



NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

Golden Notes Newsletter

September 2021

Each entrance now has check in stations! Please use your new membership card to “check-in”!

Just scan your card, select the reason you're at the Senior Center and then click ‘save’! Its that simple.

If you have any questions, please ask the front desk!



For more information, please call the Senior Center at 860.826.5291, M– F from 9:00am to 4:00pm

UPDATED NEW BRITAIN SENIOR CENTER PROTOCOL

The City is continuing to follow the CDC guidelines for mask wearing. Most recently, the CDC has issued a recommendation that in areas of substantial or high transmission, all individuals should wear a mask in public indoor places, even if they are fully vaccinated. The current average daily rate for New Britain is 19 cases per 100,000 people and updated each Thursday. Currently we are considered high transmission. The Health Department is closely monitoring the daily rate of cases among New Britain residents and will continue to do so.

Please note:

- If you are fully vaccinated and are more comfortable wearing a mask, please feel free to do so.
- If someone else requests that masks are worn in a given area, we ask that you are respectful of others' space and abide by their request.
- Please continue to wash your hands and use hand sanitizer.
- Please continue to monitor your health and watch for symptoms of COVID-19. If you display symptoms of COVID-19 after visiting the New Britain Senior Center, please contact us immediately.

PLEASE CONTINUE TO STAY HOME IF YOU ARE SICK!



New Offerings!

Hardware City Travelers Program is BACK! Beginning in September

Refer to flyers in the back of the newsletter to see available trips

Nurse Presentation—Surviving the Pandemic & the Mental Health Impact on Older Adults—A Round Table Discussion

Tuesday, September 21st in the Vermont Room at 10:00am

Target Shopping Trip—Friday, September 24th —Morning Departure

Limited Availability—Please call at least two days ahead to register.

Art Class NEW TIME—NOW ON THURSDAYS at 1:00pm in the Craft Room

Senior Hand Made Crafts for Sale—Be sure to check out the showcase near the front desk and see the great crafts for sale. Support our craft group and purchase quality items!

Senior Lecture Series—Tuesday, September 14—Free Breakfast 9:30am

September 14th—Cooking with Maria

Presented by: Maria Esposito

Maria has mastered cuisines of many different cultures. Her interest in cooking started at a young age. She continued her passion for cooking and attended culinary school in Florida to become a chef. Maria will demonstrate how to cook an easy dinner that is healthy and delicious!

Sponsored by: Amberwoods of Farmington and Pansy Homecare



New Offerings Continued...

Wii Bowling— Tuesdays in the Cafeteria—1:00pm to 2:30pm

Wii Bowling is back!—please register at the front desk to participate.

Every Tuesday Afternoon, beginning Tuesday, April 6th.

Senior Book Club—Tuesday, September 21st in the Vermont Room

Sept 21 Absolute Power - David Baldacci

| Oct 19 Splendid and the Vile - Eric Larson

Nov 16 Being There - Jerzy Kosinski

| Dec 21 Wine girl : the obstacles, humiliations, and triumphs of America's youngest sommelier / Victoria James

Line Dancing Is Back!

Mondays and Tuesdays at 10:30am—Massachusetts Room

Please sign up at Front Desk!

Zumba Gold is BACK—Tuesdays 1:00pm

Tuesdays at 1:00pm in the Massachusetts Room

Please sign up at front desk

***NEW PROGRAM* The New Britain “CLEAN BREAK” Billiards Club**

The New Britain Senior Center is starting its First Ever Billiards Club!

Begins Tuesday August 3rd in the Card Room/ Pool Room

Tuesdays and Thursdays from 1:00pm to 3:00pm

CALL TO SIGN UP OR JUST COME DOWN ON A TUESDAY OR THURSDAY!

Death Café Group—Monday, September 27th—11am

You are invited to be part of an open non-judgmental get together. The aim of this get together is to increase awareness about Death and have thought provoking conversations as a group to help you to make the most out of your Life now. Please join us in a relaxed, and safe setting to discuss views and experiences on Death and aspects of how it relates to our Lives and impacts those around us.

Golden Notes Newsletter

Senior Center Information

Location:	55 Pearl Street, New Britain, CT 06051
Contact Information:	Phone: 860.826.3553 Fax: 860.826.3557 Website: newbritainct.gov
Hours of Operation:	Monday—Friday 8:15am to 4:00pm
Membership Info:	Join Mon-Wed-Fri 1:00pm to 3:00pm Age 60+
Membership Cost:	Residents: \$3.00 for lifetime membership! Non-Residents: \$10.00 per year

TO GO MEALS AVAILABLE

CW Resources is providing to-go meals for pickup only. If you are interested, please call 860.826.3553 to reserve your lunch.

Lunch pickups are Monday, Wednesday & Friday Between 11:30am and 12:30pm. You may pick up your meals in the back of the senior center by the greenhouse.



- On Mondays, you will receive Monday's and Tuesday's Meal.
- On Wednesdays, you will receive Wednesday's and Thursday's Meal.
- On Fridays, you will receive Friday's Meal.

You must call one week in advance to reserve your meals. Masks must be worn at all times while picking up your meal. Meals are not allowed to be consumed inside the building until further notice.

Weekly Menus are available one week in advance. Call the Senior Center or pick up the menu during serving hours.

New Britain Senior Center presents:

Oktoberfest

Krucker's
in Pomona, NY

Thursday October 14, 2021

**ENJOY A FULL DAY OF ENTERTAINMENT, FOOD, FUN, and MUSIC
AT KRUCKER'S IN POMONA, NY**

This lovely resort features its popular Oktoberfest with great food and music...the genuine spirit of an Oktoberfest.

Welcome Reception – Coffee, Tea, Buttermilk Scones, Pancakes
& Apple Cider

Lunch: Barley Soup, Applesauce, Choice of: Sauerbraten with Red Cabbage or
Sliced Pork Loin with Sauerkraut, Mashed Potatoes, Brussel Sprouts, Carrots,
Apple Strudel & Vanilla Ice Cream

Beer, Wine & Soft Drinks 12:00p-4:30p

Entertainment throughout the day -

Bratwurst Sandwich & Cucumber Salad served at 4:00p

COST: \$132.pp based on 25-30

Reservations: New Britain Senior Center: 860-826-3553

Depart: 8:00am New Britain Senior Center, 55 Pearl Street

Est. Return: 7:15pm New Britain

*Departure time subject to change





New Britain Senior Center presents:

A Bob Hope USO Style tribute

featuring **Bill Johnson and Holly Faris**

Wednesday, November 10, 2021

The Grand Oak Villa Oakville, CT

Join us at the Grand Oak Villa for a tribute to America's Veterans.

Bob Hope's life in comedy comes alive with this look-a-like & sound-a-like tribute.

Holly's impersonations include Marilyn Monroe, Lucy Ricardo and special "guest" Phyllis Diller...Great Fun!



Menu: Cheese, Crackers, & Pepperoni upon arrival

Family Style Meal: Garden Salad, Pasta with Homemade House Sauce, Roast Turkey with Gravy & Sliced Roast Beef with Brown Gravy, Roasted Potato, Vegetable, Dessert, Soda & Coffee.

Carafes of Red & White Wine on every table

COST: \$115.pp based on 25-30

Reservations: New Britain Senior Center: 860-826-3553

Depart: 10:30am New Britain Senior Center, 55 Pearl Street

Est. Return: 4:00pm New Britain

**Departure time subject to change*

Golden Notes Newsletter

DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.



FOOT CARE SERVICES

Sue is still available. To continue her foot clinic at the New Britain Senior Center, please call her directly at 860.538.1481 to make an appointment. Please be aware of all safety protocols.

Appointments are held every Monday.

THRIFT SHOPPE NOW OPEN!

Something old...Something new...
Something SPECIAL...Just for You!

 **CCARC**
Supporting People with Disabilities

THRIFT SHOPPE

Located at
The New Britain Senior Center
55 Pearl Street, New Britain
Mondays – Tuesdays – Thursdays
9:30 a.m. – 2:00 p.m.

Featuring an elegant display of items for you to enjoy!

Proceeds benefit CCARC's Services for people with disabilities
Accepting donations of new or gently used handbags, wallets, jewelry, fashion accessories
and decorative household items.

Contact Susan Yeagle at 860-229-6665 syeagle@ccarc.com

Golden Notes Newsletter

SENIOR CENTER MASKS FOR SALE AT FRONT DESK!

ONLY \$5.00 PER MASK

LIMITED QUANTITIES

Available for purchase at the front desk of the New Britain

Senior Center (55 Pearl Street, New Britain, CT).

ALL PROCEEDS GO TOWARDS SENIOR CENTER PROGRAMMING



GOLDEN NOTES SUBSCRIPTIONS

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Make checks payable to the New Britain Senior Center

Return to:

Golden Notes

New Britain Senior Center

55 Pearl Street

New Britain, CT 06051

Annual Mailing Fee: \$6.00

THEY'RE BACK

2021 SENIOR FARMERS' MARKET NUTRITION PROGRAM

**LIMIT 1
PACKET
PER
PERSON**

**BOOKLETS NOW
AVAILABLE!**

**TO RECEIVE YOUR BOOKLET,
PLEASE VISIT THE
NEW BRITAIN SENIOR CENTER**

MONDAY-FRIDAY

8:15AM-4PM

Must provide ID

Please call the
front desk at
(860) 826-3553
for any questions
or concerns 😊

Eligibility:

Participant is 60 years of age or older and their income does not exceed 185% of the income poverty guidelines.

TRIAD

Senior Walk and Barbeque

AW Stanley Park Apple Grove

Thursday, September 9, 2021

10:00am-1:00pm



- **Walk around the park**
- **Cookout Food**
- **Games & Fun!**

Arthur.powers@newbritainct.gov

860-205-2671

THE NEW BRITAIN SENIOR CENTER PRESENTS:

SENIOR CENTER

- SESQUICENTENNIAL PICNIC -

FRIDAY, SEPTEMBER 17, 2021

10:30AM TO 2:00PM

55 PEARL STREET, NEW BRITAIN

COOKOUT
LIVE MUSIC
DISPLAY TOURS

FREE - MEMBERS ONLY - LIMIT 100 ATTENDEES
REGISTER TODAY AT NEW BRITAIN SENIOR CENTER!