



NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

Golden Notes Newsletter

June 2021

The New Britain Senior Center is Open and has lifted some restrictions! Please see inside for updates!

**Join Us, Thursday, July 8th at 12:30pm for an
Independence Day Celebration!**

Sponsored by Autumn Lake, the Senior Center will be hosting a celebration that will consist of lunch and entertainment in the newly renovated Senior Center Cafeteria. Please join us—Members Only.

The program is limited to 75 participants, please call the front desk to sign up. 860.826.3553.



For more information, please call the Senior Center at 860.826.5291, M– F from 9:00am to 4:00pm

UPDATED NEW BRITAIN SENIOR CENTER PROTOCOL

The CDC recently announced that people who are fully vaccinated against COVID-19 do not need to wear masks or practice social distancing indoors or outdoors, except under certain circumstances. COVID-19 vaccines are effective at preventing COVID-19 disease, especially severe illness and death, and reduce the risk of people spreading COVID-19. There is information showing it's unlikely a vaccinated person who becomes infected with the coronavirus transmits it to someone else.

Effective **Friday, May 21, 2021**, all **FULLY VACCINATED** members of the New Britain Senior Center will no longer be required to wear a mask while in the facility.

Please note:

- If you are fully vaccinated and are more comfortable wearing a mask, please feel free to do so.
- If someone else requests that masks are worn in a given area, we ask that you are respectful of others' space and abide by their request.
- Please continue to wash your hands and use hand sanitizer.
- Please continue to monitor your health and watch for symptoms of COVID-19. If you display symptoms of COVID-19 after visiting the New Britain Senior Center, please contact us immediately.

PLEASE CONTINUE TO STAY HOME IF YOU ARE SICK!



New Offerings!

Wednesday Dances are Back! Beginning Wednesday, June 16th!

The Senior Center is happy to announce that the Wednesday afternoon dance will start back up! Beginning Wednesday, June 16th from 1:00pm to 3:00pm in the cafeteria. See you then!

Café is open for Breakfast! 8:30am to 10:30am please join us for breakfast!

Free Coffee Fridays!—For the month of June, join us on Friday mornings for a free cup of Joe!

Target Shopping Trip—Friday, June 18th —Morning Departure

Limited Availability—Please call at least two days ahead to register.

Senior Hand Made Crafts for Sale—Be sure to check out the showcase near the front desk and see the great crafts for sale. Support our craft group and purchase quality items!



New Offerings Continued...

Wii Bowling— Tuesdays in the Cafeteria—1:00pm to 2:30pm

Wii Bowling is back!—please register at the front desk to participate.

Every Tuesday Afternoon, beginning Tuesday, April 6th.

Senior Book Club Is Back!

Tuesday, June 15th—1:00pm—Vermont Room

June Book of the Month: Deacon King Kong by James McBride

Active Living Workshop—

The Senior Center is looking for individuals interested in a 6 week workshop on chronic diseases. This workshop is done over the telephone and goes over a variety of topics that include: Physical activity, exercise and healthy eating, Dealing with difficult emotions, Decision-making and communications skills, Working with healthcare providers and Action Planning.

Please contact Tim Boroski if you are interested about learning more. You may also express your interest at the front desk.

Line Dancing Is Back!

Mondays and Tuesdays at 10:30am—Massachusetts Room

Please sign up at Front Desk!

Zumba Gold—To Return in July!

PLANTS FOR SALE ONLINE—Please visit below to purchase.

<https://www.newbritainroots.org/seed-fundraiser>

Golden Notes Newsletter

Senior Center Information

Location:	55 Pearl Street, New Britain, CT 06051
Contact Information:	Phone: 860.826.3553 Fax: 860.826.3557 Website: newbritainct.gov
Hours of Operation:	Monday—Friday 8:15am to 4:00pm
Membership Info:	Join Mon-Wed-Fri 1:00pm to 3:00pm Age 60+
Membership Cost:	Residents: \$3.00 for lifetime membership! Non-Residents: \$10.00 per year

TO GO MEALS AVAILABLE

CW Resources is providing to-go meals for pickup only. If you are interested, please call 860.826.3553 to reserve your lunch.

Lunch pickups are Monday, Wednesday & Friday Between 11:30am and 12:30pm. You may pick up your meals in the back of the senior center by the greenhouse.



- On Mondays, you will receive Monday's and Tuesday's Meal.
- On Wednesdays, you will receive Wednesday's and Thursday's Meal.
- On Fridays, you will receive Friday's Meal.

You must call one week in advance to reserve your meals. Masks must be worn at all times while picking up your meal. Meals are not allowed to be consumed inside the building until further notice.

Weekly Menus are available one week in advance. Call the Senior Center or pick up the menu during serving hours.

Golden Notes Newsletter

REGISTRATION FOR PROGRAMS AND ACTIVITIES

To register for any class or program you must sign up in advance.
There will be no walk-ins allowed to participate.

To sign up for a class you may call the front desk
at (860) 826.3553 between
9:00am and 3:00pm, Monday– Friday



MODIFIED SENIOR CENTER OFFERINGS - MUST REGISTER FOR EACH CLASS - CALL 860.826.3553 TO SIGN UP - AT LEAST 1 DAY AHEAD

Walk ups will be turned away, per State Guidelines - Please call ahead to reserve your spot

Class	Day	Time	Location	Entrance	Limit
Bingo	Mondays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
Fitness with Chris	Mondays	8:30am to 9:00am	Massachusetts Room	Massachusetts Room	10
Fitness with Chris	Mondays	9:15am to 9:45am	Massachusetts Room	Massachusetts Room	10
Coloring Group	Mondays	10:00am to 11:00am	Craft Room	Back Café Entrance	8
Fitness with Chris	Mondays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
Crafters Group	Tuesdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
Crafters Group	Tuesdays	1:00pm to 3:00pm	Craft Room	Back Café Entrance	8
Fitness with Chris	Tuesdays	8:30am to 9:00am	Massachusetts Room	Massachusetts Room	10
Fitness with Chris	Tuesdays	9:15am to 9:45am	Massachusetts Room	Massachusetts Room	10
Fitness with Chris	Tuesdays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
Tai Chi Class	Wednesdays	10:00am to 10:45am	Massachusetts Room	Massachusetts Room	10
Bingo	Thursdays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
Chair Yoga	Thursdays	10:00am to 11:00am	Massachusetts Room	Massachusetts Room	10
Crafters Group	Thursdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
Crafters Group	Thursdays	1:00pm to 3:00pm	Craft Room	Back Café Entrance	8
Hot Steppers Walking Club	Thursdays	8:30am to 9:15am	Massachusetts Room	Massachusetts Room	10
Art Class with Paul Gobell	Fridays	1:00pm to 2:00pm	Cafeteria	Back Café Entrance	10
Lunch Program	Mon - Wed - Fri (Pickup)	11:30am to 12:30pm	Cafeteria	Back Café Entrance	n/a
Billiards	Monday - Friday	1:00pm to 3:00pm	Card Room	Front Entrance	2 People per Hour
Exercise Room	Monday - Friday	9:00am to 3:00pm	Exercise Room	Back Café Entrance	2 People per Hour
Thrift Shop	Mon Tue Thurs	10:00am to 2:00pm	Maine Room	Side Entrance	1 person in store at time
Computer Room	Tuesdays and Thursdays	10:00am to 2:00pm	Computer Room	Back Café Entrance	2 People per Hour

Please note each class's entrance - To limit exposure please enter at the proper locations. Once your class is completed, you must leave the building so we can clean area.

Golden Notes Newsletter

DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.




FOOT CARE SERVICES

Sue is still available. To continue her foot clinic at the New Britain Senior Center, please call her directly at 860.538.1481 to make an appointment. Please be aware of all safety protocols.

Appointments are held every Monday.

THRIFT SHOPPE NOW OPEN!

Something old...Something new...
Something SPECIAL...Just for You!

 **CCARC**
Supporting People with Disabilities

THRIFT SHOPPE

Located at
The New Britain Senior Center
55 Pearl Street, New Britain
Mondays – Tuesdays – Thursdays
9:30 a.m. – 2:00 p.m.

Featuring an elegant display of items for you to enjoy!

Proceeds benefit CCARC's Services for people with disabilities
Accepting donations of new or gently used handbags, wallets, jewelry, fashion accessories
and decorative household items.

Contact Susan Yeagle at 860-229-6665 syeagle@ccarc.com

Mayor Erin E. Stewart and the New Britain Senior Center Present:

SESQUICENTENNIAL ARTIFACT COLLECTION



WHAT WE'RE LOOKING FOR

Photographs
Books
Magazines
Newspapers
Historical Documents
Maps
Restaurant Menus
Postcards
Greeting Cards
Sports Memorabilia
Military Memorabilia
Art Memorabilia
Film/Music Memorabilia
Old Technology
Appliances
Tools
Hardware
Toys and Games
Yearbooks
Graduation Apparel
Food/Drink Containers

The New Britain Senior Center is participating in the year-long sesquicentennial celebrations by encouraging community members to temporarily donate historical artifacts relevant to each decade of the City's 150-year history (1871 through 2021).

All artifacts collected will be creatively arranged into a museum-style display at the Senior Center, to be opened for public viewing from August 9th through October 1st.

- Submissions will be accepted through July 16th
- All artifacts will be safely stored and preserved
- Copies of photographs will be displayed
- Donors will receive (1) raffle ticket per donation (drawing to be held August 9th)

All donated items will be screened prior to display, and the New Britain Senior Center reserves the right to decline acceptance of any donated item as it sees fit.



55 Pearl Street, New Britain, CT 06051



(860) 826-3554



newbritainct.gov

Golden Notes Newsletter

SENIOR CENTER MASKS FOR SALE AT FRONT DESK!

ONLY \$5.00 PER MASK

LIMITED QUANTITIES

Available for purchase at the front desk of the New Britain

Senior Center (55 Pearl Street, New Britain, CT).

ALL PROCEEDS GO TOWARDS SENIOR CENTER PROGRAMMING



GOLDEN NOTES SUBSCRIPTIONS

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Make checks payable to the New Britain Senior Center

Return to:

Golden Notes

New Britain Senior Center

55 Pearl Street

New Britain, CT 06051

Annual Mailing Fee: \$6.00