



Sexual Health Request Form – Middle School

Dear Families:

The Lake Washington School District provides sex education for students starting in grade four and continuing through high school. The sex education content is listed in the chart below. If you wish to waive your student from any of the topics listed below, initial next to each topic in the appropriate column. Please know that the lessons are designed to build off each other, as a result, there might be conversations including information from previously taught lessons. Once this form is completed, return it to your child’s teacher.

Middle School Lesson Topics	Initials for Opt Out
Reproductive System & Pregnancy	
Sexual Orientation & Gender Identity	
Rules of Dating	
Saying No	
Preventing STDs	
Condoms to Prevent HIV and Other STDs	
Birth Control Methods	
Online Safety	
HIV/AIDS (KNOW)  *In compliance with AIDS Omnibus Bill (E2SSB 6221), guardians must view the curriculum to be able to opt their student out of instruction.	

Sincerely,

Middle School Team

I/We request that our student be excused from the above planned topics in sex education for the current school year.

Student \_\_\_\_\_ Grade \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

RETURN THIS FORM TO THE SCHOOL BY: **Date**