

Este informe contiene información muy importante sobre su agua potable. Tradúzcalo o hable con alguien que lo entienda bien.

Ta broszura zawiera wazne informacje dotyczace jakości wody do picia. Przetlumacz zawartośc tej broszury lub skontaktuj sie z osoba ktora pomoże ci w zrozumieniu zawartych informacji.

PWS ID#: CT0890011

#### Working Hard To Serve Our Customers

The Honorable Mayor of New Britain, Erin E. Stewart, and The Board of Water Commissioners are proud to present our annual water quality report covering the



period between January 1 and December 31, 2016. Over the many decades, the New Britain Water Department has provided drinking water of the highest quality, and its staff has faced many challenges in the past year, ranging from infrastructure improvements, extreme drought, and a change in its structure and leadership. But as always, our staff continues to work hard every day to deliver the highest-quality drinking water possible, and will continue to do so. Although the challenges ahead are many, we will always strive to serve for our customers' needs.

## Important Health Information

Sources of lead in drinking water include corrosion of household plumbing systems and erosion of natural deposits. Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development. Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure.

Sources of copper in drinking water includes corrosion of household plumbing system, erosion of natural deposits, and leaching from wood preservatives. Copper is an essential nutrient, but some people who drink water containing copper in excess of the action level over a relatively short amount of time could experience gastrointestinal distress. Some people who drink water containing copper in excess of the action level over many years could suffer liver or kidney damage. People with Wilson's disease should consult their personal doctor.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immunocompromised persons, such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants may be particularly at risk from infections. These people should seek advice about drinking water from

their health care providers. The U.S. EPA/CDC (Centers for Disease Control and Prevention) guidelines on appropriate means to lessen the risk of infection by *Cryptosporidium* and

other microbial contaminants are available from the Safe Drinking Water Hotline at (800) 426-4791.

#### Source Water Protection

The New Britain Water Department takes great pride in having some of the best sources of water in the State of Connecticut. To ensure that they remain of the highest quality, the water department patrols and inspects the watersheds, while performing many tests of the water for potential contamination.

#### Substances That Could Be in Water

To ensure that tap water is safe to drink, the U.S. EPA prescribes regulations limiting the amount of certain contaminants in water provided by public water systems. U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which must provide the same protection for public health. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of these contaminants does not necessarily indicate that the water poses a health risk.

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals, in some cases, radioactive material, and substances resulting from the presence of animals or from human activity. Substances that may be present in source water include:

**Microbial Contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, or wildlife;

**Inorganic Contaminants**, such as salts and metals, which can be naturally occurring or may result from urban storm-water runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming;

**Pesticides and Herbicides**, which may come from a variety of sources such as agriculture, urban storm-water runoff, and residential uses;

**Organic Chemical Contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production and may also come from gas stations, urban storm-water runoff, and septic systems;

**Radioactive Contaminants**, which can be naturally occurring or may be the result of oil and gas production and mining activities.

For more information about contaminants and potential health effects, call the U.S. EPA's Safe Drinking Water Hotline at (800) 426-4791.

## Community Participation

You are invited to participate in our public forum and voice your concerns about your drinking water. The Board of Water Commissioners meets the first Tuesday after the first Wednesday of each month, beginning at 6:30 p.m. at 50 Caretaker Road, New Britain, CT, except for the following dates when the Board meets as listed below:

Wednesday, September 6, 2017

Wednesday, October 4, 2017

Wednesday, November 1, 2017

Wednesday, December 6, 2017

## Tap vs. Bottled

Thanks in part to aggressive marketing, the bottled water industry has successfully convinced us all that water purchased in bottles is a healthier alternative to tap water. However, according to a four-year study conducted by the Natural Resources Defense Council, bottled water is not necessarily cleaner or safer than most tap water. In fact, about 25 percent of bottled water is actually just bottled tap water (40 percent according to government estimates).

The Food and Drug Administration is responsible for regulating bottled water, but these rules allow for less rigorous testing and purity standards than those required by the U.S. EPA for community tap water. For instance, the high mineral content of some bottled waters makes them unsuitable for babies and young children. Further, the FDA completely exempts bottled water that is packaged and sold within the same state, which accounts for about 70 percent of all bottled water sold in the United States.

People spend 10,000 times more per gallon for bottled water than they typically do for tap water. If you get your recommended eight glasses a day from bottled water, you could spend up to \$1,400 annually. The same amount of tap water would cost about 49 cents. Even if you installed a filter device on your tap, your annual expenditure would be far less than what you would pay for bottled water.

For a detailed discussion on the NRDC study results, check out their website at https://goo.gl/Jxb6xG.

## QUESTIONS?

For more information about this report, or for any questions relating to your drinking water, please call Acting Deputy Director Ramon Esponda, PE, ME, at (860) 826-3546.

#### Community Water Fluoridation

The safety and benefits of fluoride are well documented. For over 70 years, U.S. citizens have benefited from drinking water containing fluoride, leading to better dental health. Drinking fluoridated water keeps the teeth strong and has reduced tooth decay by approximately 25% in children and adults.

Over the past several decades, there have been major improvements in oral health. Still, tooth decay remains one of the most common chronic diseases of childhood. Community water fluoridation has been identified as the most cost-effective method of delivering fluoride to all members of the community, regardless of age, educational attainment, or income level.

Nearly all water contains some fluoride, but usually not enough to help prevent tooth decay or cavities. Public water systems can add the right amount of fluoride to the local drinking water to prevent tooth decay.

Community water fluoridation is recommended by nearly all public health, medical, and dental organizations in the U.S. Because of its contribution to the dramatic decline in tooth decay, the Centers for Disease Control and Prevention (CDC) named community water fluoridation one of the greatest public health achievements of the 20th century. (Courtesy of CDC: www.cdc. gov/fluoridation)



#### Water Treatment Process

ur treatment process consists of a series of steps. First, raw water is drawn from our water sources and is disinfected by ozone gas, which is an advanced method of disinfection used to protect against cryptosporidium. Ozone also has the added benefit of oxidizing metals and removing taste and odor compounds from the water. The second step in the process sends the water to a mixing tank where polyaluminum chloride is added, which causes small particles to adhere to one another, making them heavy enough to settle into a basin from which sediment is removed. After settling, the water is filtered through granular-activated carbon and fine sand to remove smaller suspended particles and organic compounds. The water is now very clear and ready for final treatment. Chlorine is added to maintain a disinfectant residual in the distribution system. (We carefully monitor the amount of chlorine needed to protect the safety of your water.) Calcium carbonate is also added, which is used to reduce corrosion of plumbing fixtures by adjusting the pH and alkalinity of the water, and fluoride is added to promote dental health. The water is then sent to a clear well where, after a period of time, it is ready to flow to your home or business.

#### Source Water Assessment

A water assessment of the New Britain source water was completed by the Department of Public Health, Drinking Water Section. The updated Assessment Report can be found on the Department of Public Health's website: www.dir.ct.gov/dph/Water/SWAP/Community/CT0890011.PDF.

The assessment found that one of our water sources has a high susceptibility to potential sources of contamination because it is located in an urban setting. Even though nothing has ever been detected there, the department is required to make this information public.

# Storm Water Management in Connecticut

Storm water quality is a big concern in Connecticut because it has a major effect on the health of our ponds, lakes, streams, and rivers. We need to work together so that future generations can enjoy clean water. The following is a list of simple things that you can do to help reduce pollution and improve water quality:

- 1. Check your car for leaking fluids and repair leaks quickly.
- If you change your own oil, collect the used oil in the containers that carried the replacement oil. By law, any store that sells motor oil must accept your used oil for proper disposal or recycling.
- 3. Do not over-fertilize your lawn. Use only the recommended amount during the correct season.
- 4. Bring old oil-based paints, solvents, and pesticides to the annual DPW Household Hazardous Waste Collection Day.
- 5. Pick up pet waste and put it in trash bags.
- 6. Take your car to the car wash instead of washing it in the driveway.
- 7. Have your septic tank pumped and system inspected regularly.
- 8. Never dump anything down catch basins or into streams.
- Direct downspouts away from pavement onto grassed surfaces.
- 10. Consider starting a rain garden or planting native drought-resistant plants.
- 11. If you see dumping of pollutants into the streets, catch basins, or streams, report the problem to the New Britain Water Department at 8600-826-3536. Common pollutants include: oils, paints, chemicals, wash water, leaves, trash, pool water, and pet waste.

#### Failure in Flint

The national news coverage of water conditions in Flint, Michigan, has created a great deal of confusion and consternation. The water there has been described as being corrosive; images of corroded batteries and warning labels on bottles of acids come to mind. But is corrosive water necessarily bad?

Corrosive water can be defined as a condition of water quality that will dissolve metals (iron, lead, copper, etc.) from metallic plumbing at an excessive rate. There are a few contributing factors but, generally speaking, corrosive water has a pH of less than 7; the lower the pH, the more acidic, or corrosive, the water becomes. (By this definition, many natural waterways throughout the country can be described as corrosive.) While all plumbing will be somewhat affected over time by the water it carries, corrosive water will damage plumbing much more rapidly than water with low corrosivity.

By itself, corrosive water is not a health concern; your morning glass of orange juice is considerably more corrosive than the typical lake or river. What is of concern is that exposure in drinking water to elevated levels of the dissolved metals increases adverse health risks. And therein lies the problem.

Public water systems are required to maintain their water at optimal conditions to prevent it from reaching corrosive levels. Rest assured that we routinely monitor our water to make sure that what happened in Flint never happens here. For more information on how corrosivity impacts water quality, download this informative pamphlet: http://goo.gl/KpTmXv.

## Where Does My Water Come From?

The New Britain Water Department's customers receive water from eight sources. The Shuttle Meadow Water Treatment Plant draws water from the Shuttle Meadow, Wasel, Whigville, Wolcott, White Bridge, Hart Ponds, and Nepaugh reservoirs; combined, they hold about 3 billion gallons of water. The department also has three well fields, the upper and lower White Bridge well fields in Bristol, and an additional future Patton Brook Well in the Town of Southington, which will supply water to our system. In December, due to the extreme drought conditions that existed, the water

department exercised its right to withdraw water from the MDC's Nepaug reservoir; this interconnection had not been used since the early 1960s.

#### Benefits of Chlorination

Disinfection, a chemical process used to control disease-causing microorganisms by killing or inactivating them, is unquestionably the most important step in drinking water treatment. By far, the most common method of disinfection in North America is chlorination.

Before communities began routinely treating drinking water with chlorine (starting with Chicago and Jersey City in 1908), cholera, typhoid fever, dysentery, and hepatitis A killed thousands of U.S. residents annually. Drinking water chlorination and filtration have helped to virtually eliminate these diseases in the U.S. Significant strides in public health are directly linked to the adoption of drinking water chlorination. In fact, the filtration of drinking water plus the use of chlorine is probably the most significant public health advancement in human history.

#### How Chlorination Works:

Potent Germicide Reduction in the level of many disease-causing microorganisms in drinking water to almost immeasurable levels.

Taste and Odor Reduction of many disagreeable tastes and odors like foul-smelling algae secretions, sulfides, and odors from decaying vegetation.

Biological Growth Elimination of slime bacteria, molds, and algae that commonly grow in water supply reservoirs, on the walls of water mains, and in storage tanks.

Chemical Removal of hydrogen sulfide (which has a rotten egg odor), ammonia, and other nitrogenous compounds that have unpleasant tastes and hinder disinfection. It also helps to remove iron and manganese from raw water.

## FOG (fats, oils, and grease)

You may not be aware of it, but every time you pour fat, oil, or grease (FOG) down your sink (e.g., bacon grease), you are contributing to a costly problem in the sewer collection system. FOG coats the inner walls of the plumbing in your house as well as the walls of underground piping throughout the community. Over time, these greasy materials build up and form blockages in pipes, which can lead to wastewater backing up into parks, yards, streets, and storm drains. These backups allow FOG to contaminate local waters, including drinking water. Exposure to untreated wastewater is a public health hazard. FOG discharged into septic systems and drain fields can also cause malfunctions, resulting in more frequent tank pump-outs and other expenses.

Communities spend billions of dollars every year to unplug or replace grease-blocked pipes, repair pump stations, and clean up costly and illegal wastewater spills. Here are some tips that you and your family can follow to help maintain a well-run system now and in the future:

#### **NEVER:**

- Pour fats, oil, or grease down the house or storm drains.
- Dispose of food scraps by flushing them.
- Use the toilet as a waste basket.

#### **ALWAYS:**

- Scrape and collect fat, oil, and grease into a waste container such as an empty coffee can, and dispose of it with your garbage.
- Place food scraps in waste containers or garbage bags for disposal with solid wastes.
- Place a wastebasket in each bathroom for solid wastes like disposable diapers, creams and lotions, and personal hygiene products, including nonbiodegradable wipes.

#### Water Conservation

You can play a role in conserving water and saving yourself money in the process by becoming conscious of the amount of water your household is using and by looking for ways to use less whenever you can. It is not hard to conserve water. Here are a few tips:

- Automatic dishwashers use 15 gallons for every cycle, regardless of how many dishes are loaded. So, get a run for your money and load it to capacity.
- Turn off the tap when brushing your teeth.
- Check every faucet in your home for leaks. Just a slow drip can waste 15 to 20 gallons a day. Fix it and you can save almost 6,000 gallons per year.
- Check your toilets for leaks by putting a few drops of food coloring in the tank. Watch for a few minutes to see if the color shows up in the bowl. It is not uncommon to lose up to 100 gallons a day from an invisible toilet leak. Fix it and you can save more than 30,000 gallons a year.
- Use your water meter to detect hidden leaks. Simply turn off all taps and water using appliances. Then check the meter after 15 minutes. If it moved, you have a leak.

## Lead in Home Plumbing

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. We are responsible for providing high-quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/lead.

## What type of container is best for storing water?

Consumer Reports has consistently advised that glass or BPA-free plastics such as polyethylene are the safest choices. To be on the safe side, do not use any container with markings on the recycle symbol showing "7 PC" (code for BPA). You could also consider using stainless steel or aluminum with BPA-free liners.

## How much emergency water should I keep?

Typically, 1 gallon per person per day is recommended. For a family of four, that would be 12 gallons for 3 days. Humans can survive without food for 1 month, but can only survive 1 week without water.

## How long can I store drinking water?

The disinfectant in drinking water will eventually dissipate, even in a closed container. If that container housed bacteria prior to filling up with the tap water, the bacteria may continue to grow once the disinfectant has dissipated. Some experts believe that water could be stored up to six months before needing to be replaced. Refrigeration will help slow the bacterial growth.

## How long does it take a water supplier to produce one glass of drinking water?

It could take up to 45 minutes to produce a single glass of drinking water.

## How many community water systems are there in the U.S.?

About 53,000 public water systems across the United States process 34 billion gallons of water per day for home and commercial use. Eighty-five percent of the population is served by these systems.

## Which household activity wastes the most water?

Most people would say the majority of water use comes from showering or washing dishes; however, toilet flushing is by far the largest single use of water in a home (accounting for 40% of total water use). Toilets use about 4 to 6 gallons per flush, so consider an ultra-low-flow (ULF) toilet, which requires only 1.5 gallons.

#### **Test Results**

Our water is monitored for many different kinds of contaminants on a very strict sampling schedule. The information below represents only those substances that were detected; our goal is to keep all detects below their respective maximum allowed levels. The State recommends monitoring for certain substances less than once per year because the concentrations of these substances do not change frequently. In these cases, the most recent sample data are included, along with the year in which the sample was taken.

We participated in the 3rd stage of the EPA's Unregulated Contaminant Monitoring Rule (UCMR3) program by performing additional tests on our drinking water. UCMR3 benefits the environment and public health by providing the EPA with data on the occurrence of contaminants suspected to be in drinking water, in order to determine if EPA needs to introduce new regulatory standards to improve drinking water quality. Contact us for more information on this program.

REGULATED SUBSTANCES										
SUBSTANCE (UNIT OF MEASURE)			YEAR MCL SAMPLED [MRDL]		MCLG [MRDLG	AMOUNT DETECTED	RANGE LOW-HIGH	VIOLATIC	N TYPICAL SOURCE	
Chlorine (ppm) 20		2016	[4]	[4]	1.24	0.36–1.24 No		Water additive used to control microbes		
Fluoride (ppm)		2016	4	4	0.94	0.48–0.94 N		Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories		
Haloacetic Acids [HAA] (ppb)			2016	60	NA	19	5–19	No	By-product of drinking water disinfection	
Nitrate (ppm)			2016	10	10	0.2	0.2-0.2	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits	
Nitrite (ppm)			2016	1	1	0.003	0.003-0.00	No Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion natural deposits		
TTHMs [Total Trihalomethanes] (pp	TTHMs [Total 2016 Trihalomethanes] (ppb)		2016	80	NA	67	15–67 No		By-product of drinking water disinfection	
Total Organic Carbon (ppm)			2016	TT	NA	1.6	0.8-1.6	No	Naturally present in the environment	
Turbidity <sup>1</sup> (NTU)			2016	TT	NA	0.25	0.02-0.25	No	Soil runoff	
<b>Turbidity</b> (lowest monthly percent of samples meeting limit)			2016	TT = 95% of samp meet the limit	les NA	A 100 NA		No	Soil runoff	
Tap Water Samples Collected for Lead and Copper Analyses from Sample Sites throughout the Community										
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AL	MCLG	AMOUNT DETECT (90TH%TILE)		ABOVE AL/ AL SITES	VIOLATION	DLATION TYPICAL SOURCE		
Copper (ppm)	2014	1.3	1.3	0.3		0/38	No	Corrosion of household plumbing systems; Erosion of natural deposits		
Lead (ppb)	2014	15	0	0		1/38	No	Corrosion of household plumbing systems; Erosion of natural deposits		
SECONDARY SUBSTANCES										
SUBSTANCE YEAR (UNIT OF MEASURE) SAMPLED					AMOUNT DETECTED			ION TYPI	CAL SOURCE	
Chloride (ppm)	ppm) 2016		250	NA	34.2	34.2–34.	2 No Rur		noff/leaching from natural deposits	
pH <sup>2</sup> (Units)	(Units) 2016		>9.3	>9.3 NA 9		9.3–9.5	No	No Naturally occurring		

UNREGULATED SUBSTANCES									
SUBSTANCE (UNIT OF MEASURE)	YEAR AMOUNT SAMPLED DETECTED		RANGE LOW-HIGH	TYPICAL SOURCE					
Sodium (ppm)	2016	15.1	15.1–15.1	Chemicals used to treat water					

<sup>&</sup>lt;sup>1</sup>Turbidity is a measure of the cloudiness of the water. It is monitored because it is a good indicator of the effectiveness of the filtration system.

UNREGULATED CONTAMINANT MONITORING RULE - PART 3 (UCMR3)							
SUBSTANCE (UNIT OF MEASURE)	YEAR SAMPLED	AMOUNT DETECTED	RANGE LOW-HIGH				
Chlorate (ppb)	2015	0.183	0.040-0.183				
Chromium [Total] (ppb)	2015	0.26	0.23-0.26				
Chromium-6 (ppb)	2015	0.055	0.030-0.055				
Strontium (ppb)	2015	67.6	49.8–67.6				

<sup>&</sup>lt;sup>2</sup>The New Britain Water Department is required to maintain a pH level greater than 9.3 to optimize corrosion control.

#### **Definitions**

AL (Action Level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.

MCL (Maximum Contaminant Level): The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MCLG (Maximum Contaminant Level Goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MRDL (Maximum Residual Disinfectant Level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.

MRDLG (Maximum Residual Disinfectant Level Goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

**NA:** Not applicable.

NTU (Nephelometric Turbidity Units): Measurement of the clarity, or turbidity, of water. Turbidity in excess of 5 NTU is just noticeable to the average person.

ppb (parts per billion): One part substance per billion parts water (or micrograms per liter).

**ppm (parts per million):** One part substance per million parts water (or milligrams per liter).

SMCL (Secondary Maximum Contaminant Level): SMCLs are established to regulate the aesthetics of drinking water like appearance, taste and odor.

TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.