



NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

Golden Notes Newsletter

May 2021

NEW BRITAIN SENIOR CENTER FLOWER SALE



Organic Flowers, Herbs & Vegetables

Saturday, May 1st & Saturday, May 8th

9:30am to 1:30pm

The plant sale consists of a variety of flowers and organic herbs & vegetables grown from the Arnold Schwartz Greenhouse at the Senior Center.

All Proceeds go towards Senior Center Programming.

For more information call 860.826.3553.

For more information, please call the Senior Center at 860.826.5291, M– F from 9:00am to 4:00pm

New Britain Senior Center COVID-19 Protocols

Our biggest priority is to keep everyone safe and healthy while participating in our programs. Outlined below are the precautions we are taking at the New Britain Senior Center:

In order for the senior center to practice safe PPE procedures, seniors and staff must abide by the guidelines below:

Masks: Masks are required in the building at all times. This is for all activities and exercises. If this is a burden for any member, we strongly suggest the senior not participate and wait until guidelines change.

Temperature checks: Staff will be checking temperatures upon entrance of the building. Anyone with an elevated temperature at or above 100.4 will be denied entrance to class for the day.

Frequent sanitization/disinfecting: Staff will be disinfecting equipment and rooms before and after classes. Please leave promptly after class to allow us to do so.

If you are sick with any of the following symptoms (cough, fever, vomiting, diarrhea, sore throat, loss of smell/taste, headache) please do not attend any classes.

Lunch program is to go only: There are no congregate meals allowed at this time.

Preregistration: Members must preregister at least one day in advance of any class. This will ensure that we do not have too many people in the building at one time.

No Loitering: This will be strictly enforced. There will be no gathering in the building. The puzzle room and tv room are closed. We know that you will want to socialize and catch up with friends, but please respect these rules, as they must be followed for us to continue to stay open.

Water Fountains: Used for filling up personal water bottles only. No drinking directly from the fountain.

No sharing of food or drinks

Please work with us as we navigate through the ever changing COVID Guidelines.

**Beginning June 1st
the Senior Center will be updating its offerings as guidelines have changed.
STAY TUNED!**



New Offerings!

Renter's Rebate for 2021—Please see new changes

The New Britain Senior Center will be accepting applications for the State of Connecticut's 'Renters' Rebate for Elderly/Disabled Renters' program from **Monday, May 3, 2021 through Friday, September 24, 2021**. In order to follow safety protocols amidst the COVID-19 pandemic, the program will be operated a little differently this year. All individuals who have applied for this program over the past two years will be **assigned an appointment, and will receive a letter in the coming weeks which specifies the date and time of that appointment**. All individuals born on or prior to December 31, 1955 must apply at the New Britain Senior Center, while all individuals born on or after January 1, 1956 must apply at New Britain City Hall. Any individual who is new to the program and is interested in applying this year must contact their respective filing location to schedule an appointment. Should you have any questions regarding the 2021 Renters' Rebate program, please contact the State of Connecticut's program hotline at (860) 418-6377. If you are prompted to leave a message, please speak slowly and clearly, stating your name and phone number. A program representative will return your call as soon as they can.

Covid Vaccination Information—If you know of anyone who is homebound and cannot leave the house for the Covid-19 Vaccination, please call the New Britain Senior Center and let us know. We can put you or your loved one on a list to be helped!

Please call the front desk for other Covid Vaccination information.

860.826.3553

Target Shopping Trip—Friday, May 14th —Morning Departure

Limited Availability—Please call at least two days ahead to register.

Senior Hand Made Crafts for Sale—Be sure to check out the showcase near the front desk and see the great crafts for sale. Support our craft group and purchase quality items!



New Offerings Continued...

Wii Bowling— Tuesdays in the Cafeteria—1:00pm to 2:30pm

Wii Bowling is back!—please register at the front desk to participate.

Every Tuesday Afternoon, beginning Tuesday, April 6th.

Senior Book Club Is Back!

Tuesday, May 18th—1:00pm—Vermont Room

May Book of the Month: The Widows of Malabar Hill by Sujata Massey

Tuesday, June 15th—1:00pm—Vermont Room

June Book of the Month: Deacon King Kong by James McBride

Free Outdoor Ice Cream Giveaway! Sponsored by United Healthcare

Wednesday, May 19th—12:30pm—Come down to the back of the Senior Center for a **FREE** ice cream and meet up with old friends! Mr. Softee Ice Cream will be giving away complimentary ice cream! We look forward to seeing everyone!

Active Living Workshop—

The Senior Center is looking for individuals interested in a 6 week workshop on chronic diseases. This workshop is done over the telephone and goes over a variety of topics that include: Physical activity, exercise and healthy eating, Dealing with difficult emotions, Decision-making and communications skills, Working with healthcare providers and Action Planning.

Please contact Tim Boroski if you are interested about learning more. You may also express your interest at the front desk.

Golden Notes Newsletter

Senior Center Information

Location:	55 Pearl Street, New Britain, CT 06051
Contact Information:	Phone: 860.826.3553 Fax: 860.826.3557 Website: newbritainct.gov
Hours of Operation:	Monday—Friday 8:15am to 4:00pm
Membership Info:	Join Mon-Wed-Fri 1:00pm to 3:00pm Age 60+
Membership Cost:	Residents: \$3.00 for lifetime membership! Non-Residents: \$10.00 per year

TO GO MEALS AVAILABLE

CW Resources is providing to-go meals for pickup only. If you are interested, please call 860.826.3553 to reserve your lunch.

Lunch pickups are Monday, Wednesday & Friday Between 11:30am and 12:30pm. You may pick up your meals in the back of the senior center by the greenhouse.



- On Mondays, you will receive Monday's and Tuesday's Meal.
- On Wednesdays, you will receive Wednesday's and Thursday's Meal.
- On Fridays, you will receive Friday's Meal.

You must call one week in advance to reserve your meals. Masks must be worn at all times while picking up your meal. Meals are not allowed to be consumed inside the building until further notice.

Weekly Menus are available one week in advance. Call the Senior Center or pick up the menu during serving hours.

Golden Notes Newsletter

REGISTRATION FOR PROGRAMS AND ACTIVITIES

To register for any class or program you must sign up in advance.
There will be no walk-ins allowed to participate.

To sign up for a class you may call the front desk
at (860) 826.3553 between
9:00am and 3:00pm, Monday– Friday



MODIFIED SENIOR CENTER OFFERINGS - MUST REGISTER FOR EACH CLASS - CALL 860.826.3553 TO SIGN UP - AT LEAST 1 DAY AHEAD

Walk ups will be turned away, per State Guidelines - Please call ahead to reserve your spot

Class	Day	Time	Location	Entrance	Limit
Bingo	Mondays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
Fitness with Chris	Mondays	8:30am to 9:00am	Massachusetts Room	Massachusetts Room	10
Fitness with Chris	Mondays	9:15am to 9:45am	Massachusetts Room	Massachusetts Room	10
Coloring Group	Mondays	10:00am to 11:00am	Craft Room	Back Café Entrance	8
Fitness with Chris	Mondays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
Crafters Group	Tuesdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
Crafters Group	Tuesdays	1:00pm to 3:00pm	Craft Room	Back Café Entrance	8
Fitness with Chris	Tuesdays	8:30am to 9:00am	Massachusetts Room	Massachusetts Room	10
Fitness with Chris	Tuesdays	9:15am to 9:45am	Massachusetts Room	Massachusetts Room	10
Fitness with Chris	Tuesdays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
Tai Chi Class	Wednesdays	10:00am to 10:45am	Massachusetts Room	Massachusetts Room	10
Bingo	Thursdays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
Chair Yoga	Thursdays	10:00am to 11:00am	Massachusetts Room	Massachusetts Room	10
Crafters Group	Thursdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
Crafters Group	Thursdays	1:00pm to 3:00pm	Craft Room	Back Café Entrance	8
Hot Steppers Walking Club	Thursdays	8:30am to 9:15am	Massachusetts Room	Massachusetts Room	10
Art Class with Paul Gobell	Fridays	1:00pm to 2:00pm	Cafeteria	Back Café Entrance	10
Lunch Program	Mon - Wed - Fri (Pickup)	11:30am to 12:30pm	Cafeteria	Back Café Entrance	n/a
Billiards	Monday - Friday	1:00pm to 3:00pm	Card Room	Front Entrance	2 People per Hour
Exercise Room	Monday - Friday	9:00am to 3:00pm	Exercise Room	Back Café Entrance	2 People per Hour
Thrift Shop	Mon Tue Thurs	10:00am to 2:00pm	Maine Room	Side Entrance	1 person in store at time
Computer Room	Tuesdays and Thursdays	10:00am to 2:00pm	Computer Room	Back Café Entrance	2 People per Hour

Please note each class's entrance - To limit exposure please enter at the proper locations. Once your class is completed, you must leave the building so we can clean area.

Golden Notes Newsletter

DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.




FOOT CARE SERVICES

Sue is still available. To continue her foot clinic at the New Britain Senior Center, please call her directly at 860.538.1481 to make an appointment. Please be aware of all safety protocols.

Appointments are held every Monday.

THRIFT SHOPPE NOW OPEN!

Something old...Something new...
Something SPECIAL...Just for You!

 **CCARC**
Supporting People with Disabilities

THRIFT SHOPPE

Located at
The New Britain Senior Center
55 Pearl Street, New Britain
Mondays – Tuesdays – Thursdays
9:30 a.m. – 2:00 p.m.

Featuring an elegant display of items for you to enjoy!

Proceeds benefit CCARC's Services for people with disabilities
Accepting donations of new or gently used handbags, wallets, jewelry, fashion accessories
and decorative household items.

Contact Susan Yeagle at 860-229-6665 syeagle@ccarc.com

Mayor Erin E. Stewart and the New Britain Senior Center Present:

SESQUICENTENNIAL ARTIFACT COLLECTION

Celebrate
new britain
150 Years

WHAT WE'RE LOOKING FOR

Photographs
Books
Magazines
Newspapers
Historical Documents
Maps
Restaurant Menus
Postcards
Greeting Cards
Sports Memorabilia
Military Memorabilia
Art Memorabilia
Film/Music Memorabilia
Old Technology
Appliances
Tools
Hardware
Toys and Games
Yearbooks
Graduation Apparel
Food/Drink Containers

The New Britain Senior Center is participating in the year-long sesquicentennial celebrations by encouraging community members to temporarily donate historical artifacts relevant to each decade of the City's 150-year history (1871 through 2021).

All artifacts collected will be creatively arranged into a museum-style display at the Senior Center, to be opened for public viewing from August 9th through October 1st.

- Submissions will be accepted through July 16th
- All artifacts will be safely stored and preserved
- Copies of photographs will be displayed
- Donors will receive (1) raffle ticket per donation (drawing to be held August 9th)

All donated items will be screened prior to display, and the New Britain Senior Center reserves the right to decline acceptance of any donated item as it sees fit.



55 Pearl Street, New Britain, CT 06051



(860) 826-3554



newbritainct.gov

Golden Notes Newsletter

SENIOR CENTER MASKS FOR SALE AT FRONT DESK!

ONLY \$5.00 PER MASK

LIMITED QUANTITIES

Available for purchase at the front desk of the New Britain

Senior Center (55 Pearl Street, New Britain, CT).

ALL PROCEEDS GO TOWARDS SENIOR CENTER PROGRAMMING



GOLDEN NOTES SUBSCRIPTIONS

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Make checks payable to the New Britain Senior Center

Return to:

Golden Notes
New Britain Senior Center
55 Pearl Street
New Britain, CT 06051

Annual Mailing Fee: \$6.00