

Golden Notes

NEW BRITAIN SENIOR CENTER

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NEW WEB ACCESS

<http://www.newbritainct.gov> - Go to Documents and click on Senior Center.

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MAY 2013



OLDER AMERICANS MONTH

MAY 2013

May is Older Americans Month and we hope you will celebrate with us by stopping by the senior center for a pancake breakfast on Friday, May 10th from 8:15 to 10:00 am.

Visit with your friends and enjoy some delicious pancakes.



Prescription Drug Take Back

The Community Services Department/Senior Center will be conducting a Prescription Drug Take back program on Friday, May 17th from 9:00 am to 4:00 pm here at the senior center. This is a great opportunity for all us to properly dispose of old, out dated prescription drugs that we may have around the house and that we are no longer taking. Drugs will be collected by certified organizations and will be disposed of safely and properly. So, go through you medicine cabinets and collect all the unwanted drugs you may have and bring them to the senior center on May 17th.

Golden Notes Web Access

Current copies of the Golden Notes newsletter are available on the City of New Britain's Web Site: <http://www.newbritainct.gov>. Once you are at the site, click on Documents and scroll to the Senior Center listing.

Please note that the newsletter will continued to be mailed to those persons who annually subscribe for mailing.

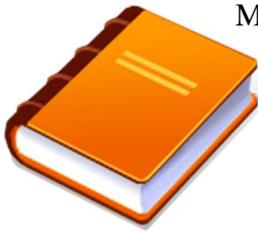
Walnut Hill Health Care Special Bingo

Walnut Hill Health Care will be sponsoring a special bingo activity on Thursday May 9th starting at 10:30 am. Walnut Hill Health Care has not been here for a period of time and is looking forward to visiting with old friends. Hope you will stop by and spend the morning with friends.



Book Group

The New Britain Public Library/Senior Center book group will be meeting on Tuesday, May 21, 2013 at 1:00 pm here at the senior center. The book read for May is Christine Falls by Benjamin Black (fiction mystery).



Hope you will get reading and join us.

The book selection for June 18th will be The Great Bridge: (The epic story of the building of the Brooklyn Bridge).

AARP DRIVERS COURSE

AARP will be conducting a Safe Drivers Course on Thursday, May 23rd starting at 8:45am and continuing to 12:15pm. Interested persons can sign up for the program starting on May 1st and the cost for the course is; \$12.00/AARP Members and \$14.00 for non members. Please make checks payable to AARP.



Eye Care Program

The Nursing Department will be sponsoring a special eye care program on Tuesday, May 21, 2013 starting at 10 am. Dr. David J. Jeng, a specialist in retinal disease will be talking about eye disease among seniors. Please bring all your questions for Dr. Jeng.

SERVICES BY APPOINTMENT

DIAL-A-RIDE

At least a 2-day notice is required for rides to the Senior Center, medical appointments, shopping and other destinations at any time within the month. Call 826-3555 for an appointment. **There is a suggested donation of \$1.50 each way.**

MEDICARE/MEDICAL INSURANCE INFORMATION

Person seeking help in filing Medicare claims or appeals, interpreting medical bills and assistance in making decisions concerning Medicare supplemental insurance can make an appointment with Senior Center Staff by calling the Center at 860 826-3553. Advice on Living Wills and how to deal with advance medical directives is also available.

FROM THE NURSING DESK

The Nursing Department will be sponsoring a special eye care program on Tuesday, May 21, 2013 starting at 10 am. Dr. David J. Jeng, a specialist in retinal disease will be talking about eye disease among seniors.

The Nurse from the New Britain Health Department is available on MOST days to meet with members and evaluate/discuss health related issues. Blood pressures and some other screening are available so keep this great resource in mind and stop by and talk to our nurses.

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GOLDEN NOTES SUBSCRIPTIONS

NAME _____ **DATE** _____

STREET _____

ADDRESS _____

CITY _____ **STATE, ZIP CODE** _____

PHONE # _____

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