



# JANUARY | 2022

## Jr Sr High Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>3</b></p> <p>Benefit Bar Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>4</b></p> <p>Breakfast Boat Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>5</b></p> <p>Mini Pancakes w/ Syrup Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>6</b></p> <p>Pop Tarts Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>7</b></p> <p>Sausage Gravy on Biscuit Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>
<p><b>10</b></p> <p>Donut Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>11</b></p> <p>Hot Oatmeal Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>12</b></p> <p>French Toast Bites w/ Syrup Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>13</b></p> <p>Egg, Sausage, Cheese Biscuit Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>14</b></p> <p>Mini Breakfast Bites Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>
<p><b>17</b></p> <p>Breakfast Bread Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>18</b></p> <p>Rise n Shine Bowl Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>19</b></p> <p>Belgium Waffle Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>20</b></p> <p>Yogurt &amp; Fruit Parfait Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>21</b></p> <p>Egg, Ham, Cheese Flatbread Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>
<p><b>24</b></p> <p>Benefit Bar Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>25</b></p> <p>Breakfast Boat Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>26</b></p> <p>Mini Pancakes w/ Syrup Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>27</b></p> <p>Pop Tarts Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>28</b></p> <p>Sausage Gravy on Biscuit Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>
<p><b>31</b></p> <p>Donut Or Cold Cereal Assorted Fruit 100% Fruit Juice Ice Cold Milk</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>

### News

**Breakfast Served**  
**Northfield High 7:50-8:10**  
**Southwood High 7:50-8:10**

**Breakfast Prices**  
 No cost to all students

**Due to Delays,  
 Cancellations and Delivery  
 Issues the menu is subject  
 to change. Sorry for any  
 inconvenience this may  
 cause. Thank You**

**This institution is an equal  
 opportunity provider.**

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 MSDFoodService***