

# Golden Notes

## NEW BRITAIN SENIOR CENTER

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NEW WEB ACCESS <http://www.newbritainct.gov> - Go to Documents and click on Senior Center.

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### Golden Notes Web Access

Please note that the City of New Britain's Web Site is currently undergoing some changes and so access to our monthly newsletter will temporarily be suspended. We are hopeful to have the newsletter available on line in the near future so please be patient and we will keep you informed about the status of things.



### Book Group

The New Britain Public Library/Senior Center book group will be meeting on Tuesday, June 18, 2013 at 1:00 pm here at the senior center. The book read for June is *The Great Bridge* by David McCullough. This is the epic story of the building of the Brooklyn Bridge. Hope you will get reading and join us.

### Wii Bowling Update

Our "Wild Turkeys" Wii Bowling Team closes out their season with many fond memories. Ted Z. had three 300 games, Judy K., had two. Several other bowlers have matched their high accomplishments, earning scores in the high 200's. Recently our bowlers entertained a team from Franklin Square Manor and will finish out the season with a trip to Village Gate. All members are looking forward to more fun and competition next September when we start up again. Hope you will join us.

**SERVICES BY APPOINTMENT**

**DIAL-A-RIDE**

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. **There is a suggested donation of \$1.50 each way.**

**MEDICARE/MEDICAL INSURANCE INFORMATION**

Person seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

**FROM THE NURSING DESK**

: Happy Fathers Day to all the fathers out there, from the nurses. On June 19<sup>th</sup>, 2013 from 9:30 – 11:30 we will be doing cholesterol screenings in the nurse’s office. Please call and sign up. You can make your appointment Monday thru Fridays 8:30 am to 11:30 by calling 860-826-3553 and asking to speak with the nurse.

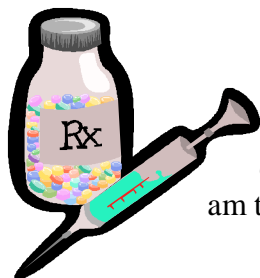
The Nurse from the New Britain Health Department is available on MOST days to meet with members and evaluate/discuss health related issues. Blood pressures and some other screening are available so keep this great resource in mind and stop by and talk to our nurses.

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**GOLDEN NOTES SUBSCRIPTIONS**

NAME \_\_\_\_\_ DATE \_\_\_\_\_  
STREET \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE, ZIP CODE \_\_\_\_\_  
PHONE # \_\_\_\_\_

Make checks payable to: **NEW BRITAIN SENIOR CENTER**  
Return to: **GOLDEN NOTES** Annual Fee: \$6.00 non refundable  
New Britain Senior Center Cash\_\_\_\_Check\_\_\_\_  
55 Pearl Street New Subscription\_\_\_\_  
New Britain, CT 06051 Renewal\_\_\_\_\_

## Cholesterol Screening



On June 19<sup>th</sup>, 2013 from 9:30 – 11:30 the Health Department Nursing Service will be doing cholesterol screenings in the nurse's office. Please call and sign up. You can make your appointment Monday thru Fridays 8:30 am to 11:30 by calling 860-826-3553 and asking to speak with the nurse.

## Stanley Senior's Casino Trips Mohegan Sun

Tuesday, June 11, 2013

Tuesday, July 9, 2013

Tuesday, August 13, 2013

Call Elda Spacznski (860) 229-2502

Or

Richard Maccetto (860) 223-9144



## Jersey Dreamers Day Trip

Tuesday, August 13, 2013

This day trip features music provided by the Jersey Dreamers All Star Band, a great new array of delicious foods provided by the Brownstone, transportation and many other features. The cost is \$72.00 per person and includes all expenses. Call Richard Macchietto (860) 223-9144 for more information.