



# NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

## Golden Notes Newsletter

***April 2021***

### **NEW BRITAIN SENIOR CENTER FLOWER SALE**



#### **Organic Flowers, Herbs & Vegetables**

**Saturday, May 1st & Saturday, May 8th**

**9:30am to 1:30pm**

The plant sale consists of a variety of flowers and organic herbs & vegetables grown from the Arnold Schwartz Greenhouse at the Senior Center.

All Proceeds go towards Senior Center Programming.

**For more information call 860.826.3553.**

For more information, please call the Senior Center at 860.826.5291, M– F from 9:00am to 4:00pm

# New Britain Senior Center COVID-19 Protocols

Our biggest priority is to keep everyone safe and healthy while participating in our programs. Outlined below are the precautions we are taking at the New Britain Senior Center:

In order for the senior center to practice safe PPE procedures, seniors and staff must abide by the guidelines below:

**Masks:** Masks are required in the building at all times. This is for all activities and exercises. If this is a burden for any member, we strongly suggest the senior not participate and wait until guidelines change.

**Temperature checks:** Staff will be checking temperatures upon entrance of the building. Anyone with an elevated temperature at or above 100.4 will be denied entrance to class for the day.

**Frequent sanitization/disinfecting:** Staff will be disinfecting equipment and rooms before and after classes. Please leave promptly after class to allow us to do so.

**If you are sick** with any of the following symptoms (cough, fever, vomiting, diarrhea, sore throat, loss of smell/taste, headache) please do not attend any classes.

**Lunch program is to go only:** There are no congregate meals allowed at this time.

**Preregistration:** Members must preregister at least one day in advance of any class. This will ensure that we do not have too many people in the building at one time.

**No Loitering:** This will be strictly enforced. There will be no gathering in the building. The puzzle room and tv room are closed. We know that you will want to socialize and catch up with friends, but please respect these rules, as they must be followed for us to continue to stay open.

**Water Fountains:** Used for filling up personal water bottles only. No drinking directly from the fountain.

**No sharing of food or drinks**

**Please work with us as we navigate through the ever changing COVID Guidelines.**



## **New Offerings!**

### **Renter's Rebate for 2021—Please see new changes**

The New Britain Senior Center will be accepting applications for the State of Connecticut's 'Renters' Rebate for Elderly/Disabled Renters' program from **Monday, May 3, 2021 through Friday, September 24, 2021**. In order to follow safety protocols amidst the COVID-19 pandemic, the program will be operated a little differently this year. All individuals who have applied for this program over the past two years will be **assigned an appointment, and will receive a letter in the coming weeks which specifies the date and time of that appointment**. All individuals born on or prior to December 31, 1955 must apply at the New Britain Senior Center, while all individuals born on or after January 1, 1956 must apply at New Britain City Hall. Any individual who is new to the program and is interested in applying this year must contact their respective filing location to schedule an appointment. Should you have any questions regarding the 2021 Renters' Rebate program, please contact the State of Connecticut's program hotline at (860) 418-6377. If you are prompted to leave a message, please speak slowly and clearly, stating your name and phone number. A program representative will return your call as soon as they can.

**Covid Vaccination Information**—If you know of anyone who is homebound and cannot leave the house for the Covid-19 Vaccination, please call the New Britain Senior Center and let us know. We can put you or your loved one on a list to be helped!

Please call the front desk for other Covid Vaccination information.

860.826.3553

**Target Shopping Trip**—Friday, Friday April 9th—Morning Departure

Limited Availability—Call to register and for more information

**Senior Hand Made Crafts for Sale**—Be sure to check out the showcase near the front desk and see the great crafts for sale. Support our craft group and purchase quality items!



## **New Offerings Continued...**

**Wii Bowling**— Tuesdays in the Cafeteria—1:00pm to 2:30pm

Wii Bowling is back!—please register at the front desk to participate.

Every Tuesday Afternoon, beginning Tuesday, April 6th.

## **New Britain Celebrating 150 Years, Help us Celebrate!**

**Search your Archives and Attics—We need to find photos of New Britain from 1870 to present day! Call 860.826.5291 for more information.**

In conjunction with the City of New Britain's Sesquicentennial (150 years) Celebration, the New Britain Senior Center is seeking donations of pictures, keepsakes, and artifacts from each decade of the City's 150-year history, beginning with the 1870's, and concluding with the 2020's. All artifacts collected will be entered into a museum-style display at the New Britain Senior Center, to be opened for public viewing on Monday, August 9, 2021. Members of the general public will have the ability to view the display during the New Britain Senior Center's general operating hours: Monday through Friday, 8:15am until 4:00pm.



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## Senior Center Information

<b>Location:</b>	55 Pearl Street, New Britain, CT 06051
<b>Contact Information:</b>	Phone: 860.826.3553   Fax: 860.826.3557 Website: newbritainct.gov
<b>Hours of Operation:</b>	Monday—Friday   8:15am to 4:00pm
<b>Membership Info:</b>	Join Mon-Wed-Fri   1:00pm to 3:00pm   Age 60+
<b>Membership Cost:</b>	Residents: \$3.00 for lifetime membership! Non-Residents: \$10.00 per year

## TO GO MEALS AVAILABLE

CW Resources is providing to-go meals for pickup only. If you are interested, please call 860.826.3553 to reserve your lunch.

Lunch pickups are Monday, Wednesday & Friday Between 11:30am and 12:30pm. You may pick up your meals in the back of the senior center by the greenhouse.



- On Mondays, you will receive Monday's and Tuesday's Meal.
- On Wednesdays, you will receive Wednesday's and Thursday's Meal.
- On Fridays, you will receive Friday's Meal.

You must call one week in advance to reserve your meals. Masks must be worn at all times while picking up your meal. Meals are not allowed to be consumed inside the building until further notice.

Weekly Menus are available one week in advance. Call the Senior Center or pick up the menu during serving hours.



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## REGISTRATION FOR PROGRAMS AND ACTIVITIES

To register for any class or program you must sign up in advance.  
There will be no walk-ins allowed to participate.

To sign up for a class you may call the front desk  
at (860) 826.3553 between  
9:00am and 3:00pm, Monday– Friday



# MODIFIED SENIOR CENTER OFFERINGS - MUST REGISTER FOR EACH CLASS - CALL 860.826.3553 TO SIGN UP - AT LEAST 1 DAY AHEAD

**Walk ups will be turned away, per State Guidelines - Please call ahead to reserve your spot**

Class	Day	Time	Location	Entrance	Limit
<b>Bingo</b>	Mondays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
<b>Fitness with Chris</b>	Mondays	8:30am to 9:00am	Massachusetts Room	Massachusetts Room	10
<b>Fitness with Chris</b>	Mondays	9:15am to 9:45am	Massachusetts Room	Massachusetts Room	10
<b>Coloring Group</b>	Mondays	10:00am to 11:00am	Craft Room	Back Café Entrance	8
<b>Fitness with Chris</b>	Mondays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
<b>Crafters Group</b>	Tuesdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
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<b>Fitness with Chris</b>	Tuesdays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
<b>Tai Chi Class</b>	Wednesdays	10:00am to 10:45am	Massachusetts Room	Massachusetts Room	10
<b>Bingo</b>	Thursdays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
<b>Chair Yoga</b>	Thursdays	10:00am to 11:00am	Massachusetts Room	Massachusetts Room	10
<b>Crafters Group</b>	Thursdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
<b>Crafters Group</b>	Thursdays	1:00pm to 3:00pm	Craft Room	Back Café Entrance	8
<b>Hot Steppers Walking Club</b>	Thursdays	8:30am to 9:15am	Massachusetts Room	Massachusetts Room	10
<b>Art Class with Paul Gobell</b>	Fridays	1:00pm to 2:00pm	Cafeteria	Back Café Entrance	10
<b>Lunch Program</b>	Mon - Wed - Fri (Pickup)	11:30am to 12:30pm	Cafeteria	Back Café Entrance	n/a
<b>Billiards</b>	Monday - Friday	1:00pm to 3:00pm	Card Room	Front Entrance	2 People per Hour
<b>Exercise Room</b>	Monday - Friday	9:00am to 3:00pm	Exercise Room	Back Café Entrance	2 People per Hour
<b>Thrift Shop</b>	Mon   Tue   Thurs	10:00am to 2:00pm	Maine Room	Side Entrance	1 person in store at time
<b>Computer Room</b>	Tuesdays and Thursdays	10:00am to 2:00pm	Computer Room	Back Café Entrance	2 People per Hour

Please note each class's entrance - To limit exposure please enter at the proper locations. Once your class is completed, you must leave the building so we can clean area.

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## DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.




## FOOT CARE SERVICES

Sue is still available. To continue her foot clinic at the New Britain Senior Center, please call her directly at 860.538.1481 to make an appointment. Please be aware of all safety protocols.

Appointments are held every Monday.

## THRIFT SHOPPE NOW OPEN!

*Something old...Something new...*  
**Something SPECIAL...Just for You!**

 **CCARC**  
*Supporting People with Disabilities*

**THRIFT SHOPPE**

*Located at*  
**The New Britain Senior Center**  
55 Pearl Street, New Britain  
**Mondays – Tuesdays – Thursdays**  
9:30 a.m. – 2:00 p.m.

**Featuring an elegant display of items for you to enjoy!**

*Proceeds benefit CCARC's Services for people with disabilities*  
*Accepting donations of new or gently used handbags, wallets, jewelry, fashion accessories*  
*and decorative household items.*

*Contact Susan Yeagle at 860-229-6665 [syeagle@ccarc.com](mailto:syeagle@ccarc.com)*



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## SENIOR CENTER MASKS FOR SALE AT FRONT DESK!

ONLY \$5.00 PER MASK

LIMITED QUANTITIES

Available for purchase at the front desk of the New Britain

Senior Center (55 Pearl Street, New Britain, CT).

ALL PROCEEDS GO TOWARDS SENIOR CENTER PROGRAMMING



## GOLDEN NOTES SUBSCRIPTIONS

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make checks payable to the New Britain Senior Center

Return to:

**Golden Notes**

**New Britain Senior Center**

**55 Pearl Street**

**New Britain, CT 06051**

Annual Mailing Fee: \$6.00