

NEW BRITAIN SENIOR CENTERMICHAEL KARWAN, DIRECTOR

55 PEARL STREETNEW BRITAIN, CT 06051

PHONE: 860-826-3553 FAX: 860-826-3557

WEB ACCESS: http://www.newbritainct.gov_Go to Documents and click on Senior Center to

find the current issue of the monthly newsletter

.-----

VOL XLIII NO.VII February 2014

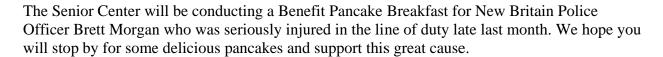


OFFICER BRETT MORGAN

BENEFIT PANCAKE BREAKFAST

FIRDAY, FEBRUARY 7, 2014

7:00 AM TO 10:00 AM



A donation of \$4.00 is appreciated and ALL PROCEEDS WILL GO TO OFFICER MORGAN.



Book Group Meeting

The Public Library and Senior Center Book Group will be meeting on Tuesday, February 18th at 1:00 PM. The book read for this month is

Jefferson by Jon Meacham

and

March 18, 2014 - <u>Dogs of Babel</u> by Carolyn Parkhurst All are welcome so we hope you will join us on the third Tuesday of each month



PROPERTY TAX RELIEF

The Senior Center is taking applications for the HOMEOWNERS, Additional Veterans and FREEZE Property Tax Relief Programs. Persons 65 and older in year 2013 or who receive Social Security Disability Benefits are eligible for a discount on their property taxes. Individuals earning less than \$34,100 and married couples earning less than \$41,600 during 2013 may be eligible for the discount. Homeowner income levels include 2012 social security benefits. Those persons who have received benefits under the old FREEZE program are eligible to maintain their property tax relief if their income, excluding social security, was less than \$6,000. Those persons who have been enrolled in either program during the past years will receive a letter from the City Tax Assessor If they must reapply during 2014. If a married couple wishes to apply for the benefit, it is only necessary for one of the spouses to have been over 65 years of age in 2013 to be eligible for the program. Call the Senior Center (860) 826-3553) if you wish to make an appointment or if you have any

AARP Income Tax Assistance

AARP Tax Assistance, a free program, provides income tax preparation assistance for low and middle income taxpayers of all ages, with special attention to those 60 and older. Appointments will be scheduled on Tuesdays and Fridays starting on February 4, 2014. Here's what you need to do:

- If married, both spouses should be present during the income tax session. Both signatures are required.
- Taxes are completed in one session, so you must bring with you all documents necessary to complete your returns.
- Complete copy of last years 2012 tax return.

questions.

- Social Security or individual Taxpayer ID number for household members and personal identification.
- A personal check showing bank account and routing numbers if direct/withdrawl is requested.
- All documents that relate to deductible expenses.
- All 2013 income tax forms that you have received including:
- SSA 1099, Social Security Benefit Statement
- 1099 forms (1099-int, 1099 DIV, 1099-R, 1099-B, 1099 MISC).
- W-2 Wage and Tax Statement forms.
- W-2 Certain Gambling Winner Forms.
- Documents showing original cost and assets sold during 2013.

Persons who do not itemize may want to bring their Property Tax Bill for credit on CT income tax. If you have a mortgage you may receive a form 1098 Mortgage and Interest Statement which reports property taxes.

To schedule an appointmet call the New Britain Senior Center at (860) 826-3553.

Attention Home Owners: Need a Helping Hand?



Do you have home repairs, maintenance or yard work that needs to get done, but just can't find a way? **Rebuilding Together New Britain** can help. Rebuilding Together is the nation's largest volunteer based provider of home repair services. Our goal is to assist low-income homeowners with repairs and

improvements that they cannot manage on their own because of physical and/or financial limitations. Repais are completed by community volunteers at no cost to selected homeowners. Typical services range from yard work and general cleaning to light carpentry, electrical and plumbing repairs, as well as installing grab bars and other simple modifications. We are neighbors helping neighbors, one house at a time.

Rebuilding Together New Britain currently has room for a few more projects for the next scheduled Rebuilding Day Event, to be held during April, 2014. Applications are availabe at the Senior Center or by calling the Rebuilding Together office at (860) 832-4389. If you have any questions about the program call Kathi Brummett at the Rebuilding Together number listed above.



Financial Well-Being

Managing your finances can sometimes be so complicated that it feel overwhelming. As we go through various stages of our lives, we all may have different financial concerns. On Tuesday, February 11th at 10:00 AM, Fr. Kapriel Mouradjian from the Substance Abuse Council of Central Connecticut will be at the Senior Center to discuss this very important issue. Learn how you can best manage your finances in order to make the most of your money resources.

Cholesterol Screening

The Nursing Department will be providing a free Cholesterol screening on February 19th from 9:15 to 11:45 AM. Appointments are required; please call the senior center to make an appointment.

SERVICES BY APPOINTMENT DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. There is a suggested donation of \$1.50 each way.

MEDICARE/MEDICAL INSURANCE INFORMATION

Person seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK

The Nursing Department will be providing a free Cholesterol screening on February 19th from 9:15 to 11:45 AM. Appointments are required; please call the senior center to make an appointment.

On most occasions, the Public Health Department is able to schedule a nurse during the morning hours each day here at the senior center. The nurse is available to provide basic services ant to answer any questions seniors may have. Persons wishing to see the nurse for any reason should call the Senior Center during the morning hours to see if a Health Department nurse is available on the day you wish to come.

GOLDEN NOTES SUBSCRIPTIONS	
NAME	DATE
STREET	
ADDRESS	
CITYSTATE,	ZIP CODE
PHONE #	
Make checks payable to: NEW BRITAIN SE	ENIOR CENTER
Return to: GOLDEN NOTES	Annual Fee: \$6.00 non refundable
New Britain Senior Center	CashCheck
55 Pearl Street	New Subscription
New Britain, CT 06051	Renewal

Suggestion Box

We are always looking for ways to improve the services here at the senior center. Have a new idea? Something on your mind? Please drop off your suggestions in the suggestion box located at the <u>snack bar</u>. If you need an answer to a question, please leave a name and number. Suggestions will be reviewed every Friday.



FRIDAY at the MOVIES

Casablanca

February 28th at 12:45 PM Set in unoccupied Africa during the early days of World War II: An American expatriate meets a former lover, with unforeseen complications. Staring Humphrey Bogart and Ingrid Bergman.

Supplemental Nutrition Assistance Program SNAP

On Monday, February 10^o 2014, Outreach Specialist from the Supplemental Nutrition Assistance Program will be at the senior center to talk about the SNAP Program. SNAP might be remembered at the old Food Stamp Program which has now been renamed. The program will start at 10:00 am and will cover topics such as eligibility, pre screening and a question/answer session. This is a great opportunity for those persons who may need assistance with the cost of food items, so plan on attending this informative presentation.

Social Worker Intern Chris

2014 January-May Hours Monday, Tuesday, and Friday 9:00 AM- 2:00 PM



February 21st

Cooking with Chris is back! If you didn't get a chance to participate last time, here is your chance!

All Food will be donated. Make sure you sign up at the front desk or call the center.

We are working on a "New Britain Senior Center Cookbook." Please submit your recipes! Give to Chris or leave in the suggestion box on the snack bar!

February 4th
Explore Germany with Chris
10:00 AM

Join Chris as she talks about her recent trip to Germany! Pictures, video clips, and German Treats! Coffee provided!



Dent February 14

Flowers and candy will be on sale in the dining room from 10AM-12PM
Stop by and get you sweetheart, friend, or relative a special treat!
If anyone would like to help Chris set up and sell the items,
please leave your name and number at the front desk!
Candy =\$1 flowers=\$1

<u>4.4</u>

<u>N</u> <u>N</u>