

Golden Notes

NEW BRITAIN SENIOR CENTER

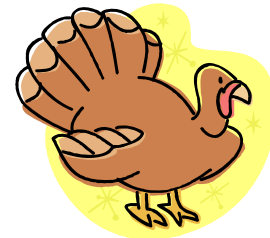
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WEB ACCESS: <http://www.newbritainct.gov> Go to Documents and click on Senior Center to find the current issue of the monthly newsletter



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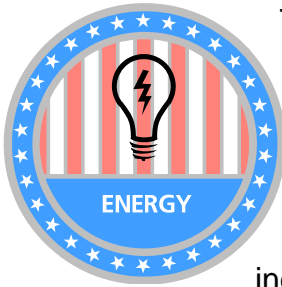
HOLIDAY BAZAAR FRIDAY, DECEMBER 6, 2013 (SAVE THE DATE)

The Senior Center's Annual Holiday Bazaar will be held on Friday, December 6th from 9:30 am to 1:30 pm. This year's Bazaar will feature great holiday crafts, baked goods and friendship. At this point, the Senior Center is asking for donations to help support our Bazaar. Specifically, we are asking for donations such as gift baskets, raffle prizes baked goods and your attendance. All donations are welcome but we are asking folks not to donate items that have had some use. Lunch will be available for purchase and we hope you will join us.

Dream Class Meeting

The monthly meeting of the Dream Class will be held on Wednesday, November 6th starting at 10:00 am. Hope you will stop by and check it out.

ENERGY ASSISTANCE



The Senior Center in cooperation with the New Britain Resource Agency, is taking appointments for the state of Connecticut's Energy Assistance Program. Proof of all income from the month prior to applying must be available. This includes all pages of the latest bank statement on a checking or saving account. Copies of oil, gas or electric bills, a rent receipt or a property tax bill are also required. You may have up to \$10,000.00 in assets as a home owner and \$7,000.00 in assets as a renter to qualify. If you were ineligible in the past years, this may be the year to reapply for energy assistance.

Call the Senior Center for an appointment or contact HRA at 860-223-2288 for more information. Appointments at the Senior Center are on Tuesdays and Thursdays only.

Book Group Meeting

The Public Library and Senior Center Book Group will be meeting on Tuesday, November 19th at 1:00 PM. The book read for this month is Faithful Place by Tana French. All are welcome so we hope you will join us on the third Tuesday of each month.

December 17th – Devil in the White City by Eric Larsen

January 21, 2014 - Great Gatsby by F. Scott Fitzgerald

February 18, 2014 – Jefferson by Jon Meacham

March 18, 2014 - Dogs of Babel by Carolyn Parkhurst



AARP DRIVERS COURSE

AARP will be conducting a safe driver's course on Thursday, November 21, 2013 starting at 8:45 and going to 12:15 pm. The cost for the program is \$12.00 for AARP members and \$14.00 for non members. Please sign up at the front desk.

SERVICES BY APPOINTMENT

DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. **There is a suggested donation of \$1.50 each way.**

MEDICARE/MEDICAL INSURANCE INFORMATION

Person seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK

Due to unforeseen circumstances, the Nurse from the New Britain Health Department will be available on a limited schedule for the next several weeks. Persons wishing to see the nurse for any reason should call the Senior Center during the morning hours to see if a Health Department nurse is available. We hope this interruption is for a short duration and we appreciate your patience with this matter.

Arbor Rose at Jerome Home, along with the Senior Center’s Nursing service, will offer complimentary memory screenings on Wednesday, November 6, 2013 from 9:30 to 11:30 am. Memory screenings are simple: they average ten minutes, and consist of questions and tasks to assess memory. The screening does not diagnose any illness, but can indicate whether someone should follow up with a full medical exam. Please schedule an appointment with the New Britain Senior Center by calling 860 826-3553.

GOLDEN NOTES SUBSCRIPTIONS

NAME _____ DATE _____
STREET _____
ADDRESS _____
CITY _____ STATE, ZIP CODE _____
PHONE # _____

Make checks payable to: NEW BRITAIN SENIOR CENTER

Return to: GOLDEN NOTES
New Britain Senior Center
55 Pearl Street
New Britain, CT 06051

Annual Fee: \$6.00 non refundable
Cash _____ Check _____
New Subscription _____
Renewal _____

Social Work Intern

Christine is a Social Work Graduate student from the University of Connecticut School Of Social Work and she will be here at the senior center until April of 2014. Christine will be here on Mondays, Tuesdays and Thursdays from 9:00 am to 1:00 pm and on Fridays from 9:00 am to 11:45 am. Christine is available to meet with seniors and help us with any issues or problems that may be troublesome. During her placement here at the senior center, Christine will be conducting several groups that will focus on issues facing seniors.

Join the Club and Reminisce with Chris

Starting on November 5, 2013 and going to January 7, 2014, Christine will be conducting a Reminiscing group meeting on Tuesday 12:45-1:45 here at the senior center. Some of the topics the group may talk about may include:

Where did you grow up?

What was your favorite candy as a child?

Tell me about your wedding day...

Space is limited. Sign up at the front desk.

Memory Screening

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Veterans Fund Raiser

On Sunday, November 10, 2013, the New Britain Marine Group will be holding a Pancake Breakfast fund raiser from 8:00 am to 12 noon here at the senior center. All proceeds from the breakfast will go to purchasing and mailing care packages to active duty military personnel serving around the world. This is a great program and we hope you will stop by and enjoy a delicious breakfast and support this wonderful program.

Attention New Britain Homeowners: Need a Helping Hand?

Do you have home repairs, maintenance or yard work that you, or someone you know could use some help with?
Contact Rebuilding Together New Britain, at (860) 832-4389.

Rebuilding Together is the nation's largest volunteer-based provider of home repair services. Our goal is to assist low-income homeowners with repairs and improvements that they are unable to take care of on their own, due to physical and /or financial limitations. These repairs are done by community volunteers, *at no cost to selected homeowners.*

Typical services range from yard work and general cleaning, to light carpentry, electrical and plumbing repairs, as well as installation of grab bars and other simple modifications designed to allow senior to age safely in place. We are neighbors helping neighbors, one home at a time.

Rebuilding Together New Britain currently is accepting applications for our Rebuilding Day event. Applications may be obtained at the reception desk in the Senior Center or by calling the Rebuilding Together office. **Deadline is 11/30/13**
If you have any questions about the application or our program, please contact Kathi Brummett at Rebuilding Together New Britain, (860) 832-4389.

