

December 2021

Mon	Tue	Wed	Thu	Fri
		<p>1 Tomato Mushroom</p> <p>Chicken Caesar Wraps Potato Chips and Grapes</p> <p>Danish Dream Cake</p>	<p>2 Black Bean</p> <p>Cochinita Pibil Bowl Pulled Pork or Chicken over Rice, Beans, Roasted Vegetables</p> <p>Raspberry Cheesecake Bars</p>	<p>3 Chicken Noodle</p> <p>Baked Fish and Chips Coleslaw</p> <p>Lemon Bars</p>
<p>6 White Bean And Rosemary</p> <p>Basil Pesto Penne Pasta with Roasted Brussel Sprouts</p> <p>Fruit Cake</p>	<p>7 Beef Barley</p> <p>Chipotle Lime Chicken Honey Lemon Carrots Quinoa Pilaf Apple Hand Pie</p>	<p>8 Broccoli Cheddar</p> <p>Baked Potato Day Topped with Spiced Beef and Cheese Steamed Broccoli Chocolate Marshmallow Bars</p>	<p>9 NW Cioppino</p> <p>B.L.T. A Sandwich Green Bean Salad</p> <p>White Chocolate and Raspberry Blondies</p>	<p>10 Chicken Basil</p> <p>Chicken Souvlaki Roasted Lemon Potatoes and Spinach</p> <p>Baklava</p>
<p>13 Tomato Basil</p> <p>Thai Basil Curry with Tofu Served over Rice Noodles</p> <p>Cranberry Orange Cake</p>	<p>14 French Onion</p> <p>Beef Barbacoa Brown Rice Corn Relish</p> <p>Gingerbread Poke Cake</p>	<p>15</p> <p>Southwest Chicken Salad with a Cup of Chili</p> <p>Chocolate Peppermint Thumbprints</p>	<p>16 Butternut Squash</p> <p>Herb Crusted Pork Loin Mashed Yams Green Beans</p> <p>Figgy Pudding</p>	<p>17</p> <p>Chef's Choice</p>
<p>20</p> <p>Winter Break</p>	<p>21</p> <p>Winter Break</p>	<p>22</p> <p>Winter Break</p>	<p>23</p> <p>Winter Break</p>	<p>24</p> <p>Winter Break</p>
<p>27</p> <p>Winter Break</p>	<p>28</p> <p>Winter Break</p>	<p>29</p> <p>Winter Break</p>	<p>30</p> <p>Winter Break</p>	<p>31</p> <p>Winter Break</p>

Vegan December 2021

Mon	Tue	Wed	Thu	Fri
		1 Quinoa and Roasted Beet Wrap Potato Chips and Grapes	2 Black Bean and Jackfruit over Rice, Roasted Vegetables	3 Vegan Agedashi Tofu and Togarashi Fries And Bok Choy
6 Pasta Primavera with Roasted Brussel Sprouts	7 Chipotle Tempeh Honey Lemon Carrots Quinoa Pilaf	8 Baked Potato Day Topped with Steamed Broccoli and Vegan Cheese sauce	9 Z.L.A.T Sandwich (GF Bread) Green Bean Salad (Zucchini ,Lettuce, Avocado, Tomato)	10 Vegetable Skewers Roasted Lemon Potatoes and Spinach
13 Thai Basil Curry with Tofu Served over Rice Noodles	14 BBQ Lentil Ragout Brown Rice Corn Relish	15 Southwest Salad with a Cup of Vegan Chili	16 Winter Vegetables and Roasted Chickpeas Mashed Yams Green Beans	17 Chef's Choice
20 Winter Break	21 Winter Break	22 Winter Break	23 Winter Break	24 Winter Break
27 Winter Break	28 Winter Break	29 Winter Break	30 Winter Break	31 Winter Break

Gluten Free December 2021

Mon	Tue	Wed	Thu	Fri
		1 Chicken Caesar Salad Potato Chips and Grapes	2 Cochinita Pibil Bowl Pulled Pork or Chicken over Rice, Beans, Roasted Vegetables	3 Grilled Pacific Cod and Chips Coleslaw
6 Basil Pesto Penne Pasta (GF Pasta) with Roasted Brussel Sprouts	7 Chipotle Lime Chicken Honey Lemon Carrots Quinoa Pilaf	8 Baked Potato Day Topped with Spiced Beef and Cheese Steamed Broccoli	9 B.L.A.T Sandwich (GF Bread) Green Bean Salad (Bacon, Lettuce, Avocado, Tomato)	10 Chicken Souvlaki Roasted Lemon Potatoes and Spinach
13 Thai Basil Curry with Tofu Served over Rice Noodles	14 Beef Barbacoa Brown Rice Corn Relish	15 Southwest Chicken Salad with a Cup of Chili	16 Herb Crusted Pork Loin Mashed Yams Green Beans	17 Chef's Choice
20 Winter Break	21 Winter Break	22 Winter Break	23 Winter Break	24 Winter Break
27 Winter Break	28 Winter Break	29 Winter Break	30 Winter Break	31 Winter Break