something related to the holiday where Christmas comes along.

Here are some quotes that were said about Christmas or Christmas Movies.

"Christmas is the day that holds all time together." - Alexander Smith "Christmas now surrounds us, Happiness is everywhere. Our hands are busy with many tasks as carols fill the air." - Shirley Sallay. This proves that Christmas isn't always about Santa and presents; it's all about joy and having a good holiday to end the year.

Here are some iconic Christmas movies that were inspirational and festive during Christmas.

- "Home Alone"
- "Elf"
- "How the Grinch Stole Christmas"
- "Polar Express"
- "Frosty the Snowman"
- "A Charlie Brown Christmas"
- "Rudolph, The Red-Nose Reindeer"
- "The Nightmare Before Christmas"
- and many more...



## HOLIDAY DECORATION IDEAS by Abi Miguel Velazco

### *Ideas for how to decorate for the holiday:*

- Hang Christmas lights
- Inflatable Santa and reindeers
- Fake snow
- Christmas music playing
- Christmas tree
- Mistletoe
- Christmas wreath
- Gingerbread house on display
- Hang paper snowflakes around your house

### *Creative ideas*

- Self made Christmas ornaments
- Self decorated stockings
- Christmas bows
- Upgrade a Plain Glass Ornament
- Homemade Bird Seed Ornament
- Christmas tree made of lights or other household items like green bottles
- You could decorate your chandelier with ornaments or pine/spruce

## HOLIDAY RECIPES by Kameron Belton

### Sesame Shrimp Puffs

#### Ingredients:

- |   |  |
|---|--|
| 2 packets ready-rolled puff pastry      | 1 Tablespoon oyster sauce                          |
| 8 ounces raw shrimp, peeled and cleaned | 1 Tablespoon toasted sesame oil                    |
| 4 scallions, roughly chopped            | 1 Tablespoon honey                                 |
| 1 small egg                             | toasted sesame seeds to sprinkle                   |
| 1 large garlic clove, peeled            | 1 small egg, lightly beaten, to brush on the puffs |
| chopped chives to serve (optional)      |  |

#### Instructions:

- Put the shrimp, scallions, the egg, garlic, oyster sauce, sesame oil and honey in a food processor or blender.
- Pulse a few times until the ingredients form a chunky paste. Cover, and chill in the fridge for an hour before using.
- Preheat the oven to 400 degrees Fahrenheit. Take the puff pastry out of the fridge and let it stand for 10 minutes. Cut each pack into 6 squares, for 12 in total.
- Place a scant tablespoon of filling on each square (do not overfill!), moisten the edges with a little water and then fold in half to form a triangle. Crimp the edges with a fork and brush with the beaten egg. Sprinkle with sesame seeds.
- Bake for 13-15 minutes or until the puffs are golden.

### Roasted Beef Tenderloin with White Wine Cream Sauce

#### Main Ingredients:

- |   |                                     |
|---|-------------------------------------|
| 1 (4-5) pound whole beef tenderloin, trimmed of fat | 2 tablespoons Dijon mustard         |
| 1/4 cup peppercorns, crushed, or fresh black pepper | kosher salt                         |
| 16 ounces cremini mushrooms, halved                 | 1 tablespoon extra virgin olive oil |
| 4 tablespoons salted butter                         |                                     |

#### Wine Cream Sauce Ingredients:

- |                                       |                                  |
|---------------------------------------|----------------------------------|
| 1/2 cup white wine (or chicken broth) | 2 tablespoons salted butter      |
| 2 teaspoons chopped fresh thyme       | 2 cups heavy cream or whole milk |
| 1/3 cup grated parmesan               | kosher salt and pepper           |

#### Instructions:

1. Allow the beef to come to room temperature for at least 1 hour. Preheat the oven to 475 degrees F.
2. Rub the beef with mustard and season generously with peppercorns and salt.
3. In a large oven safe skillet, toss the mushrooms with olive oil, salt and pepper. Place the beef over the mushrooms and insert a meat thermometer. Add the butter to the top of the beef. Transfer to the oven and roast until the beef registers 120 to 125 degrees F for medium-rare/rare, about 25-40 minutes, dependent on the size of your roast.
4. Remove the beef and mushrooms from the skillet to a serving plate and cover with foil. Let rest 10 minutes before slicing.
5. Meanwhile, make the cream sauce. Place the same skillet used to roast the beef over high heat. Add the wine and scrape up any browned bits off the pan. Simmer 3-5 minutes or until the wine has reduce by about 1/3 to 1/2. Add the butter and thyme and continue cooking another 2 minutes until the butter has melted into the sauce. Slowly pour in the cream and bring the sauce to a boil. Reduce the heat to low and simmer 5 minutes or until the sauce has thickened slightly. Remove from the heat and stir in the parmesan. Season the sauce with salt and pepper.
6. Slice the beef and serve with the warm cream sauce and roasted mushrooms.



**DECEMBER HOLIDAYS** by Hana Bolton

December has many new holidays to look forward to. During this month we raise awareness, we celebrate important events, and we get ready for a new year. The month of December is often known to mark the beginning of rain, snow, and cold weather although depending on where you live, it may arrive early, late, or not arrive at all. Many months celebrate some kind of heritage but as of right now there is no specific heritage that is celebrated during this month. Although it doesn't celebrate heritage, December is still very important as it commemorates the day the United Nations General Assembly adopted the Universal Declaration of Human Rights. Here is a list of everything being celebrated this month:

**December 2nd**-National Fritters Day, National Mutt Day, United Arab Emirates National Day

**December 5th**-International Ninja Day, National Repeal Day

**December 9th**-National Pastry Day, Christmas Card Day, National Llama Day

**December 12th**-National Poinsettia Day, Our Lady of Guadalupe Day, Universal Health

**December 17th**-National Device Appreciation Day, National Maple Syrup Day, Wright Brother's Day

**December 18th**-International Migrants Day, National Roast Suckling Pig Day, Bake Cookies Day, Arabic Language Day, Answer The Telephone Like Buddy The Elf Day

**December 21st**-Look On The Bright Side Day, National Coquito Day, National Crossword Puzzle Day, National Flashlight Day, National French Fried Shrimp Day, National Short Girl Appreciation Day, Winter Solstice

**December 23rd**-Festivus, Kisan Diwas, National Christmas Movie Marathon Day, National Roots Day

**December 28th**-Proclamation Day, Pledge of Allegiance Day, National Short Film Day, National Download Day, National Chocolate Candy Day, National Call a Friend Day, Card Playing Day

**December 29th**-Still Need To Do Day

**MORE DECEMBER HOLIDAYS**

Dec 1: National Christmas Lights Day  
World Aids Day

Dec 3: International Day of Persons with Disabilities

Dec 4: Candle Day, National Cookie Day

Dec 6: Saint Nicholas Day, Hannukah ends

Dec 7: National Pearl Harbor Day of Remembrance

Dec 8: National Brownie Day

Dec 10: International Animal Rights Day

Dec 11: National App Day

Dec 13: National Violin Day

Dec 14: National Energy Conservation Day

Dec 15: National Cupcake Day, Bill of Rights Day

Dec 16: National Chocolate Covered Anything Day

Dec 17: Ugly Sweater Day

Dec 19: National Hard Candy Day

Dec 20: Go Caroling Day

Dec 22: National Cookie Exchange Day  
National Short Person Day  
Mathematics Day

Dec 24: Christmas Eve, National Eggnog Day

Dec 25: Christmas, National Pumpkin Pie Day

Dec 26: National Candy Cane Day, Kwanzaa  
National Thank You Note Day

Dec 27: Make Cut-Out Snowflakes Day

Dec 30: National Bacon Day  
National Resolution Planning Day

Dec 31: New Year's Eve





# TPYA

by Mrs. Koch

TPYA has been very busy this second nine weeks. We are out in the community 100% - riding a city bus wherever we go. The students are now involved with several community helpers. We get to volunteer at the Arboretum, assisting in the Ability Garden. On Tuesdays we participate in Theater For All, a non-profit organization that teaches theater! The students love theater! One day a week, we are all gaining vocational skills while working out in the community, representing the program in our work attire. We were able to work at Nourish NC and help other students who may need meal support. And on Tuesday, November 30, we partnered with Theater for All and performed a dance entitled ONE DAY and it was broadcast live on WECT.



TPYA ROCKS!!!!

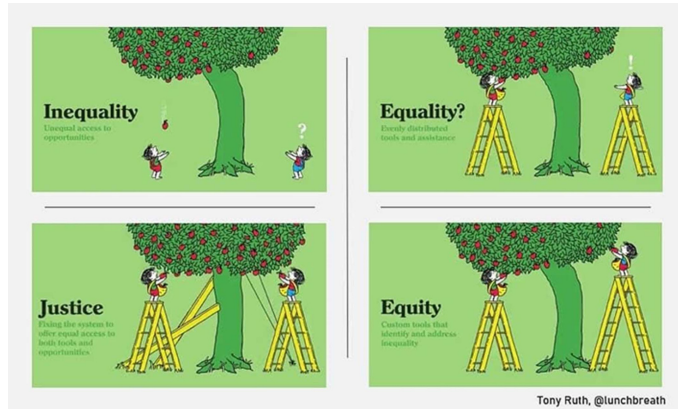




## STUDENT EQUITY TEAM: by Mrs. Graham

The Student Equity Team attended the County Retreat at the Board of Education on November 19th, where they were able to connect with and learn from other student equity teams in the county. Sophic Solutions, LLC provided our students with a safe place to discuss their concerns and things that they hope to improve at their schools of origin.

We are very proud of our members for being brave, transparent, and representing CRA @ Mosley so professionally. Transformational Change was discussed, and lots of discussion was centered around the idea of inequality, equality, justice, and equity!



The student equity team would also like to Thank everyone that contributed to the Thanksgiving food drive; as we were able to provide 10 families with a complete Thanksgiving Meal; including a turkey! ☺ Families were overjoyed and very Thankful.



*Please be on the lookout for upcoming events for the Holiday Season!*



# AN EDUCATION ABOUT *Holidays*



In 2021, Hanukkah begins at sundown on Sunday, Nov. 28 and lasts until sundown on Monday, Dec. 6. Dates are related to the lunar cycle. Hanukkah, which is Hebrew for "dedication," is the Festival of Lights. It commemorates the victory of the Maccabees over the Syrian Greek army, and the subsequent miracle of rededicating the Holy Temple in Jerusalem and restoring its menorah, or lamp. The miracle of Hanukkah is that only one vial of oil was found with just enough oil to illuminate the Temple lamp for one day, and yet it lasted for eight full days. Some people celebrate Hanukkah at home by lighting the menorah (each night one additional lit candle is added to the number from the previous night), playing dreidel, and eating special foods unique to Hanukkah. Many Hanukkah foods are deep-fried in oil, symbolizing the oil from the menorah used in the Temple. These include latkes, or potato pancakes, and jelly doughnuts



Probably the most celebrated holiday in the world, our modern Christmas is a product of hundreds of years of both secular and religious traditions from around the globe. Christmas is an annual festival commemorating the birth of Jesus Christ, observed primarily on December 25 as a religious and cultural celebration among billions of people around the world. Historically in the West it lasts twelve days and culminates on Twelfth Night. Although the month and date of Jesus' birth are unknown, December 25 corresponds to the date of the winter solstice on the Roman calendar. Popular modern customs of the holiday include gift giving; completing an Advent calendar; Christmas music and caroling; viewing a Nativity play; an exchange of Christmas cards; church services; a special meal; and the display of various Christmas decorations, including Christmas trees, Christmas lights, nativity scenes, garlands, wreaths, mistletoe, and holly. Christmas traditions around the world are diverse, but share key traits that often involve themes of light, evergreens and hope.



Kwanzaa (/ˈkwɑːn.zə/) is an annual celebration of African-American culture that is held from December 26 to January 1, culminating in a communal feast called Karamu, usually held on the 6th day. It was created by American Maulana Karenga, based on African harvest festival traditions from various parts of Africa, including West and Southeast Africa. Kwanzaa was first celebrated in 1966. It started during the aftermath of the Watts riots as a specifically African-American holiday. Karenga said his goal was to "give blacks an alternative to the existing holiday of Christmas and give blacks an opportunity to celebrate themselves and their history." The name Kwanzaa derives from the Swahili phrase *matunda ya kwanza*, meaning "first fruits." The Seven Principles of Kwanzaa are: Umoja (Unity); Kujichagulia (Self-Determination); Ujima (Collective Work and Responsibility); Ujamaa (Cooperative Economics); Nia (Purpose); Kuumba (Creativity); and Imani (Faith)