



STONEHILL
INTERNATIONAL SCHOOL
An Embassy Group Education Initiative

CAFETERIA MENU DECEMBER 2021

CONTINENTAL MENU

29 Nov (Monday)	30 Nov (Tuesday)	1 Dec (Wednesday)	2 Dec (Thursday)	3 Dec (Friday)
Pasta Bolognese Tomato sauce, Mushroom cream sauce, Cheese sauce & Garlic bread	Roasted Chicken, Mashed Potatoes, Quiche, Vegetable Au gratin and Grilled vegetables	Heoni-beoteo- chikin, Noodles, Bok choy with garlic sauce, Steamed vegetables	BBQ Chicken, Veg Shashlik, Roast Potatoes, Veg Crepes, & Steamed vegetables	Assorted Pizza, Corn on the Cob, & Grilled Vegetables
6 Dec (Monday)	7 Dec (Tuesday)	8 Dec (Wednesday)	9 Dec (Thursday)	10 Dec (Friday)
Grilled Chicken, Baked Pasta, Vegetable Rollatini and Grilled Vegetables	Afghan Chicken/ Paneer, Gratin dauphinoise, Grilled vegetables and Tomato Soup	Grilled Fish, Butter Chicken/Paneer, Veg Burrito & Grilled vegetables	Chicken/Veg in sweet and sour sauce, Hakka noodles, steamed beans and soup	Beef, chicken & vegetable burgers, French Fries & Grilled Vegetables
13 Dec (Monday)	14 Dec (Tuesday)	15 Dec (Wednesday)	16 Dec (Thursday)	17 Dec (Friday)
Chicken/Veg Cacciatore, Carbonara and pesto bruschetta	Roasted Beef, Stir fried Chicken & Tofu, Mashed Potatoes and Steamed Vegetables	Chicken and Vegetable Lasagna, Chicken Wings, Cheese Shots, Grilled Vegetables & Bruschetta	Tandoori Chicken & Vegetables, Sausage Rice and Stir fried Tofu and Mushrooms	Chicken/veg hot Dogs, French fries and Steamed vegetables

Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.



CIS ACCREDITED



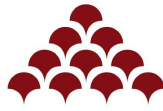
AUSTRALIAN
BOARDING
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Stonehill International School

259/333/334/335 | Tarahunise Village Post | Jala Hobli (Bangalore North) Bangalore 562157

T +91.80.43418300 | E info@stonehill.in | www.stonehill.in



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INDIAN MENU

29 Nov (Monday)	30 Nov (Tuesday)	1 Dec (Wednesday)	2 Dec (Thursday)	3 Dec (Friday)
Khara Pongal, Vegetable Palya, Sambar, Rice and Papad	Mughlai Chicken and Paneer, Dal Tadka and Rice	Set Dosa, chutney, Aloo masala, Sambar & Rice	Crispy fried Okra Dahi Kadi, Rasam and Rice	Fish Curry, Aloo Tuk, Dal fry, Gobi mutter and Rice
6 Dec (Monday)	7 Dec (Tuesday)	8 Dec (Wednesday)	9 Dec (Thursday)	10 Dec (Friday)
Vegetable Pulao with raita Bhindi aloo, Dal fry & Rice	Egg Masala, Palak Paneer, Dal Fry & Rice	Jeera Aloo, Puri, Dal tadka & Rice	Vegetable Manchurian, Fried Rice, Sambar and Rice	Chicken Biryani, Vegetarian Biryani & Raita
13 Dec (Monday)	14 Dec (Tuesday)	15 Dec (Wednesday)	16 Dec (Thursday)	17 Dec (Friday)
Lemon Rice with Chutney, Bonda, Mix Vegetables, Dal and Rice	Egg Bhurji, Mutter mushroom, Dal Fry and Rice	Set Dosa with Chutney, Mix veg korma, Sambar & Rice	Vegetable Kadai, Dal Panchmel, Rasam and Rice	Chicken Masala, Veg Kofta, Dal Fry and Rice
20 Dec (Monday)	21 Dec (Tuesday)	22 Dec (Wednesday)	23 Dec (Thursday)	24 Dec (Friday)
Chole Bhatura, Cabbage Koora, Rasam and Rice	Chicken Curry, Mutter Paneer, Dal Makhni, Chapati & Rice	Soya bean & Green Peas Dry, Lovia Masala, Chapati And Rice	Chicken/Veg Sheekh Kabab, Mushroom Masala, Chapati Dal and Rice	Holiday

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