

Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:12:24 PM by Penny Fowler

Site: ALL
 Meal Type: Lunch
 Site Group: Middle School
 Menu Line: Main

Monday		Tuesday		Wednesday		Thursday		Friday	
	27 Sep		28 Sep		29 Sep		30 Sep		1 Oct
Breaded Chicken Salad (40.01 g)		Chicken Nuggets (10.00 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)		Chicken Nachos with White Cheese (8.24 g)		Munchable (42.00 g)	
Corn Dog (31.00 g)		Veggie Burger (46.30 g)		Cheesy French Bread (30.00 g)		Grilled Cheese Sandwich Individually Wrapped (30.96 g)		Chicken, Turkey, & Cheese Sandwich (27.00 g)	
Baked Beans (30.00 g)		Yeast Roll (24.00 g)		Broccoli Dippers (2.90 g)		Tortilla Chips in Bags (18.00 g)		Baked Cheetos (17.00 g)	
Cole Slaw (14.59 g)		Green Beans (4.68 g)		Marinara Dunk Cups (7.00 g)		Cherry or Grape Tomatoes (2.90 g)		Baby Carrots (4.50 g)	
Applesauce Cup (14.00 g)		Whipped Potatoes (14.86 g)		Corn (17.96 g)		Ranchero Black Beans (20.39 g)		Mango Flavored Vegetable Juice 4 oz. Box (14.00 g)	
1% White Milk (13.00 g)		Peach Cup (13.00 g)		Pineapple Cup (15.00 g)		Salsa Dunk Cup (5.00 g)		Fresh Apple Slices in Bags (8.50 g)	
Fat Free Chocolate Milk (20.00 g)		1% White Milk (13.00 g)		1% White Milk (13.00 g)		Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)		1% White Milk (13.00 g)	
Ketchup Packet (2.00 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Chocolate Milk (20.00 g)		Fruit Punch Juice 4 oz. Box (15.00 g)		Fat Free Chocolate Milk (20.00 g)	
Mustard		Ketchup Packet (2.00 g)				1% White Milk (13.00 g)		Light Mayonnaise (1.00 g)	
		Light Mayonnaise (1.00 g)				Fat Free Chocolate Milk (20.00 g)			
		BBQ Sauce (5.00 g)				Sour Cream (1.00 g)			
	4 Oct		5 Oct		6 Oct		7 Oct		8 Oct
Breaded Chicken Salad (40.01 g)		Cheeseburger (32.00 g)		Breaded Chicken Drumstick (6.00 g)		Beefy Nachos with White Cheese (3.07 g)		Munchable (42.00 g)	
Chicken Sandwich (39.00 g)		Veggie Burger (46.30 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)		Grilled Cheese Sandwich Individually Wrapped (30.96 g)		Pepperoni Hot Pocket (32.00 g)	
Broccoli Dippers (2.90 g)		Baked Beans (30.00 g)		Yeast Roll (24.00 g)		Tortilla Chips in Bags (18.00 g)		Steamed Broccoli (3.70 g)	
Whipped Potatoes (14.86 g)		Curly Fries (17.00 g)		Green Beans (4.68 g)		Cherry or Grape Tomatoes (2.90 g)		Marinara Dunk Cups (7.00 g)	
Applesauce Cup (14.00 g)		Tater Tots (14.00 g)		Glazed Sweet Potatoes (29.87 g)		Refried Beans with Jalapenos (27.79 g)		Corn (17.96 g)	
1% White Milk (13.00 g)		Pineapple Cup (15.00 g)		Peach Cup (13.00 g)		Salsa Dunk Cup (5.00 g)		Fresh Apple Slices in Bags (8.50 g)	
Fat Free Chocolate Milk (20.00 g)		1% White Milk (13.00 g)		1% White Milk (13.00 g)		Flavored Sour Raisins (36.00 g)		1% White Milk (13.00 g)	
Ketchup Packet (2.00 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Chocolate Milk (20.00 g)		1% White Milk (13.00 g)		Fat Free Chocolate Milk (20.00 g)	
Light Mayonnaise (1.00 g)		Ketchup Packet (2.00 g)		Hot sauce (0.23 g)		Fat Free Chocolate Milk (20.00 g)			
		Light Mayonnaise (1.00 g)				Sour Cream (1.00 g)			
	11 Oct		12 Oct		13 Oct		14 Oct		15 Oct
				Chicken Nuggets (10.00 g)		Chicken Nachos with White Cheese (8.24 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)	
				Veggie Burger (46.30 g)		Grilled Cheese Sandwich Individually Wrapped (30.96 g)		Deep Dish Pepperoni Pizza (34.00 g)	
				Yeast Roll (24.00 g)		Tortilla Chips in Bags (18.00 g)		Pepperoni Pizza (34.00 g)	
				Green Beans (4.68 g)		Cherry or Grape Tomatoes (2.90 g)		Steamed Broccoli (3.70 g)	
				Whipped Potatoes (14.86 g)		Ranchero Black Beans (20.39 g)		Marinara Dunk Cups (7.00 g)	
				Peach Cup (13.00 g)		Salsa Dunk Cup (5.00 g)		Corn (17.96 g)	
				1% White Milk (13.00 g)				Pineapple Cup (15.00 g)	

Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:12:24 PM by Penny Fowler

Site: ALL
 Meal Type: Lunch
 Site Group: Middle School
 Menu Line: Main

			13 Oct	14 Oct	15 Oct
			Fat Free Chocolate Milk (20.00 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g) BBQ Sauce (5.00 g)	Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Sour Cream (1.00 g)	1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g)
18 Oct	19 Oct	20 Oct	21 Oct	22 Oct	
Breaded Chicken Salad (40.01 g) Chicken Sandwich (39.00 g) Steamed Squash (4.03 g) Whipped Potatoes (14.86 g) Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g)	Cheeseburger (32.00 g) Veggie Burger (46.30 g) Baked Beans (30.00 g) Curly Fries (17.00 g) Tater Tots (14.00 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g)	Asian Chicken Nuggets (22.50 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Vegetable Egg Roll (22.00 g) Baby Carrots (4.50 g) Steamed Broccoli (3.70 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Sweet & Sour Sauce (4.00 g)	Beefy Nachos with White Cheese (3.07 g) Grilled Cheese Sandwich Individually Wrapped (30.96 g) Tortilla Chips in Bags (18.00 g) Cherry or Grape Tomatoes (2.90 g) Pinto Beans (18.25 g) Salsa Dunk Cup (5.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Sour Cream (1.00 g)	Mozzarella Breadstick Twists (34.00 g) Munchable (42.00 g) Broccoli Dippers (2.90 g) Marinara Dunk Cups (7.00 g) Corn (17.96 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g)	
25 Oct	26 Oct	27 Oct	28 Oct	29 Oct	
Beef Hotdog (31.00 g) Breaded Chicken Salad (40.01 g) Baked Beans (30.00 g) Cole Slaw (14.59 g) Applesauce Cup (14.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Ketchup Packet (2.00 g) Mustard	Chicken Nuggets (10.00 g) Veggie Burger (46.30 g) Yeast Roll (24.00 g) Green Beans (4.68 g) Whipped Potatoes (14.86 g) Peach Cup (13.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g) BBQ Sauce (5.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g) Cheesy French Bread (30.00 g) Broccoli Dippers (2.90 g) Marinara Dunk Cups (7.00 g) Corn (17.96 g) Pineapple Cup (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g)	Chicken Nachos with White Cheese (8.24 g) Grilled Cheese Sandwich Individually Wrapped (30.96 g) Tortilla Chips in Bags (18.00 g) Cherry or Grape Tomatoes (2.90 g) Ranchero Black Beans (20.39 g) Salsa Dunk Cup (5.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Sour Cream (1.00 g)	Munchable (42.00 g) Chicken, Turkey, & Cheese Sandwich (27.00 g) Baked Cheetos (17.00 g) Baby Carrots (4.50 g) Mango Flavored Vegetable Juice 4 oz. Box (14.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Light Mayonnaise (1.00 g)	
1 Nov	2 Nov	3 Nov	4 Nov	5 Nov	
Breaded Chicken Salad (40.01 g) Chicken Sandwich (39.00 g) Green Beans (4.68 g)	Cheeseburger (32.00 g) Veggie Burger (46.30 g) Baked Beans (30.00 g)	Asian Chicken Nuggets (22.50 g) Large Peanut Butter and Jelly Sandwich (64.00 g)	Beefy Nachos with White Cheese (3.07 g) Grilled Cheese Sandwich Individually Wrapped (30.96 g)	Munchable (42.00 g) Pepperoni Hot Pocket (32.00 g) Steamed Broccoli (3.70 g)	

Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:12:24 PM by Penny Fowler

Site: ALL
 Meal Type: Lunch
 Site Group: Middle School
 Menu Line: Main

1 Nov	2 Nov	3 Nov	4 Nov	5 Nov
Whipped Potatoes (14.86 g)	Curly Fries (17.00 g)	Vegetable Egg Roll (22.00 g)	Tortilla Chips in Bags (18.00 g)	Marinara Dunk Cups (7.00 g)
Applesauce Cup (14.00 g)	Tater Tots (14.00 g)	Baby Carrots (4.50 g)	Cherry or Grape Tomatoes (2.90 g)	Corn (17.96 g)
1% White Milk (13.00 g)	Pineapple Cup (15.00 g)	Steamed Broccoli (3.70 g)	Refried Beans with Jalapenos (27.79 g)	Fresh Apple Slices in Bags (8.50 g)
Fat Free Chocolate Milk (20.00 g)	1% White Milk (13.00 g)	Mandarin Orange Cup (16.00 g)	Salsa Dunk Cup (5.00 g)	1% White Milk (13.00 g)
Ketchup Packet (2.00 g)	Fat Free Chocolate Milk (20.00 g)	1% White Milk (13.00 g)	Flavored Sour Raisins (36.00 g)	Fat Free Chocolate Milk (20.00 g)
Light Mayonnaise (1.00 g)	Ketchup Packet (2.00 g)	Fat Free Chocolate Milk (20.00 g)	1% White Milk (13.00 g)	Fat Free Chocolate Milk (20.00 g)
	Light Mayonnaise (1.00 g)	Sweet & Sour Sauce (4.00 g)	Fat Free Chocolate Milk (20.00 g)	
			Sour Cream (1.00 g)	

Carbohydrate values in grams follow the Menu Item name