

Monday

	Item Name	Allergens	
GRILL	Chicken & Dumplings	Wheat, Milk	
	Steamed Broccoli		
	Cheeseburger	Wheat, Milk	
	French Fries		
DELI	BLT Wrap	Wheat	
	Turkey & Cheese Sub	Milk, Soybeans, Wheat	
	Honey Mustard Ham Sandwich	Eggs, Milk, Wheat	
	Red Pepper Hummus Pita	Soybeans, Wheat	Vegetarian
GRAB 'n GO	Non-Gluten Turkey & Cheese	Milk	
	Chef's Salad	Eggs, Milk	
	Garden Salad		
	BLT Avocado Salad		
	Vegetable Cup		
Hemisphere	Fresh Fruit Cup		
	Stir Fry Bar		
	Eggroll - Veggie	Soybeans, Wheat	
	Orange Chicken	Egg, Soybeans, Wheat	
	Sweet & Sour Tofu	Soybean	Vegan/Vegetarian Entrée
	Fried Rice	Soybean	Vegan/Vegetarian Entrée
	Stir Fry Vegetables	Soybean	Vegan/Vegetarian Entrée

Tuesday

	Item Name	Allergens	
GRILL	Eggplant Parmesan		Vegan/Vegetarian Entrée
	Mixed Vegetables		
	Tater Tots		
DELI	Cheeseburger	Milk, Soybeans, Wheat	
	Turkey & Cheese Sub	Milk, Soybeans, Wheat	
	Honey Mustard Ham Sandwich	Eggs, Milk, Wheat	
	Red Pepper Hummus Pita	Soybeans, Wheat	Vegetarian
GRAB 'n GO	Non-Gluten Turkey & Cheese	Milk	
	Chef's Salad	Eggs, Milk	
	Garden Salad		
	BLT Avocado Salad		
	Vegetable Cup		
Hemisphere	Fresh Fruit Cup		
	PASTA BAR		
	Spaghetti		Vegetarian

Fettuccine	
Marinara	
Meatballs	
Alfredo	
Chicken Breast	

Wednesday

	Item Name	Allergens	
GRILL	Chicken Tenders	Eggs, Milk, Wheat	
	Seasoned Green Beans		
	Homemade Mashed Potatoes	Milk	
	Chickpea Croquettes	Eggs	Vegan/Vegetarian Entrée
	Seasoned Crinkle Fries		
DELI	Turkey & Cheese Sub	Milk, Soybeans, Wheat	
	Honey Mustard Ham Sandwich	Eggs, Milk, Wheat	
	Red Pepper Hummus Pita	Soybeans, Wheat	Vegetarian
	Non-Gluten Turkey & Cheese	Milk	
GRAB 'n GO	Chef's Salad	Eggs, Milk	
	Garden Salad		
	BLT Avocado Salad		
	Vegetable Cup		
	Fresh Fruit Cup		
Hemisphere	WING BAR		
	Baked Boneless Wings	Eggs, Milk, Wheat	
	Traditional Wings		
	Assorted Sauces		
	Curly Fries		

Thursday

	Item Name	Allergens	
GRILL	Zucchini & Tofu Lasagna		Vegan/Vegetarian Entrée
	Cheeseburger		
	Seasoned Crinkle Fries		
	Grilled Chicken Breast		
DELI	Turkey & Cheese Sub	Milk, Soybeans, Wheat	
	Honey Mustard Ham Sandwich	Eggs, Milk, Wheat	
	Red Pepper Hummus Pita	Soybeans, Wheat	Vegetarian
	Non-Gluten Turkey & Cheese	Milk	
GRAB 'n GO	Chef's Salad	Eggs, Milk	
	Garden Salad		
	BLT Avocado Salad		
	Vegetable Cup		
	Fresh Fruit Cup		
Hemisphere	Pepperoni Calzone	Milk, Soybeans, Wheat	
	Cheese Calzone	Milk, Soybeans, Wheat	Vegetarian

Steamed Corn	
Homemade Marinara Sauce	

Friday

	Item Name	Allergens	
GRILL	Chicken Parmesan	Milk, Wheat	
	Rotini Marinara	Wheat	Vegan/Vegetarian Entrée
	Steamed Carrots		
	Hot Ham & Cheese Sandwich	Milk, Egg, Wheat	
	BBQ Roasted Tofu	Soybeans	Vegan/Vegetarian Entrée
	Potato Chips		
DELI	Turkey & Cheese Sub	Milk, Soybeans, Wheat	
	Honey Mustard Ham Sandwich	Eggs, Milk, Wheat	
	Red Pepper Hummus Pita	Soybeans, Wheat	Vegetarian
	Non-Gluten Turkey & Cheese	Milk	
GRAB 'n GO	Chef's Salad	Eggs, Milk	
	Garden Salad		
	BLT Avocado Salad		
	Vegetable Cup		
	Fruit Cup		
Hemisphere	Baked Potato Bar		
	Assorted meats & Cheeses		
	Grilled Veggies		
	Assorted Fillings, and Breads		