

# Golden Notes



**NEW BRITAIN SENIOR CENTER**  
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WEB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center to find the current issue of the monthly newsletter

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## **Urban Oakes Organic Farm is Coming!!!**

Starting on Wednesday, June 4, 2014, the Urban Oakes Organic Farm will be visiting the Senior Center throughout the summer months and will be offering fresh organically CT grown veggies fruits and produce for sale. The mobile farmers market will be at the senior center parking lot at 12:30 pm and will stay until 2:30 pm each week. The farm accepts WIC, SNAP & FMNP as well as other forms of payment. Hope you will plan on stopping by and take advantage of this convenient opportunity to purchase great fresh produce.

## **New Britain TRIAD Plan Your Future**

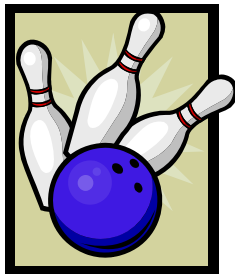
New Britain TRIAD program will be sponsoring a monthly informational series here at the senior center. TRIAD will offer a variety of topics that are important to seniors residing in the community. The next presentation will take place on Tuesday, June 10<sup>th</sup> starting at 8:30 am and running until approximately 9:30 am. This talk is sponsored by New Britain Memorial Sagarino Funeral Home. No one wants to talk about this subject but planning is the key to the wellbeing of family and yourself. Whether you're making final arrangements for yourself or a loved one, talking with a planner is a smart choice. Learn how to insure your wishes are known and respected. RSVP is mandatory. Seating is limited. Call or contact Wendy Mutter 860 225-8608 or email: [Andrewhouse\\_admissions@regencyhc.com](mailto:Andrewhouse_admissions@regencyhc.com)

A complimentary continental breakfast will be served.

### **Book Group Meeting**

The senior center/public library book group will be meeting at 1:00 pm on Tuesday, June 17<sup>th</sup> here at the senior center. The June read is Grand Central: how a train station transformed America written by Sam Roberts.

So get reading and join us on the third Tuesday on each month (except during July and August).



### **Bowling Update**

The senior center's Wii bowling team, "the Wild Turkeys" finished off the season with high scores and lots of laughs. Judy, Ted, Pat and John were top of the list, but the rest of the team truly enjoyed our time together. Recently, the Turkeys traveled to Franklin Square Manor for a joint bowling tourney. All the bowlers exceeded their usual game scores and enjoyed a tasty lunch.

We are all looking forward to September and the start up of another bowling season.

FRIDAY at the MOVIES

Miss Congeniality

Friday, June 20<sup>th</sup> at 12:45 pm



Staring Sandra Bullock, Michael Caine, Benjamin Bratt and Candice Bergen.

Sandra Bullock stars as an operative posing as a pageant contestant in order to ferret out a terrorist targeting the event.

Hope you will join us for this entertaining film.

**SERVICES BY APPOINTMENT**

**DIAL-A-RIDE**

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. **There is a suggested donation of \$1.50 each way.**

**MEDICARE/MEDICAL INSURANCE INFORMATION**

Persons seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

**FROM THE NURSING DESK**

On most occasions, the Public Health Department is able to schedule a nurse during the morning hours each day here at the senior center. The nurse is available to provide basic services and to answer any questions seniors may have. . Persons wishing to see the nurse for any reason should call the Senior Center during the morning hours to see if a Health Department nurse is available on the day you wish to come.

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**GOLDEN NOTES SUBSCRIPTIONS**

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

**STREET ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE, ZIP** \_\_\_\_\_

**CODE** \_\_\_\_\_

**PHONE #** \_\_\_\_\_

**Make checks payable to: NEW BRITAIN SENIOR CENTER**

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New Britain Senior Center  
55 Pearl Street  
New Britain, CT 06051

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