

School Health Advisory Council (SHAC)

Annual School Board Report

2020-2021

Ryan Heger - Chairperson

Shelly Weber - Health Services and Wellness Coordinator

School Health Advisory Council (SHAC)

Vision:

The Vision of Lockhart ISD SHAC is to create a healthier community by positively influencing staff, students and families to make healthy life choices.

Mission:

The Mission of the Lockhart ISD SHAC is to promote and nourish health and wellness within a safe school environment emphasizing the physical, social, emotional and spiritual needs of the Lockhart ISD educational community.

SHAC Members

School Officials

Community Members

Nutrition Specialists

School Nurses

Parents

Teachers

Counselors

Community Nurse

Meeting Dates

- October 2020
- November 2020
- January 2021
- February 2021
- April 2021

Topics Discussed 2020-2021

- Covid-19 Protocols and Updates
- Communities in Schools
- Student Screenings for Type 2 Diabetes
- Opioid Abuse, Prevention and Antagonist Instruction
- District Wellness Policy

Event to Promote SHAC Mission

- Student and Staff Flu Immunization Clinics
 - 381 students immunized
 - 205 staff immunized

Goals for 2020/2021

- Health Focus
 - The SHAC will continue to explore options and make recommendations regarding opioid addiction and abuse education.
 - The SHAC will review the District Wellness Plan.
- Membership Focus
 - The SHAC will seek increased parent involvement.
 - The SHAC will work to form a student SHAC