

School Health Advisory Council  
Cleveland ISD  
December 2, 2021

[Attendees](#)

Topic	Notes	Actions
Welcome and Introductions	Time to get to know the Council members at each table with a check-in activity. Formal introductions followed.	
Purpose of the Student Health Advisory Council	<p>Reviewed TEC 28.004 and FFA [LOCAL]</p> <p>Discussed how the SHAC has evolved over time and its roles and responsibilities.</p> <p>Reviewed the requirements of SHAC outlined in both TEC and CISD Board Policy.</p>	
Election of Co-Chair	<p>Provided information on the role of the Co-Chair.</p> <p>Aaron Van Wey, CHS administrator, self-nominated.</p> <p>No other nominations or volunteers.</p>	<p>First Motion - Lacy Willey Second Motion - Nancy Lynch Vote - Unanimous</p> <p>Co-Chair: Aaron Van Wey</p>
Review Current Wellness Plan	<p>Lacey Willy, Child Nutrition Director, provided an overview of the development of the Wellness Plan.</p> <p>Council members worked in groups to review the current Wellness Plan. A rubric was used that is in alignment with Board Policy and TEC 28.004. Recommendations were made to address areas of growth. Two common themes to address are community</p>	<p>Data from the rubric will be reviewed and compiled for the February 3, 2022 meeting to make formal recommendations to the Wellness Plan and for Board approval.</p>

	outreach and communication.	
American Heart Association	<p>Lisa Hansen, CISD's American Heart Association representative, provided an overview of programs available to the district to support the Wellness Plan for both students and employees.</p> <p>Recommendations from the Council included pursuing Cleveland Goes Red, an employee health and wellness newsletter, Kids Heart Challenge, and their secondary program that addresses tobacco and vaping.</p>	Council will communicate with the appropriate stakeholders to secure these programs to implement in the Spring 2022.
Future Topics and Meeting Dates	<p>Summary of current health curriculum and physical activity</p> <p>Finalize Wellness Plan</p> <p>Develop by-laws</p> <p>Policy Updates from the 87th Legislature</p> <p>Develop a Coordinated Health Program</p> <p>Current Policy Review</p>	
Adjournment	The SHAC meeting was adjourned at 4:11 pm.	