

# Golden Notes

**NEW BRITAIN SENIOR CENTER** MICHAEL KARWAN, DIRECTOR  
55 PEARL STREET NEW BRITAIN, CT 06051  
PHONE: 860-826-3553  
FAX: 860-826-3557  
WEB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center to find the current issue of the monthly newsletter



VOL XLIII NO.VV

December 2013

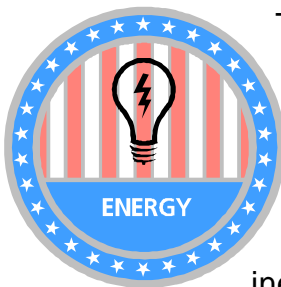


## **HOLIDAY BAZAAR FRIDAY, DECEMBER 6, 2013**

The Senior Center's Annual Holiday Bazaar will be held on Friday, December 6<sup>th</sup> from 9:30 am to 1:30 pm. This year's Bazaar will feature great holiday crafts, baked goods and friendship.. Lunch will be available for purchase and we hope you will join us.

**Enjoy the Holidays, stay safe and good health to all our friends!**

### **ENERGY ASSISTANCE**



The Senior Center in cooperation with the New Britain Resource Agency, is taking appointments for the state of Connecticut's Energy Assistance Program. Proof of all income from the month prior to applying must be available. This includes all pages of the latest bank statement on a checking or saving account. Copies of oil, gas or electric bills, a rent receipt or a property tax bill are also required. You may have up to \$10,000.00 in assets as a home owner and \$7,000.00 in assets as a renter to qualify. If you were ineligible in the past years, this may be the year to reapply for energy assistance.

Call the Senior Center for an appointment or contact HRA at 860-223-2288 for more information. Appointments at the Senior Center are on Tuesdays and Thursdays only.



### **Book Group Meeting**

The Public Library and Senior Center Book Group will be meeting on Tuesday, December 17<sup>th</sup> at 1:00 PM. The book read for this month is Devil in the White City by Eric Larsen.

January 21, 2014 - Great Gatsby by F. Scott Fitzgerald

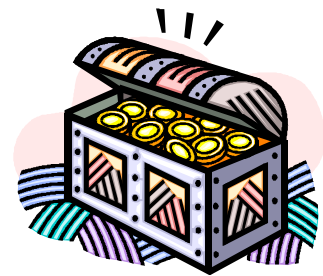
February 18, 2014 - Jefferson by Jon Meacham

March 18, 2014 - Dogs of Babel by Carolyn Parkhurst

All are welcome so we hope you will join us on the third Tuesday of each month.

### **Financial Well-Being**

Managing your finances can sometimes be so complicated that it feels overwhelming. As people move through different stages of their lives, all of us may have different financial concerns. On Tuesday, December 10<sup>th</sup> at 10:00 AM, Fr. Kapriel Mouradjian from the Substance Abuse Action Council of Central Connecticut will be at the senior center to discuss this very important topic. Learn how you can best manage your finances in order to make the most of your money resources.



### **Dream Class Meeting**

The monthly meeting of the dream discussion group will be held on Wednesday, December 11<sup>th</sup> at 10:00 am.

**SERVICES BY APPOINTMENT**

**DIAL-A-RIDE**

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. **There is a suggested donation of \$1.50 each way.**

**MEDICARE/MEDICAL INSURANCE INFORMATION**

Person seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

**FROM THE NURSING DESK**

The nursing staff at the Senior Center would like to wish all a very happy and joyous Holiday season.

On most occasions, the Public Health Department is able to schedule a nurse during the morning hours each day here at the senior center. The nurse is available to provide basic services and to answer any questions seniors may have. . Persons wishing to see the nurse for any reason should call the Senior Center during the morning hours to see if a Health Department nurse is available on the day you wish to come.

.....  
**GOLDEN NOTES SUBSCRIPTIONS**

NAME \_\_\_\_\_ DATE \_\_\_\_\_  
STREET \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE, ZIP CODE \_\_\_\_\_  
PHONE # \_\_\_\_\_

Make checks payable to: **NEW BRITAIN SENIOR CENTER**  
Return to: **GOLDEN NOTES** Annual Fee: \$6.00 non refundable  
New Britain Senior Center Cash \_\_\_\_\_ Check \_\_\_\_\_  
55 Pearl Street New Subscription \_\_\_\_\_  
New Britain, CT 06051 Renewal \_\_\_\_\_

### **Social Work Intern**

Christine is a Social Work Graduate student from the University of Connecticut School Of Social Work and she will be here at the senior center until April of 2014. Christine will be here on Mondays, Tuesdays and Thursdays from 9:00 am to 1:00 pm and on Fridays from 9:00 am to 11:45 am. Christine is available to meet with seniors and help us with any issues or problems that may be troublesome. During her placement here at the senior center, Christine will be conducting several groups that will focus on issues facing seniors.

### **Current Events Group**

Mondays  
December 2, 9, 16, 23, 30  
11:00-12:00

Keep in touch with the latest news. All who are interested in current local, national, and international news are invited to join for an informative discussion.

### **New Year Resolutions**

Tuesdays  
December 3, 10, 17, 31,  
1:00-2:00 PM

### **Suggestion Box**

We are always looking for ways to improve the services here at the senior center. Have a new idea? Something on your mind? Please drop off your suggestions in the suggestion box located at the snack bar. If you need an answer to a question, please leave a name and number. Suggestions will be reviewed every Friday.

