



NEW BRITAIN SENIOR CENTER

55 PEARL ST. NEW BRITAIN, CT 06051

PHONE: 860.826.3553 | FAX: 860.826.3557

Golden Notes Newsletter

FEBRUARY 2018

HARDWARE CITY TRAVELERS PROGRAM—TRIPS NOW OFFERED!

Pasta & Shamrocks

Tuesday, March 20, 2018

Grand Oak Villa - Oakville, CT

Entertainment Includes:

Italian Singing Favorite – Aaron Caruso

Great Irish Music & Comedy of Jimmy Walsh

Dinner Includes:

Corned Beef & Cabbage and Chicken Parmesan

Cost: \$90 per person

Depart Time: 10:30am **Return Time:** 4:30pm

Deadline to Register: Tuesday, February 20, 2018

The Newport Playhouse

Thursday, April 5, 2018

“Exit Laughing”

Paul Elliott’s comedy “Exit Laughing” features three lifelong, bridge-playing friends in the South dealing with a crisis that turns humorously uplifting. They know how to push each others buttons but clearly are the happiest when they are with each other...

Cost: \$92 per person

Depart Time: 8:00am **Return Time:** 7:00pm

Deadline to Register: Monday, March 5, 2018

The Edwards Twins

Monday, May 21, 2018

At The Aqua Turf, Plantsville, CT

The number one impersonation act in the world. Their vocals and looks will amaze you. You will think you are seeing and hearing the real super stars right before your very eyes. **Family Style Menu & Dinner**

Cost: \$78 per person

Drive on your own—Arrive by 11:30am

556 Mulberry St, Plantsville, CT 06479

Deadline to Register: Friday, April 20, 2018

Luncheon Buffet Cruise

Sunday, June 10, 2018

Beauport Princess Cruiselines

Dine & Cruise aboard the Beauport Princess

Sights include: Ten Pound Island Lighthouse, Fisherman’s Statue, Hammond Castle, and more.

Cost: \$97 per person

Depart Time: 7:30am **Return Time:** 8:30pm

Deadline to Register: Thursday, May 10, 2018

For more information on the trips, please call the Senior Center at 860.826.3553

You can register for any trip during our working ours of 8:15a-4:00p, M-F

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Senior Center Staff and Basic Information

Rex Cone

Senior Center Director

John Coughlin

Community Support
Coordinator

Dennis Oakes

Transportation Coordinator/
Front Desk

Sean Hills

Senior Center Maintainer

Jorge Ledesma

Alex Molina

Julie Swan

Dial-A-Ride Drivers

Chris Kuzia

Exercise/ Dance Instructor

Ann Egan

Community Support

Aida Soto

Housekeeper

Jorge Cotto Hernandez

Groundskeeper

Location

New Britain Senior Center
55 Pearl Street
New Britain, CT 06051

Contact Information

Phone: 860.826.3553
Fax: 860.826.3557
Website: newbritainct.gov

Hours of Operation

Monday—Friday
8:15am to 4:00pm

Membership Information

Join Mon-Wed-Fri
1:00pm to 3:00pm

Membership Cost

Residents: \$3.00 for lifetime
membership!
Non-Residents: \$10.00 per year



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SENIOR CENTER BREAKFAST BAR

Early riser? Swing by the breakfast bar!
Stop in anytime after 8:15am for a bite.
Read the paper, do a crossword, or just shoot
the breeze.



Come down for the best prices in town!

BREAKFAST BAR INCLUDES:

Coffee	\$0.50	Juice	\$0.50
Tea	\$0.50	English Muffin	\$0.50
Hot Chocolate	\$0.50	Bagel	\$0.50
Toast	\$0.50		

LUNCH PROGRAM BY CW RESOURCES

Join us for Lunch! Meals are served from 12:00 to 1:00pm each weekday. Per CW Resources, there is a suggested donation of \$2.50. To reserve a meal, you must register at least one day in advance. The daily lunch menu is located on page 3 of the newsletter.



For New Participants—Call one day in advance to sign up. When you come for lunch, see MARIA in the cafeteria to fill out a registration form. Bon appetit!

**To reserve a lunch please call:
860.826.3553 Mon-Fri between 10 & 12pm**

CW Resources Senior Community Café

*High Salt

+High Sugar

++High Fat

February, 2018



1% or Skim milk provided

Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Orange Juice Eggplant Rolatini Ziti with Sauce Garden Salad Italian Dressing*	Vegetable Soup Unsalted Crackers White Fish Stew Harvest Rice Chuck Wagon Veggies
			Garlic Bread* Happy Birthday Birthday Cake+	Pumpernickel Bread Pineapple Chunks
			5	6
			Shepherds Pie Mixed Vegetables	Chicken Fajita with Peppers and Onions Rice with Black Beans Fiesta Corn
		7	8	9
		Cream of Broccoli Soup Unsalted Crackers Salmon Boat with Dill Sauce Buttered, Parslied Noodle Beets	Grape Juice Roast Beef Beef Gravy Stuffing Spinach	Apple Juice BBQ Pork Chop* Mashed Potato Carrots
	Fajita Day			
Dinner Roll	Tortilla	Rye Bread	12 Grain Bread	Oatmeal Bread
Grapes	Apple	Fresh Orange	Lemon Pudding	Ice Cream Cup+
12	13	Valentine's Special 14	15	Special Dessert 16
Sweet & Sour Meatballs Sesame Noodles Oriental Blend Veggies	Cranberry Juice Roast Pork Apples and Sauerkraut Harvest Rice Beets	Chicken Cordon Bleu Sweet Potatoes Buttered Peas	Pea Soup Unsalted Crackers Crab Cake Steak Fries Green Beans Tartar Sauce++	Cranberry Juice Chicken Cacciatore Brown Rice Scandinavian Vegetables
				
100% Whole Wheat	Rye Bread	Dinner Roll	Hamburger Bun	Potato Bread
Peaches	Peanut Butter Cookies	Valentine Treat	Fresh Orange	Apple Pie
19	20	21	22	23
President's Day	Grape Juice Lasagna Rolette Marinara Sauce Peas 3 Bean Salad	Italian Wedding Soup Unsalted Crackers Chicken Bruschetta Brown Rice Geneva Blend Veggies	Meatloaf Onion Gravy Buttered Noodles Broccoli	Orange Juice Turkey Pot Pie Diced Potatoes Garden Salad French Dressing*
	Italian Bread Pudding	100% W.W. Bread Peaches	Rye Bread Pineapple Chunks	Biscuit Oatmeal Raisin Cookies
Closed				
26	27	28		
Cranberry Juice Aloha Chicken with Pineapple Sauce Fried Rice Broccoli	Butternut Squash Soup Unsalted Crackers Philly Cheesesteak* Onions and Peppers Tater Tots	Apple Juice Roast Pork Sweet Potatoes Spinach		
Oatmeal Bread	Sub Roll	100% Whole Wheat		
Tapioca Pudding+	Fresh Orange	Oatmeal Raisin Crème Pie		

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LUNCH CARVING STATION

Compliments of CW Resources.

Carving station and menu includes:

Juice, Roast Pork (Sliced) Gravy, Sweet Potato

Spinach w/ Sauteed Onions, Dinner Roll

Ginterbread Cake w/ Topping & Milk

Wednesday, February 28—call ahead!



SENIOR CENTER GREEN HOUSE

The Senior Center Greenhouse is currently being constructed!

Looking for Volunteers

If you have a green thumb and would like to be involved in future planning please call the Senior Center and ask for Rex!



PROPERTY TAX RELIEF PROGRAM

The Senior Center is taking applications for the Homeowners and Additional Veterans Property Tax Relief Program. Persons 65 and older in the year discount on their property tax bills. Individuals earning less than \$35,300 and married couples earning less than \$43,000 during 2017 should consider applying for this benefit. These totals include Social Security benefits for last year. All income documents must be presented with each application, including the 2017, SSA1099 from Social Security. Those persons who were enrolled in past years will receive a letter from the City Tax Assessor if they must reapply during 2018. If a married couple wishes to apply for the benefit, it is only necessary for one of the spouses to have been over the age of 65 last year to be eligible for the program.

Call the Senior Center 860.826.3553 to make an appointment or if you have any questions!

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FITNESS & DANCE PROGRAMS



Line Dancing for Beginners—Massachusetts Room

Mondays and Tuesdays, 8:45-9:15am

Advanced Line Dancing—Massachusetts Room

Mondays, 10:00-11:00am & Tuesdays 10:30-11:15am

Square Dancing—Massachusetts Room

Fridays, 1:30-3:00pm

Ballroom Dancing with Live Music—Cafeteria

Wednesdays, 1:00-3:00pm



Chair Yoga—Massachusetts Room

Wednesdays, 9:30-10:30am

Sponsored by

Health Department

Zumba Gold—Massachusetts Room

Thursdays, 9:30-10:30am

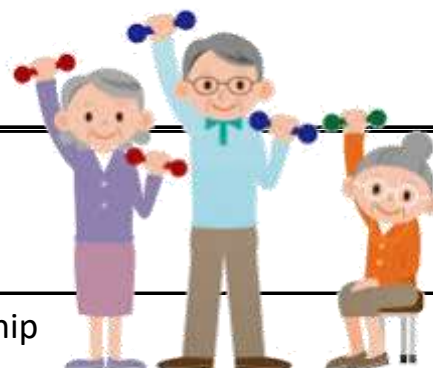
Sponsored by

Health Department



Fitness with Chris—Massachusetts Room

Mondays and Tuesdays, 9:15-10:00am



****NEW** Hot Steppers Walking Group**

Thursdays, 9:00-9:30am

All Programs are free with membership
For more info call 860.826.3553

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SOCIAL PROGRAMS

Seniors in Action Meeting—Vermont Room

Thursday, January 4 @ 9:30am

Bingo/ Movie or other activity to follow



Bingo—Cafeteria

Mondays, 12:45—3:00pm

Open Exercise Room—Elliptical & Treadmill Machines

Monday—Friday, 8:15—4:00pm

Adult Coloring—Art Room

Wednesdays & Fridays, 9:30—11:00am

Craft Group—Craft Room

Tuesdays and Thursdays, 9:15—11:30am & 1:00—3:30pm

Pinochle Group

Wednesdays, 9:30—11:30am & Thursdays, 12:30—3:30pm

Puzzles and More Puzzles—Library

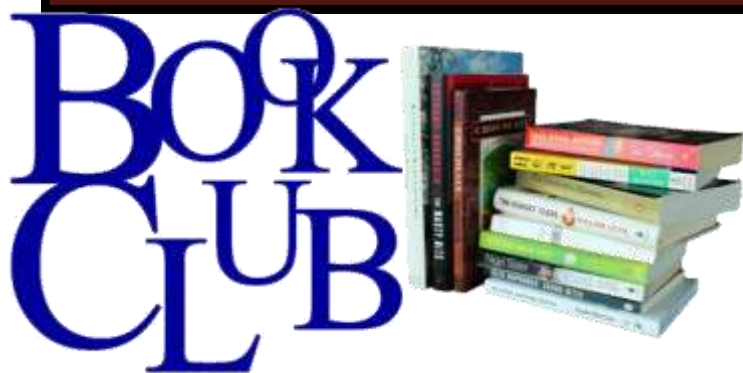
Any time Monday– Friday, 8:15—4:00pm



All Programs are free with membership
For more info call 860.826.3553

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BOOK & MOVIE CLUB



**Monthly Discussion Group
w/ NBPL Director, Pat Rutkowski
1:00pm—Senior Center Library**

Tuesday, February 20

Death at la Fenice:

A Commissario Brunetti Mystery
by Donna Leon

Tuesday, March 20

Hidden Figures:

The American Dream and the Untold
Story of the Black Women Mathemati-
cians who Helped Win the Space Race
by Margot Lee Shetterly

Tuesday, April 17

The Likeness

By Tana French

**Monthly Movie
w/ Popcorn Refreshments
12:30pm—Vermont Room**

Friday, February 16

The Founder

The true story of how Ray Kroc (Michael Keaton), a struggling salesman from Illi-
nois, met Mac (John Carroll Lynch) and
Dick McDonald (Nick Offerman), who
were running a burger operation in
1950s Southern California. Kroc was im-
pressed by the brothers' speedy system
of making the food and saw franchise
potential. Kroc soon maneuvers himself
into a position to be able to pull the
company from the brothers and create
a multi-billion dollar empire.

Contact Rex for Movie Suggestions!

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DIAL-A-RIDE SERVICE

Need a ride? We'll pick you up! At least a two day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 860.826.3555 for an appointment. There is a suggested donation of \$1.50 each way.



FAMILY FEUD presented by Autumn Lake

Autumn Lake Family Feud! Join us for some Family Feud after lunch on Tuesday, February 20th. Autumn Lake will be sponsoring the activity.

AARP SAFE DRIVERS TRAINING

No AARP DRIVER SAFETY IN FEBRUARY



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Free Tax Assistance thru AARP Tax Aide

Every Tuesday and Friday, February 2 through April 17

AARP Tax-Aide, a free program, provides income tax preparation assistance for low and middle-income taxpayers of all ages, with special attention to those 50 and older. It's free, it's easy. Here's all you need to do:

If married, both taxpayer and spouse must be present. Both signatures are required as well as photo identification.

Taxes are completed in one session, so taxpayers must bring with them all documentation necessary to complete their return:

Complete copy of last year's 2017 tax return.

Regardless of where it was prepared.

Social Security or Individual Taxpayer ID numbers for all household members

A personal check showing bank account and routing numbers (if direct deposit/withdrawal is requested).

All documents that relate to deductible expenses.

All 2017 income tax forms that have been received. This includes but may not be limited to:

- * SSA-1099, Social Security Benefit Statement
 - * 1099-R forms for pension, IRA and annuity
 - * 1099 forms, (1099-INT, 1099-DIV, 1099-B, 1099-MISC)
 - * W-2, Wage and Tax Statement forms
- * W-2G, Certain Gambling Winner forms

Documentation showing original cost of assets sold during 2017

Health Insurance: Individuals should bring in health insurance coverage information for themselves and dependents. Also, anyone who purchased Health Insurance through the Health Exchange must bring in form 1095-A and income information for dependents with a filing requirement. Anyone receiving form 1095-B or 1095-C should bring that in as well.

To schedule an appointment with a certified Tax-Aide counselor or to obtain information,

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	Time			Activity
MONDAY	8:15 AM	to	11:10 AM	Snack Bar Open
	8:45 AM	to	9:15 AM	Line Dancing for Beginners
	9:00 AM	to	11:30 AM	Exercise and Ping Pong
	9:15 AM	to	11:30 AM	Art Class Open
	9:15 AM	to	10:00 AM	Fitness w/ Chris
	10:00 AM	to	11:00 AM	Advanced Line Dancing
	12:45 AM	to	3:00 PM	Bingo
TUESDAY	8:15 AM	to	11:10 AM	Snack Bar Open
	8:45 AM	to	9:15 AM	Line Dancing for Beginners
	9:00 AM	to	11:30 AM	Exercise and Ping Pong
	9:15 AM	to	10:00 AM	Fitness w/ Chris
	9:15 AM	to	11:30 AM	Craft Group Meets
	10:30 AM	to	11:15 AM	Advanced Line Dancing
	12:30 PM	to	2:30 PM	Wii Bowling
	1:00 PM		3:30 PM	Craft Group Meets
WEDNESDAY	8:15 AM	to	11:10 AM	Snack Bar Open
	9:00 AM	to	11:30 AM	Exercise and Ping Pong
	9:30 AM	to	11:30 AM	Pinochle Club
	9:15 AM	to	11:30 AM	Art Class Open
	9:30 AM	to	10:30 AM	Chair Yoga Class
	9:30 AM	to	11:00 AM	Adult Coloring
	1:00 PM	to	3:00 PM	Ballroom Dancing
THURSDAY	8:15 AM	to	11:10 AM	Snack Bar Open
	9:00 AM	to	11:30 AM	Exercise and Ping Pong
	9:30 AM	to	10:30 AM	Zumba
	9:15 AM	to	11:30 AM	Craft Group Meets
	12:30 PM	to	3:30 PM	Pinochle Club
	1:00 PM	to	3:30 PM	Craft Group Meets
FRIDAY	8:15 AM	to	11:10 AM	Snack Bar Open
	9:00 AM	to	11:30 AM	Exercise and Ping Pong
	9:15 AM	to	11:30 AM	Art Class Open
	9:30 AM	to	11:00 AM	Adult Coloring
	1:30 PM	to	3:00 PM	Square Dancing
	12:30 PM	to	3:00 PM	Monthly Movie (Fourth Friday)

NEW BRITAIN
SENIOR CENTER
55 PEARL STREET
NEW BRITAIN, CT 06051

GOLD NOTES SUBSCRIPTIONS

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Make checks payable to the New Britain Senior Center

Return to:

**Golden Notes
New Britain Senior Center
55 Pearl Street
New Britain, CT 06051**

Annual Mailing Fee: \$6.00

