

ARHS COMMUNITY HAPPENINGS NEWSLETTER



We returned to school after the Thanksgiving Holiday weekend prepared to buckle down for the month of December as a school community. Winter athletics begin this week, clubs have resumed, groups are completing community service projects and working to give back to our larger community; the fall play is getting ready to open next week. With outside concerns that can impact each of us individually, including surges of a new Covid variant and the school violence in Michigan earlier this week, it is important for us to be mindful of the mental health needs of our children as they close out another disrupted year of their lives. The partnership between school and home is integral in supporting our students' mental, emotional, social, and educational well-being. As we approach the mid-marking period next week, I am mindful of the fact that we will be holding midterm exams for the first time in two years in January, which may cause some heightened concern for many of our students. Teachers are working vigilantly to support students in their classes and members of the counseling department and administration are providing support outside of the classroom. If you have any concerns at any point, please do not hesitate to reach out. By working together, we can continue to reinforce the tenets of our mission statement and help student build the skills necessary to be successful in school and once they graduate. Have a good weekend.

Sincerely,

Anna N. Mahon

Principal

College/Career of the Week: [Husson University](#) is a private university located in Bangor, Maine, approximately 370 miles from the BOWA area. [Founded in 1898](#), Husson enrolls 2,400 undergraduate students within 50 vocationally focused programs. Most popular [majors](#) include business, criminal justice, nursing, allied health studies, pharmacy and kinesiology. Campus life is very active with 60 [clubs and organizations](#) as well as 22 Division III NCAA [athletic teams](#). [Total annual costs](#) (tuition, room and board) are \$31,500 (2021-2022) and will vary based on dorm choices and individual program fees. For more information, go to Husson's [admissions website](#) or take a [virtual tour here](#). "Substance abuse, behavioral disorder, and [mental health counselors](#) provide treatment and advise people who suffer from alcoholism, drug addiction, or other

mental or behavioral problems” (Bureau of Labor Statistics, 2020). [Mental health counselors](#) must have a bachelor's degree to work in the field, and most will obtain masters' degrees as well as additional supervised training. [Licensure requirements](#) vary by state. The median salary is \$47,660 (\$56,060 in Connecticut) and **faster than average job growth is expected (23%) through 2030** (BLS, 2020). For more information, please visit the following websites: the [American Counseling Association](#), the [American Mental Health Counselors Association](#) or NAADAC: The [Association for Addiction Professionals](#).

Some colleges that have psychology/counselor training programs include:

Husson University	University of Connecticut	Southern CT State Univ
Assumption University	Emmanuel College	Keene State College
UMaine/Farmington	Univ of Rhode Island	CUNY/Brooklyn
Albertus Magnus College	Western CT State Univ	UMASS/Lowell
Sacred Heart University	Rowan University	SUNY/Buffalo
Penn State/Abington	Drexel University	University of Baltimore

Or search in Naviance for more choices!

Happenings and Information

Grade 10 HOBY Leadership Seminar: ARHS will sponsor two sophomore students to attend the annual Hugh O'Brian Youth Leadership (HOBY) Seminar to be held the first weekend of June (specific date and time are TBD, but they are planning for an in-person event at a local college). Students spend the time engaging in leadership development activities, collaborating with like-minded students from throughout the state, and exploring leadership from three perspectives: individual, group, and society. For more information about HOBY, please visit their website [here](#). Interested students should complete the application found [here](#). Applications are due by Thursday, 12/9. Please be aware that the selected students are required to stay overnight at the location of the event under the supervision of HOBY for the entire duration of the event. Please see your counselor if you have further questions.

Second Quarter Midmark Period: The middle of 2nd the second marking period is Wednesday, December 8th.

Early Dismissal-Students: Next Thursday, December 9th, will be an early dismissal for students for professional development for faculty. There will be no late buses. Practices will be held, but students will need to leave school and return for their scheduled practice time unless the practice has been changed to take place directly after school by the coach. Please refer to the athletics website for more information.

Spring State-Sponsored SAT for Juniors: All juniors will participate in a guidance lesson next week in the English classes. Important information on the March 23rd SAT will be given. This year's SAT will be done on computers. All juniors must bring in their school issued computers next week for junior lesson.

AP LATE registration is open! Thank you to everyone who signed up during the general registration window. For those who missed it, you can still sign up with a late fee. Use this [link](#) to register and pay for AP exams:

- The late registration window is from now until March 1, 2022. There is a \$40 extra late fee (as set by College Board, not ARHS)
- AP Exam Fee: \$100 per exam (\$140 with late fee)
- AP Seminar and Research Exam Fees: \$148 per exam (\$188 with late fee)

Underclass Makeup/Retake Portrait Packages: Portrait packages for students in grades 9, 10, and 11 who were photographed on makeup picture day were distributed during English classes throughout this past week. Students who did not receive their portraits should check with their English teacher.

Senior Happenings

For Seniors: Students who are looking to apply to a college/university with a January 1 deadline must submit a transcript request in Naviance no later than December 9th. Please keep in mind that school counselors will be on winter break beginning on Dec. 24th and not returning until Jan. 3rd so no materials will be sent out during that window.

SENIORS! Need help with your FAFSA? Want to learn more about need based financial aid? Attend a FREE, virtual information session on **THURSDAY, DECEMBER 16th at 6pm.** [REGISTER HERE](#). Sponsored by New Haven Promise and the State of CT.

Attention Seniors! Scholarship Season has begun! Naviance is only one of the many resources for researching scholarships. The College and Career Center posts local and national scholarships on Naviance throughout the school year. Students can navigate through these scholarships in Naviance under the college tab. Scholarships can also be found on our school website [here](#). Additional merit based and need based scholarships may be available by checking with the individual college/university or additional websites like <https://www.fastweb.com/>. If you need help navigating scholarships or with the process of applying, please see Mrs. Vallie in the Career Center.

Save the Dates! On-Site Admission Days at Amity High School! There is still time to participate in on-site admissions days for Quinnipiac University, Eastern CT State University, Central CT State University and the University of New Haven. Please know that financial aid information will NOT be available at these meetings, but will be

sent to you at a later time. **Please click [here](#) to reserve your appointment and to view the list of participating colleges.**

Yearbook Grad Ads: A reminder to all senior parents! There are just two weeks left to purchase a grad ad—the deadline is Friday, November 17. Do not miss this opportunity to remember, honor, and encourage your soon-to-be graduate with a grad ad! Visit amityembers.com for details.

Senior Baby Photos for Yearbook: The yearbook staff is now collecting baby pictures for inclusion in *Embers 2022*. Scan your photos and upload them directly to us! Visit amityembers.com and click “Submit Photos” beneath either the “For Seniors” or “For Parents” tabs. Please send only high-resolution photos, and note that we cannot print any copyrighted professional portraits. Please keep submissions to just one per student. If you submit more than one, the yearbook staff will select a single photo for inclusion in the yearbook. All photo submissions are due Friday, December 17. Write to embers@amityschools.org with any clarifying questions.

2022 Senior Yearbook Questionnaire: The senior yearbook questionnaire, due Friday, December 17, is now live on [the yearbook website](#). This questionnaire provides seniors with an opportunity to share various information with the yearbook staff. This information—, which includes a list of all their activities, leadership roles, awards, and other accomplishments—is then featured in the yearbook alongside their senior portraits. The questionnaire also offers seniors the chance to vote for the recipient of this year's yearbook dedication. Because the yearbook's publisher imposes deadlines on the *Embers* staff, it is extremely important that all seniors complete this form on time; late submissions will not appear in the yearbook. Families, please encourage your seniors to complete this form on time!

Notes from Counseling Department

Fall 2021 PSAT Results: Online score reports for the PSAT are available for all 11th grade students who took the test in October. Students will need to access their College Board accounts to see their scores.

All STUDENTS - need help with academics? Work with a peer tutor for extra help. Either stop into the Career Center after school on Tuesdays or Thursdays OR fill out the [form HERE](#) for one-to-one tutoring assistance at other times. See Mrs. Staak or Mrs. Cocco in the Counseling Office if you have any questions.

Start Your Path To Become An EMT! Members of the Bethany Volunteer Ambulance Corps. will be offering the **Karen R. White Memorial Training Program**, which will host an **EMT-Basic Training Initial Certification Course**. If you would like more information on the upcoming Winter Course Program being held at the Bethany Fire Dept., please click [here](#). To learn more about the recruitment info session and open house click [here](#).

Career Opportunities: Are you interested in Architecture, Engineering or Construction careers? If so, check out a FREE mentoring program called "ACE" where students can explore these career areas, work with professionals in the field and possibly win scholarships. Go to <https://acementor.org/affiliates/connecticut/> to learn more.

Athletics

Winter Sports Registration: Winter sports began this week. If you have any questions, please contact the athletic department or view the website [here](#).

Community Happenings

From the Counseling Department: [This article](#), from Dr. David Brooks, is an interesting read and exercise in the art of gratitude as well as the connection between practicing gratitude and developing resilience.

Amity Creative Theater Fall Play: Next weekend will be the opening and closing of the A.C.T. production of *Puffs!* Please see [this link](#) for information and tickets.

Amity Regional High School Winter Concert 2021: The Amity High School Music Department is excited to announce that we will be having our 2021 Winter Concert indoors, our first indoor concert in 2 years! Come join us for "**A Very Winter Concert**" on December 21st at 6:30pm in the Brady Center. Masks are required and please social distance between family groups. **Visit the [Amity Website](#) for more information.** We hope to see you there!