



# NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

## Golden Notes Newsletter

### *February 2021*

### VALENTINE'S DAY SHOW AND SING-ALONG

SPONSORED BY



**PRE-REGISTRATION IS REQUIRED. PLEASE  
CALL THE NEW BRITAIN SENIOR CENTER  
AT (860) 826-3554 TO RESERVE YOUR SPOT!**

**TUESDAY, 02/16/2021**

#### SESSION I

11:00am to 12:00pm\*

#### SESSION II

1:00pm to 2:00pm\*

**\*masks must be worn at all  
times during the show**



ENTERTAINMENT BY  
**TOM "T-BONE" STANKUS**

Only current members of the New Britain Senior Center may attend. Due to COVID-19 restrictions, we will not allow any walkups, and sessions will be limited to 25 spectators to be assigned on a first-come, first-served basis. Thank you for your consideration.

### New Britain Senior Center Greenhouse Garden Club Meeting

The Senior Center is looking for participants for the Garden Club. Beginning in February, the greenhouse will begin planting in preparation for it's Annual Flower Sale right before Mother's Day. We need interested seniors to help put it all together. No experience required!

An introductory meeting will be held at the Senior Center  
**Thursday, February 11, at 11:00am in the Cafeteria**

If you cannot attend, but wish to be part of the program

Please call Rex Cone at 860.826.5291.



For more information, please call the Senior Center at 860.826.5291, M– F from 9:00am to 4:00pm

# New Britain Senior Center COVID-19 Protocols

Our biggest priority for the upcoming reopening is to keep everyone safe and healthy while participating in our programs. Outlined below are the precautions we are taking at the New Britain Senior Center:

In order for the senior center to practice safe PPE procedures, seniors and staff must abide by the guidelines below:

**Masks:** Masks are required in the building at all times. This is for all activities and exercises. If this is a burden for any member, we strongly suggest the senior not participate and wait until guidelines change.

**Temperature checks:** Staff will be checking temperatures upon entrance of the building. Anyone with an elevated temperature at or above 100.4 will be denied entrance to class for the day.

**Frequent sanitization/disinfecting:** Staff will be disinfecting equipment and rooms before and after classes. Please leave promptly after class to allow us to do so.

**If you are sick** with any of the following symptoms (cough, fever, vomiting, diarrhea, sore throat, loss of smell/taste, headache) please do not attend any classes.

**Lunch program is to go only:** There are no congregate meals allowed at this time.

**Preregistration:** Members must preregister at least one day in advance of any class. This will ensure that we do not have too many people in the building at one time.

**No Loitering:** This will be strictly enforced. There will be no gathering in the building. The puzzle room and tv room are closed. We know that you will want to socialize and catch up with friends, but please respect these rules, as they must be followed for us to continue to stay open.

**Water Fountains:** Used for filling up personal water bottles only. No drinking directly from the fountain.

**No sharing of food or drinks**

**Please work with us as we navigate through the ever changing COVID Guidelines.**



## **New Offerings!**

**AARP Tax Program**—The AARP Tax-Aide program will be available this coming tax season, but on a limited basis. Not all CT AARP Tax-Aide sites will open, primarily due to volunteer availability. The New Britain site will open. Anyone that has had their taxes handled by an AARP Site in either of the past two filing seasons may contact the New Britain Senior Center to learn more. Strict COVID protocols will be in place and intake preparation must be completed before the day of appointment. Please keep in mind that appointments are limited, and may not be available.

COVID has impacted us all in many ways and the availability of the Tax-Aide program is just one more example. We hope and expect to be able to fully reopen next tax season. To learn more or arrange an appointment, call the New Britain Senior Center at (860) 826-3553.

**Covid Vaccination Information**—If you are currently eligible to receive the COVID-19 vaccine, there are three ways that you may register for an appointment. First, you should contact your primary healthcare provider, and inquire about scheduling a COVID-19 vaccination.

If you don't have or if your primary healthcare provider is not currently offering this service, you may also create an appointment by calling the COVID-19 Vaccine Appointments Assistance Line at (877) 918-2224. The hotline accepts calls Monday through Friday, between the hours of 8:00am and 4:30pm. Please note, due to high call volumes, hold times may vary.

If you have trouble contacting the COVID-19 Vaccine Appointments Assistance Line, you may also register for a COVID-19 vaccine appointment by using the Vaccination Administration Management System online portal, found at <https://dphsubmissions.ct.gov/OnlineVaccine>. You will initially be asked for your first and last name, date of birth, phone number (optional), email address, ZIP code, and eligibility group. Within 12 hours of submitting the pre-registration form, if you are considered to be eligible, you will receive a link to register for a COVID-19 vaccine appointment.

*If none of these options work for you, or if you elect to register online and need assistance with use of the online system, please feel free to contact the New Britain Senior Center at (860) 826-3553 and we can help!*

**Target Shopping Trip**—Friday, February 19th—Morning Departure

Limited Availability—Call to register and for more information

**Valentine's Day Show and Singalong**—Tuesday, February 16th—

Morning 11:00am to 12:00pm | Afternoon 1:00pm to 2:00pm

25 Person Max per Show—Call to Register—must be on list to attend

*Sponsored by Autumn Lake—Entertainment by T-Bone!*

# Golden Notes Newsletter

## Senior Center Information

<b>Location:</b>	55 Pearl Street, New Britain, CT 06051
<b>Contact Information:</b>	Phone: 860.826.3553   Fax: 860.826.3557 Website: newbritainct.gov
<b>Hours of Operation:</b>	Monday—Friday   8:15am to 4:00pm
<b>Membership Info:</b>	Join Mon-Wed-Fri   1:00pm to 3:00pm   Age 60+
<b>Membership Cost:</b>	Residents: \$3.00 for lifetime membership! Non-Residents: \$10.00 per year

## TO GO MEALS AVAILABLE

CW Resources is providing to-go meals for pickup only. If you are interested, please call 860.826.3553 to reserve your lunch.

Lunch pickups are Monday, Wednesday & Friday Between 11:30am and 12:30pm. You may pick up your meals in the back of the senior center by the greenhouse.



- On Mondays, you will receive Monday's and Tuesday's Meal.
- On Wednesdays, you will receive Wednesday's and Thursday's Meal.
- On Fridays, you will receive Friday's Meal.

You must call one week in advance to reserve your meals. Masks must be worn at all times while picking up your meal. Meals are not allowed to be consumed inside the building until further notice.

Weekly Menus are available one week in advance. Call the Senior Center or pick up the menu during serving hours.

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## REGISTRATION FOR PROGRAMS AND ACTIVITIES

To register for any class or program you must sign up in advance.  
There will be no walk-ins allowed to participate.

To sign up for a class you may call the front desk  
at (860) 826.3553 between  
9:00am and 3:00pm, Monday– Friday





# MODIFIED SENIOR CENTER OFFERINGS - MUST REGISTER FOR EACH CLASS - CALL 860.826.3553 TO SIGN UP - AT LEAST 1 DAY AHEAD

**Walk ups will be turned away, per State Guidelines - Please call ahead to reserve your spot**

Class	Day	Time	Location	Entrance	Limit
<b>Bingo</b>	Mondays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
<b>Fitness with Chris</b>	Mondays	8:30am to 9:00am	Massachusetts Room	Massachusetts Room	10
<b>Fitness with Chris</b>	Mondays	9:15am to 9:45am	Massachusetts Room	Massachusetts Room	10
<b>Coloring Group</b>	Mondays	10:00am to 11:00am	Craft Room	Back Café Entrance	8
<b>Fitness with Chris</b>	Mondays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
<b>Crafters Group</b>	Tuesdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
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<b>Fitness with Chris</b>	Tuesdays	10:00am to 10:30am	Massachusetts Room	Massachusetts Room	10
<b>Tai Chi Class</b>	Wednesdays	10:00am to 10:45am	Massachusetts Room	Massachusetts Room	10
<b>Bingo</b>	Thursdays	1:00pm to 3:00pm	Cafeteria	Back Café Entrance	20
<b>Chair Yoga</b>	Thursdays	10:00am to 11:00am	Massachusetts Room	Massachusetts Room	10
<b>Crafters Group</b>	Thursdays	9:30am to 11:30am	Craft Room	Back Café Entrance	8
<b>Crafters Group</b>	Thursdays	1:00pm to 3:00pm	Craft Room	Back Café Entrance	8
<b>Hot Steppers Walking Club</b>	Thursdays	8:30am to 9:15am	Massachusetts Room	Massachusetts Room	10
<b>Art Class with Paul Gobell</b>	Fridays	1:00pm to 2:00pm	Cafeteria	Back Café Entrance	10
<b>Lunch Program</b>	Mon - Wed - Fri (Pickup)	11:30am to 12:30pm	Cafeteria	Back Café Entrance	n/a
<b>Billiards</b>	Monday - Friday	1:00pm to 3:00pm	Card Room	Front Entrance	2 People per Hour
<b>Exercise Room</b>	Monday - Friday	9:00am to 3:00pm	Exercise Room	Back Café Entrance	2 People per Hour
<b>Thrift Shop</b>	Mon   Tue   Thurs	10:00am to 2:00pm	Maine Room	Side Entrance	1 person in store at time
<b>Computer Room</b>	Tuesdays and Thursdays	10:00am to 2:00pm	Computer Room	Back Café Entrance	2 People per Hour

Please note each class's entrance - To limit exposure please enter at the proper locations. Once your class is completed, you must leave the building so we can clean area.

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## DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.



## FOOT CARE SERVICES

Sue is still available. To continue her foot clinic at the New Britain Senior Center, please call her directly at 860.538.1481 to make an appointment. Please be aware of all safety protocols.

Appointments are held every Monday.

## THRIFT SHOPPE NOW OPEN!

*Something old...Something new...*  
**Something SPECIAL...Just for You!**

 **CCARC**  
*Supporting People with Disabilities*

**THRIFT SHOPPE**

*Located at*  
**The New Britain Senior Center**  
55 Pearl Street, New Britain  
**Mondays – Tuesdays – Thursdays**  
9:30 a.m. – 2:00 p.m.

**Featuring an elegant display of items for you to enjoy!**

*Proceeds benefit CCARC's Services for people with disabilities*  
*Accepting donations of new or gently used handbags, wallets, jewelry, fashion accessories*  
*and decorative household items.*

*Contact Susan Yeagle at 860-229-6665 [syeagle@ccarc.com](mailto:syeagle@ccarc.com)*

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## SENIOR CENTER MASKS FOR SALE AT FRONT DESK!

ONLY \$5.00 PER MASK

LIMITED QUANTITIES

Available for purchase at the front desk of the New Britain

Senior Center (55 Pearl Street, New Britain, CT).

ALL PROCEEDS GO TOWARDS SENIOR CENTER PROGRAMMING



## GOLDEN NOTES SUBSCRIPTIONS

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Make checks payable to the New Britain Senior Center

Return to:

**Golden Notes**

**New Britain Senior Center**

**55 Pearl Street**

**New Britain, CT 06051**

Annual Mailing Fee: \$6.00