



CENTAURUS HIGH SCHOOL

Warrior Weekly News

12/03/2021

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Principal's Message

As we get very close to the end of the semester, I want to make sure that Centaurus is partnering with parents so that our students finish strong. Please remember that we have not had a typical school structure for a while before this year. In particular, students have not taken final exams in almost two years, and many of our students have **never** taken one in high school. Please check in with your student to make sure that they know the expectations for their individual classes, that they are keeping up on their work, and that they are taking time to prepare for exams and the end of the semester.

Please know that students can always get extra support from their teachers during academic time (5th or 6th period on Wednesday and Thursday), during tutor time on specific advisory class days, or during another time agreed upon by teachers and students. In addition, we are starting a new Drop In Tutoring Program (details below), that I highly encourage students to take advantage of. Please talk to your student about these different options so that they get the support they need.

Daniel Ryan
Principal

Important Dates



December 6	Drop In Tutoring begins
December 8	Cram Fest 6:00-9:00pm
December 9	Centaurus OE IB and Engineering Night 6:00-7:30pm
December 13-17	Final Exams
December 20- January 4	Winter Break
January 5	BVSD Open Enrollment Window closes at 4:00pm
January 7	Seal of Biliteracy applications due (seniors)

What you need to know

Drop In Tutoring



Through a generous Impact on Education grant, we are able to provide our students at CHS with a drop-in tutoring program, beginning the week of December 6th and continuing into the Spring semester. In order to set students up for the most access and opportunity for direct teacher support, the drop-in program will be staffed with content teachers from varying content areas. We are currently in partnership with the CU ATLAS program to possibly provide tutors on Monday and Tuesday afternoons. The program hours and days of operation partner with our already established academic time on Wednesday (2:25pm-3:45pm) and Thursday (2:30pm-3:50pm) block days to provide four consecutive days that students can get support. This is in addition to the Common Access time and Advisory Tutor Time that is provided per our CHS bell schedule. Impact on Education has funded our program for 20 weeks.

Hours are:

Monday 4:00 PM-5:00 PM

Tuesday 7:30 AM-8:30 AM

Tuesday 4:00 PM-5:00 PM

Drop-In Tutoring will have special hours for the week of finals!

Monday 2:45 PM-3:45 PM

Tuesday 7:30 AM -8:30 AM

Tuesday 2:45 PM-3:45 PM

Exam Schedule



Fall semester exams will be December 13-17. Please [check this link for the exam week schedule](#).

Cram Fest Is Back!



Please join C-Squad at CHS on Wednesday, December 8 from 6:00 - 9:00pm. There will be extra help from teachers and peer tutors, fun activities to de-stress before finals, and food and drinks for purchase.

We hope to see you there!

STUDY FOR YOUR FINALS AT SCHOOL WITH HELP FROM TEACHERS AND PEER TUTORS!!

CRAM-FEST

DECEMBER 8 6-9 pm @ school

Be there for:

- Peer Tutors
- Extra Help from CHS Teachers
- Ping Pong
- Pancakes and Hot Cocoa
- Selfie Station

Breakfast Theme!

Wear your PJs and bring money for food!!

Open Enrollment



Do you have friends or family interested in attending Centaurus High School for the 2022-2023 school year? Please invite them to check out our [open enrollment details online](#) and visit us next week if they are interested in our International Baccalaureate or Engineering programs,

The Centaurus IB and Engineering Night will be held Thursday, December 9 from 6:00pm to 7:30pm. Our IB and Engineering Night is an opportunity for parents to get more information on these two programs at Centaurus High School. Students and parents will have the opportunity to explore our IB and Engineering programs, meet with coordinators and teachers, and ask any questions that you may have. Please note that this event is specific to the IB and Engineering programs and is different than the Showcase Night we hosted December 1st.

CHS Baseball Annual Christmas Tree Sale



Help support your local baseball team and kick off your holiday season by purchasing a Christmas tree at our annual Christmas tree and wreath sale. The tree lot is open Fridays, Saturdays, and Sundays starting November 26th. Tree sales will end December 19th or when we are sold out. See the attached flyer for specific tree lot times. The tree lot is located at the CHS Football stadium. Go Warriors!



Christmas Tree & Wreath Sale!

Proceeds Benefit Centaurus Warriors Baseball Program



Happy to be back in 2021!

Fri. Nov 26, 10am-7pm
Sat. Nov 27, 10am-7pm
Sun. Nov 28, 10am-5pm

Fri. Dec 10, 4:30-7pm
Sat. Dec 11, 10am-7pm
Sun. Dec 12, 10am-5pm

Fri. Dec 3, 4:30-7pm
Sat. Dec 4, 10am-7pm
Sun. Dec 5, 10am-5pm

Fri. Dec 17, 4:30-7pm
Sat. Dec 18, 10am-7pm
Sun. Dec 19, 10am-5pm

Seal of Biliteracy Applications



Seniors - It is time to apply for your Seal of Biliteracy and ROCK your green cord at graduation!!! The Seal of Biliteracy is a recognition granted to graduating students who achieve a high level of proficiency in English and another language. Applications are due January 7th, 2022.

How do I apply?

You will fill out the application for the [Seal of Biliteracy](#).

What are the requirements to qualify for the Seal?

Students must meet graduation criteria and meet criteria to demonstrate proficiency in English as well as in another language in order to qualify for the Seal. Check out the [BVSD Biliteracy Seal website](#) for specific criteria and details.

Have any questions?

Check out the [FAQs on the website](#), but please reach out to our WL teachers [Ms. Kourany](#) (room 211) or [Ms. Simonds](#) (room 210). They are here to help!

Ecuador/Galapagos Islands Scholarship Fund



Centaurus science teacher Kristen McDermott is hosting 34 Centaurus students on a STEM Adventure to Ecuador and the Galapagos Islands this coming June. She is hoping to include a Centaurus student who does not have the economic advantages that some of the other travelers on this trip have. The trip is expensive and sponsoring this student will require \$5000. Please [check out the donation website](#) and donate if you can!

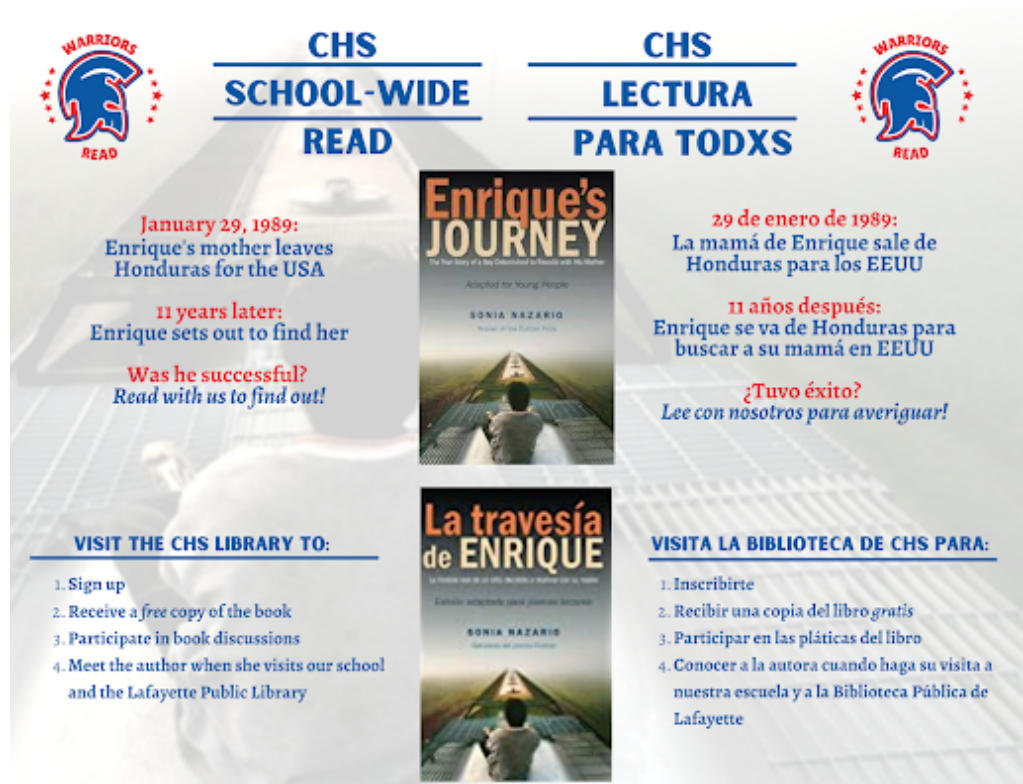
CHS School-Wide Read



On Thursday, February 17th, Sonia Nazario, author of *Enrique's Journey*, will visit our school and the Lafayette Public Library.

Students who would like to read her book and hear her speak are invited to participate in our school-wide read. ***Students should come to the library before winter break to sign up and receive a free copy of the book.***

Community members who would like to participate should look for information from Lafayette Public Library coming soon!



The graphic is a promotional poster for a school-wide read event. It features two columns of text in English and Spanish, flanking a central image of the book cover for 'Enrique's Journey' by Sonia Nazario. The book cover shows a young boy looking out over a vast landscape. The text is framed by decorative lines and includes the school's logo, a blue elephant with the word 'WARRIORS' above and 'READ' below.

CHS SCHOOL-WIDE READ

January 29, 1989:
Enrique's mother leaves Honduras for the USA

11 years later:
Enrique sets out to find her

Was he successful?
Read with us to find out!

VISIT THE CHS LIBRARY TO:

1. Sign up
2. Receive a free copy of the book
3. Participate in book discussions
4. Meet the author when she visits our school and the Lafayette Public Library

CHS LECTURA PARA TODXS

29 de enero de 1989:
La mamá de Enrique sale de Honduras para los EEUU

11 años después:
Enrique se va de Honduras para buscar a su mamá en EEUU

¿Tuvo éxito?
Lee con nosotros para averiguar!

VISITA LA BIBLIOTECA DE CHS PARA:

1. Inscribirte
2. Recibir una copia del libro *gratis*
3. Participar en las pláticas del libro
4. Conocer a la autora cuando haga su visita a nuestra escuela y a la Biblioteca Pública de Lafayette

Visitor Management



BVSD is now using Raptor System to track and screen all visitors on campus. All adults who come to campus should continue to check in at the front office and now must present their ID. The Raptor ID scan performs an immediate sex offender screening in addition to tracking all visitors on campus. Thank you for your assistance ensuring the safety of our school community!

Support the upcoming Staff Appreciation event



HOLIDAY COOKIE EXCHANGE - Sweeten the holidays for the teachers and staff by contributing 2 dozen cookies to the Staff Cookie Exchange. Homemade or store bought, your childhood favorite or something new - the Centaurus Staff will appreciate and enjoy it ALL!

Don't want to buy or bake? Consider helping with set-up or clean-up!

Or donate through RevTrak and we will purchase cookie items for you! Link here: [Staff Appreciation Fund](#)

Bring your cookies to the front office by 1:00pm on Thursday, December 16th. The Staff Cookie Exchange will begin at 2:30 that day. (Please label cookies to include any potential allergens.)

Click on the link to sign-up! [Sign Up Genius link](#)

Thank you for your support and appreciation of our Great Centaurus Staff!
-The Staff Appreciation Committee

Advisory Update



Advisory classes on Thursday, December 9 will include Academic Check Ins and Tutor Time.

Counseling Corner



[Check here for weekly news from the Counseling department.](#)

Celebrating Centaurus Seniors!



Important News for the Centaurus High School Class of 2022 Students and Families -

As you know, we have had to deal with a lot of uncertainty while planning for the last two Centaurus graduation ceremonies due to COVID restrictions, which is something that we all want to avoid for this year. As such, we have made the decision in BVSD to hold all high school graduation ceremonies at a

central, outdoor site again. This will allow us more control over the venue, minimize the impact of changing restrictions that are more likely to impact indoor ceremonies, and overall decrease the number of things outside of our control.

The Centaurus High School graduation ceremony for the class of 2022 will be held on Friday, May 20th, 5:00 pm, at Recht Field in Boulder.

Headline News

Orchestra



Congratulations to the CHS orchestra students for their fantastic concert performance before Thanksgiving break!

Unified Bowling



Centaurus ILC students participated in the BVSD Unified Bowling event on November 17 where all BVSD schools were represented!

Getting to know your Centaurus Team

Each week we will introduce a member of the Centaurus faculty or staff to our parent and student community. This week we would like to introduce KRISTEN ZANDEE.



Hi Centaurus! My name is Kristen Zandee and I am the new Mental Health Advocate. I have been working in mental health for almost 25 years, primarily in hospitals and schools. I am so excited to be at Centaurus and to really support our students and faculty in these unprecedented times.

A little bit about me: I grew up in a small town in Northern California named Redding. I left Redding after high school and swam for the University of Idaho where I obtained my undergrad in Experiential Education, and my EMT. After I graduated I moved to Colorado to begin my career as an Experiential Therapist and to pursue my graduate degree. I also worked as an EMT and a FireFighter for the first 5 years I lived here. I met my husband out here and we have been married for 20 years last June! We have 2 adorable daughters who are still in elementary school. Our favorite things are anything outdoors...hiking, camping, snowshoeing, paddle boarding, kayaking, and even the occasional rock climbing. I also love to read and I love to eat...I am a total foodie! My husband is a photographer and we own an art gallery in Steamboat Springs, so we get to spend a lot of our free time up there.



Centaurus Community News

December Events from Mental Health Partners

View this flyer for details regarding Zoom events offered by the MHP team.



DECEMBER 2021 EVENT CALENDAR

Healthy minds, healthy lives, healthy communities

JOIN US FREE

Pandemic Reactions: Back to Normal Uncertainty
Wednesday | December 1st | 3:00-4:00pm

Description: As Emma's YouTube series on Pandemic Reactions wraps up, we will add her Zoom event back into rotation. This informative session discusses the four reaction types (emotional, physical, cognitive, and behavioral) and coping strategies for each. The specific focus may change depending on the current state of Covid at the time of the event; previous versions have focused on vaccine hesitancy, back to normal uncertainty, pandemic fatigue, and general pandemic-related anxiety.



Emma Kilcullen
She, Her, Hers
CCP Outreach Worker
(303) 604-4261
ekilcull@mhpcolorado.org

Wednesday
December 1st
3:00-4:00 p.m.






Supporting Younger Children's Mental Health (Ages 0-10)
Year End Edition: Friday | December 10th | 1:00-2:30pm

Description: Join Child and Family Specialist Jen Nelson to discuss how you can support children ages 0-10 years during this period of frequent transitions. Research will be presented on how COVID-19 has impacted younger children and families. Jen will outline tools and strategies for caregivers to respond to younger children's mental health needs and mitigate the long-term effects of stress.

For this December's event, Jen will additionally talk about year-end stressors for families, such as incoming cold weather, the holidays, and the change inherent in a looming New Year.



Jen Nelson, She, Her, Hers
Child and Family Specialist
(303) 604-4246
jnelson@mhpcolorado.org

Friday | Dec. 10th
1:00-2:30 p.m.






Supporting Older Children's Mental Health (Ages 10+)
Year End Edition: Friday | December 3rd | 1:00-2:30pm

Description: Join Child and Family Specialist Jen Nelson to discuss how you can support children ages 10-18 during this period of frequent transitions. Research will be presented on how COVID-19 has impacted older children and families. Jen will outline tools and strategies for caregivers to respond to older children's mental health needs and mitigate the long-term effects of stress.

For this December's event, Jen will additionally talk about year-end stressors for families, such as incoming cold weather, the holidays, and the change inherent in a looming New Year.

Friday | December 3rd | 1:00-2:30 p.m.

SCAN QR CODE TO REGISTER




Tuesday, Dec. 21st
3:00-4:00 p.m.






Emma Kilcullen
She, Her, Hers
CCP Outreach Worker
(303) 604-4261
ekilcull@mhpcolorado.org

Working Through Compassion Fatigue
Tuesday | December 21st | 3:00-4:00pm

Description: Calling all essential workers in caring fields! Compassion fatigue is hard enough under normal circumstances, but a year into a global pandemic puts a different flavor on it. Let's come together and talk about things that frustrate us, help us, and motivate us.



**THANK YOU
ESSENTIAL WORKERS**

facebook THURSDAY | DEC 10th | 1:30-2:30
LIVE Streaming **Community Connections LiveStream**

Have you asked one of our content experts a question on social media? Do you want to know more about a topic we've covered in a Zoom event? Just curious to see what shenanigans we're up to this month? Join us for our Community Connections Facebook Live event where we answer your questions, talk about the month's most pressing topics related to Covid and Mental Health, and otherwise focus on recentering ourselves in the strength of our community.

Thursday, Dec. 10
1:00-2:30 p.m.

SCAN QR CODE TO REGISTER






Connect With Our Team:


 **Call Our Warm Line: (303) 545-0852**

Leave a voicemail to receive information about resources or support. Messages will be returned within one-business day. This is not a crisis line or MHP's appointment scheduling line.

 Visit: mhpcolorado.org/community-outreach-team/

 Join our Facebook Group by searching: **Broomfield and Boulder Community Outreach**

 Follow us on Instagram: **@MentalHealthPartnersOutreach**

 **Contact Us:** Mental Health Partners of Colorado | www.mhpcolorado.org | 1455 Dixon Avenue, Suite 140, Lafayette, CO 80026 | Phone: 303-443-8500
Members of this outreach team are not clinicians or mental health providers. They are not able to diagnose or provide clinical mental health care but, rather, serve as an additional layer of support for understanding normal crisis reactions and navigating resource linkage. MHP Project # 21-11-303



District News

New Sustainability Advisory Committee - Call for Nominations

The BVSD Office of Sustainability is thrilled to announce the creation of the new Sustainability Advisory Committee (“Community Group, or Group”) and call for nominations of members. This new community group was established through the 2021 [greenBVSD Action Plan](#) released this fall. The mission of the committee will be to act as a cross-sector advisory group to oversee the progress and continuous improvement related to all aspects of the greenBVSD Action Plan. Nominations close December 10, 2021. [Learn more](#)

Share-a Gift Toy Drive and Toy Shop

Share-A-Gift provides toys, books, and bicycles for children of low-income families in the area of Colorado's Boulder Valley School District. [Click here to learn more](#) about the Toy collection on December 4 and the Drive-Thru Toy shop on December 18 for free gifts for students 0-14.

10300 South Boulder Road, Lafayette, CO 80026
Main Office: 720-561-7500 / Attendance Line: 720-561-5368

Icons used found at [flaticon.com](#)

Boulder Valley School District (BVSD) would like to continue connecting with you via email. To set preferences for which types of messages are sent to your email address, activate your free [InfoCenter](#) account. If you prefer to stop receiving emails from BVSD, follow this link and confirm: [Unsubscribe](#). Please note that if you unsubscribe, your email address will be placed on the "blocked list" for the remainder of the current school year and will no longer receive BVSD school or district emails that are distributed through our SchoolMessenger service.

SchoolMessenger is a notification service used by the nation's leading school systems to connect with parents, students and staff through voice, SMS text, email, and social media.

16 attachments



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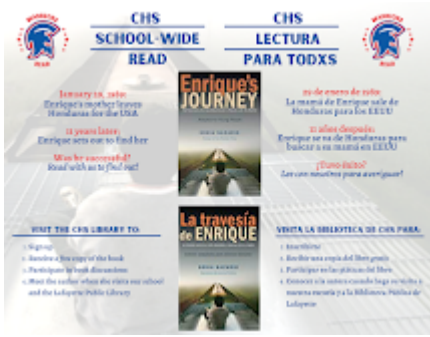


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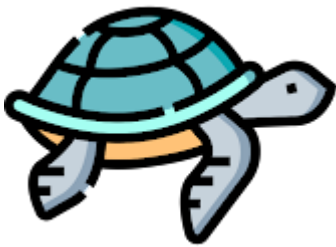
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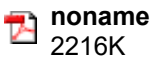
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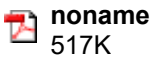
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