



## Sexual Health Request Form – High School

Dear Families:

The Lake Washington School District provides sex education for students starting in grade four and continuing through high school. The sex education content is listed in the chart below. If you wish to waive your student from any of the topics listed below, initial next to each topic in the appropriate column. Please know that the lessons are designed to build off each other, as a result, there might be conversations including information from previously taught lessons. Once this form is completed, return it to your child's teacher.

High School Lesson Topics	Initials for Opt Out
Climate Setting	
Reproductive System & Pregnancy	
Pregnancy	
Sexual Orientation & Gender Identity	
Undoing Gender Stereotypes	
Healthy Relationships	
Coercion and Consent	
Online Safety	
Abstinence	
Birth Control Methods	
Preventing HIV & Other STDs	
Condoms to Prevent Pregnancy, HIV and STDs	
Testing for HIV & Other STDs	
Communication & Decision Making	
Improving School Health	

Sincerely,

High School Team

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I/We request that our student be excused from the above planned topics in sex education for the current school year.

Student \_\_\_\_\_ Grade \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

RETURN THIS FORM TO THE SCHOOL BY: **Date**