



GOLDEN NOTES



NEW BRITAIN SENIOR CENTER

55 PEARL STREET, NEW BRITAIN, CT 06051

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WEB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center, click on Golden Notes tab to find current issue of the monthly newsletter

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PROPERTY TAX RELIEF



The Senior Center is taking applications for the Homeowners, Additional Veterans and Freeze Property Tax Relief Program. Persons 65 and older in the year 2015 or those persons receiving Social Security Disability Benefits may be eligible for a discount on their property tax bills. Individuals earning less than \$35,200 and married couples earning less than \$42,900 during 2015 should consider applying for this benefit. These totals include Social Security benefits for last year. All income documents must be presented with each application.

Those persons who were enrolled in past years will receive a letter from the City Tax Assessor if they must reapply during 2016. If a married couple wishes to apply for the benefit, it is only necessary for one of the spouses to have been over 65 years of age in 2014 to be eligible for the program.

Call the Senior Center (860) 826-3553 if you wish to make an appointment or if you have any questions.

Book Group Meeting

The Public Library – Senior Center Book Group will be meeting at 1:00 PM on Tuesday, March 15, 2016 here at the Center. The book read for this month is *Thunderstruck* by Eric Larson. The story of two men- Hawley Crippen, a very unlikely murder, and Guglielmo Marconi, the obsessive creator of a seemingly supernatural means of communication – whose lives intersect during one of the greatest criminal chases of all times. Join us for a discussion of this wonderfully written book.

Tax Assistance Offered through AARP Tax-Aid Program

AARP Foundation Tax Aid offers free tax assistance to middle and low income taxpayers through April 15th. Special attention is given to those 60 years and older. Here's all you need to do.

If married, both husband and wife should be present during the tax counseling session. Both signatures are required.

Taxes are completed in one session, so tax payers must bring all required documentation necessary to complete their return:

Complete copy of last year's 2014 Tax Return

Social Security or Individual Taxpayer ID numbers and personal identification

A personal check showing bank account and routing numbers

All documents that relate to deductible expenses

All received 2015 income tax forms received, including:

SSA 1099 Social Security Benefit Statement

1099 forms

W-2 Wage and Tax Statement

W-2G Certain Gambling Winner forms

Documentation showing original cost of assets sold during 2014

New this year: Individuals should bring in health insurance coverage information for themselves and dependents Also, Anyone who purchased Health Insurance through the Health Exchange must bring in form 1095-A and income information for dependents with a filing requirement. Anyone receiving form 1095-B or 1095 – C should bring that in as well.

Appointments are required and can be made by calling the Senior Center 860 826-3553.

FREE DENTAL EXAMS



The Community Health Center will be coming to the Senior Center again the week of April 11th, 2016 to provide free exams and cleaning to seniors without Dental insurance. Community Health Center will be sending a representative to the Senior Center March 7th and 22nd from 8:30am – 1:00pm to schedule appointments. They will be available at this time to help you fill out paperwork and answer questions you may have. All New Britain Seniors with no Health Insurance can make an appointment. Please come to the Senior Center on one of these two days or call on one of these two days with your questions!!!

Anthem Blue Cross and Blue Shield

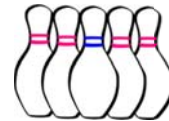
Do you have Medicare and Extra Help from the State of CT? If you answered yes, attend to the Anthem Blue Cross and Blue Shield meeting on Monday, March 28th at 10:00 AM to learn about a plan that might be right for you!

Friday at the Movies

THE BUTLER
Friday, March 18th at 12:45 PM

Staring Forest Whitaker, Oprah Winfrey, John Cusack, Jane Fonda and others.
Inspired by a true story, Academy Award winner Forest Whitaker stars as Cecil Gains, the devoted husband, father and White House butler who served seven presidents during the most tumultuous and defining moments of the 20th century.

Wii Bowling Is Back



Join us for this fun game – new bowlers or members of our team – save the date ---
March 25th at 12:30. New bowlers will be able to practice, return members can brush up.
All are welcome!

Music Program
Monday, March 21, 2016

Plan on coming to lunch a little early on March 21st because Ed and Christine will be performing a music program starting at 11:15 am. Enjoy some entertainment and fun music before lunch.

SAVE THE DATES FOR APRIL PROGRAMS

April 7th –WHEEL OF FORTUNE” Oral Health Presentation

Would you like to learn more about oral health? Join an interdisciplinary team of health professions students enrolled in UConn’s Urban Service Track on April 7 at 1PM to discuss the roles of nutrition, medication, and proper oral hygiene in oral health and wellness. Take a chance and spin the Smiling Seniors “Wheel of Fortune” to show off how much you’ve learned! Topics addressed will include: tooth decay and gum disease, denture care, diabetes and oral health, oral hygiene tools and arthritis, dry mouth, nutrition, and exercise. All seniors will leave with an oral hygiene goodie bag!

April 3, 2016 TRIAD PANCAKE BREAKFAST –Tickets available at the front desk

April 21st TRIAD Annual Senior Prom Luau – Tickets available at the front desk

DAILY CALENDAR OF ACTIVITIES
February 2016

Monday

8:15 am to 11:10 am– Snack bar open
8:45 am to 9:15am. – Beginners Line Dancing
9:00 am to 11:30 am Exercise/Table tennis open
9:15 am to 10:00 am – Art class open
9:15 am to 10:00 am – Exercise Class with Chris
10:00 am to 11:00 am – Line dancing class
12:45am to 3:00 pm - Bingo

Tuesday

8:15 am to 11:00 am. – Snack Bar open
8:45 am to 9:15 am - - Beginners Line Dancing
9:00 am to 11:30 am Exercise/Table tennis open
9:15 am to 10:15 am – Exercise Class with Chris
9:15 am to 1:30 pm – Craft group meets
10:30 am to 11:15 am – Line dancing with Chris
1:00 pm to 3:30 pm – Craft group meets
Wii Bowling will resume during the Spring

Wednesday

8:15 am to 11:00 am – Snack bar open
9:00 am to 11:30 am Exercise/Table tennis open
9:30 am to 11:30 am – Pinochle Club
9:15 am to 11:30 am – Art Class open
1:00 pm to 3:00 pm – Ballroom Dancing

Thursday

8:15 am to 11:00 am – Snack bar open
9:00 am to 11:30 am Exercise/Table tennis open
9:30 am to 10:30 am –ZUMBA with Amy
9:15 am to 11:30 am – Craft Group meets
1:00 pm to 3:30 pm – Pinochle Club
1:00 pm to 3:30 pm – Craft group meets

Friday

8:15 am to 11:00 am – Snack bar open
9:00 am to 11:30 am Exercise/Table tennis open
9:15 am to 11:30 am – Art class open
1:30 pm to 3:30 pm Square Dancing
12:45 pm Monthly movie (Usually the 3rd Friday of each month)

SERVICES BY APPOINTMENT

DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. There is a suggested donation of \$1.50 each way.

MEDICARE/MEDICAL INSURANCE INFORMATION

Persons seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK

From the Nursing Desk: SAVE THE DATE

The Community Health Center will be coming to the Senior Center again the week of April 11th, 2016 to provide free exams and cleaning to seniors without Dental insurance. Community Health Center will be sending a representative to the Senior Center March 7th and 22nd from 8:30 – 1:00pm to schedule appointments. They will be available at this time to help you fill out paperwork and answer questions you may have. All New Britain Seniors with no Health Insurance are can make an appointment. Please come to the Senior Center on one of these two says or call on one of these two days with your questions!!!

GOLDEN NOTES SUBSCRIPTIONS

NAME _____ DATE _____
 STREET _____
 ADDRESS _____

 CITY _____ STATE _____ ZIP _____
 CODE _____
 HOME PHONE # _____ CELL PHONE _____
 # _____

Make checks payable to: NEW BRITAIN SENIOR CENTER

Return to:

GOLDEN NOTES

New Britain Senior Center

55 Pearl Street

New Britain, CT 06051

Annual Fee: \$6.00 non refundable

Cash _____ Check _____

New Subscription _____ Renewal _____

New Britain Parks, Recreation & Community Services Department

Bus Trips

Statue of Liberty

Ellis Island & Times Square SHARED TRIP

Sunday, April 2, 2016

Trip Content:

See Lady Liberty in New York Harbor and pay a visit to the Ellis Island Museum. Trip includes tour director, RT transportation, round trip ferry to and from Liberty and Ellis Islands, and leisure time in Times Square. (This trip does not include access to the Statue of Liberty crown)

Registration deadline 03/04/2016

Fee: \$89.00 per person Activity #: 1105-1

9/11 Memorial & Museum

and One World Observatory SHARED TRIP

Saturday, April 16, 2016

Trip Content:

“Never forget” was the heartfelt refrain after the World Trade Center attacks on September 11, 2001. Now, 14 years later, the National September 11 Memorial and Museum is open, to memorialize those who lost their lives -- and to ensure, once again, that the world will “never forget.” One World Observatory is located at One World Trade Center, at the top of the tallest building in the Western Hemisphere. On the 100th floor of the Observatory, also known as the Discovery Level, Guests experience expansive, 360-degree views in all directions, taking in the iconic sights, surrounding waters and panoramic views of the city and beyond.

Registration deadline 03/18/2016

Fee: \$129.00 per person Activity# 1106-1

THE REGISTRATION DEADLINE FOR SHARED TRIPS

IS ONE MONTH PRIOR: Shared bus trips are offered to several communities, exact departure times are dependent upon towns attending. Departure times for most shared bus trips are between 6:00am and 9:00am; Most trips depart from the commuter parking lot across from the New Britain Target store located at 475 Hartford Road, New Britain. Participants are notified via letter of exact departure times/location at least two weeks prior to trip. Participants must be over the age of 18 or accompanied by an adult.

Call The Benefits Are Endless....Info Line at

(860) 826-3360

March Calendar

March 2016						
◀ February						April ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Comm. Health Center 8:30 to 1:00pm	8	9	10	11	12
13	14	15 Book Group 1:00 PM	16	17	18 Movie 1:00 PM	19
20	21 Music Program 11:15 am	22 Comm. Health Center 8:30 to 1:00pm	23	24	25 Good Friday Center Closed	26
27	28	29	30	31	Notes:	