

# Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:13:10 PM by Penny Fowler

Site: ALL  
 Meal Type: Lunch  
 Site Group: Elementary School  
 Menu Line: Main

| Monday  |               | Tuesday   |               | Wednesday   |               | Thursday  |               | Friday  |               |
|---|---------------|---|---------------|---|---------------|---|---------------|---|---------------|
|   | <b>27 Sep</b> |   | <b>28 Sep</b> |   | <b>29 Sep</b> |   | <b>30 Sep</b> |   | <b>1 Oct</b>  |
| Cheeseburger (32.00 g)<br>Baked Beans (30.00 g)<br>Tater Tots (14.00 g)<br>Applesauce Cup (14.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Ketchup Packet (2.00 g)  |               | Chicken Nuggets (10.00 g)<br>Yeast Roll (24.00 g)<br>Green Beans (4.68 g)<br>Whipped Potatoes (14.86 g)<br>Peach Cup (13.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Ketchup Packet (2.00 g) |               | Cheesy French Bread (30.00 g)<br>Steamed Broccoli (3.70 g)<br>Marinara Dunk Cups (7.00 g)<br>Corn (17.96 g)<br>Pineapple Cup (15.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)                    |               | Chicken Nachos with White Cheese (5.49 g)<br>Tortilla Chips in Bags (18.00 g)<br>Black Beans (19.00 g)<br>Cherry or Grape Tomatoes (2.90 g)<br>Salsa Dunk Cup (5.00 g)<br>Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)<br>Fruit Punch Juice 4 oz. Box (15.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Sour Cream (1.00 g) |               | Chicken, Turkey, & Cheese Sandwich (27.00 g)<br>Baked Cheetos (17.00 g)<br>Baby Carrots (4.50 g)<br>Mango Flavored Vegetable Juice 4 oz. Box (14.00 g)<br>Fresh Apple Slices in Bags (8.50 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)                     |               |
|   | <b>4 Oct</b>  |   | <b>5 Oct</b>  |   | <b>6 Oct</b>  |   | <b>7 Oct</b>  |   | <b>8 Oct</b>  |
| Chicken Sandwich (39.00 g)<br>Potato Smiles Emoji Shapes (27.07 g)<br>Potato Smiles (30.00 g)<br>Broccoli Dippers (2.90 g)<br>Applesauce Cup (14.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Ketchup Packet (2.00 g) |               | Beef Hotdog (31.00 g)<br>Baked Beans (30.00 g)<br>Curly Fries (17.00 g)<br>Pineapple Cup (15.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Ketchup Packet (2.00 g)                             |               | Breaded Chicken Drumstick (6.00 g)<br>Yeast Roll (24.00 g)<br>Green Beans (4.68 g)<br>Glazed Sweet Potatoes (29.87 g)<br>Peach Cup (13.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)              |               | Beefy Nachos with White Cheese (2.05 g)<br>Tortilla Chips in Bags (18.00 g)<br>Cherry or Grape Tomatoes (2.90 g)<br>Pinto Beans (18.25 g)<br>Salsa Dunk Cup (5.00 g)<br>Flavored Sour Raisins (36.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Sour Cream (1.00 g)  |               | Grilled Cheese Sandwich Individually Wrapped (30.96 g)<br>Baby Carrots (4.50 g)<br>Fruit Punch Flavored Vegetable Juice 4 oz. Box (14.00 g)<br>Marinara Dunk Cups (7.00 g)<br>Fresh Apple Slices in Bags (8.50 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g) |               |
|   | <b>11 Oct</b> |   | <b>12 Oct</b> |   | <b>13 Oct</b> |   | <b>14 Oct</b> |   | <b>15 Oct</b> |
|   |               |   |               | Chicken Nuggets (10.00 g)<br>Yeast Roll (24.00 g)<br>Green Beans (4.68 g)<br>Whipped Potatoes (14.86 g)<br>Peach Cup (13.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Ketchup Packet (2.00 g) |               | Chicken Nachos with White Cheese (5.49 g)<br>Tortilla Chips in Bags (18.00 g)<br>Black Beans (19.00 g)<br>Cherry or Grape Tomatoes (2.90 g)<br>Salsa Dunk Cup (5.00 g)<br>Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)<br>Fruit Punch Juice 4 oz. Box (15.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)<br>Sour Cream (1.00 g) |               | Pepperoni Pizza (34.00 g)<br>Steamed Broccoli (3.70 g)<br>Corn (17.96 g)<br>Pineapple Cup (15.00 g)<br>1% White Milk (13.00 g)<br>Fat Free Chocolate Milk (20.00 g)   |               |

# Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:13:10 PM by Penny Fowler

Site: ALL  
 Meal Type: Lunch  
 Site Group: Elementary School  
 Menu Line: Main

| Monday                               |               | Tuesday  |               | Wednesday                         |               | Thursday  |               | Friday   |               |
|--------------------------------------|---------------|--|---------------|-----------------------------------|---------------|---|---------------|--|---------------|
|                                      | <b>18 Oct</b> |  | <b>19 Oct</b> |                                   | <b>20 Oct</b> |   | <b>21 Oct</b> |  | <b>22 Oct</b> |
| Chicken Sandwich (39.00 g)           |               | Mozzarella Breadstick Twists (34.00 g)             |               | Asian Chicken Nuggets (22.50 g)   |               | Beefy Nachos with White Cheese (2.05 g)           |               | Cheese Pizza Anytimer Kit (34.00 g)                      |               |
| Potato Smiles Emoji Shapes (27.07 g) |               | Mango Flavored Vegetable Juice 4 oz. Box (14.00 g) |               | Vegetable Egg Roll (22.00 g)      |               | Tortilla Chips in Bags (18.00 g)                  |               | Baby Carrots (4.50 g)                                    |               |
| Potato Smiles (30.00 g)              |               | Marinara Dunk Cups (7.00 g)                        |               | Baby Carrots (4.50 g)             |               | Cherry or Grape Tomatoes (2.90 g)                 |               | Fruit Punch Flavored Vegetable Juice 4 oz. Box (14.00 g) |               |
| Steamed Squash (4.03 g)              |               | Corn (17.96 g)                                     |               | Steamed Broccoli (3.70 g)         |               | Pinto Beans (18.25 g)                             |               | Fresh Apple Slices in Bags (8.50 g)                      |               |
| Applesauce Cup (14.00 g)             |               | Fresh Pear (25.00 g)                               |               | Mandarin Orange Cup (16.00 g)     |               | Salsa Dunk Cup (5.00 g)                           |               | 1% White Milk (13.00 g)                                  |               |
| 1% White Milk (13.00 g)              |               | 1% White Milk (13.00 g)                            |               | 1% White Milk (13.00 g)           |               | Flavored Sour Raisins (36.00 g)                   |               | Fat Free Chocolate Milk (20.00 g)                        |               |
| Fat Free Chocolate Milk (20.00 g)    |               | Fat Free Chocolate Milk (20.00 g)                  |               | Fat Free Chocolate Milk (20.00 g) |               | 1% White Milk (13.00 g)                           |               |  |               |
| Ketchup Packet (4.00 g)              |               |  |               |                                   |               | Fat Free Chocolate Milk (20.00 g)                 |               |  |               |
|                                      |               |  |               |                                   |               | Sour Cream (1.00 g)                               |               |  |               |
|                                      | <b>25 Oct</b> |  | <b>26 Oct</b> |                                   | <b>27 Oct</b> |   | <b>28 Oct</b> |  | <b>29 Oct</b> |
| Cheeseburger (32.00 g)               |               | Chicken Nuggets (10.00 g)                          |               | Cheesy French Bread (30.00 g)     |               | Chicken Nachos with White Cheese (5.49 g)         |               | Chicken, Turkey, & Cheese Sandwich (27.00 g)             |               |
| Baked Beans (30.00 g)                |               | Yeast Roll (24.00 g)                               |               | Steamed Broccoli (3.70 g)         |               | Tortilla Chips in Bags (18.00 g)                  |               | Baked Cheetos (17.00 g)                                  |               |
| Tater Tots (14.00 g)                 |               | Green Beans (4.68 g)                               |               | Marinara Dunk Cups (7.00 g)       |               | Black Beans (19.00 g)                             |               | Baby Carrots (4.50 g)                                    |               |
| Applesauce Cup (14.00 g)             |               | Whipped Potatoes (14.86 g)                         |               | Corn (17.96 g)                    |               | Cherry or Grape Tomatoes (2.90 g)                 |               | Mango Flavored Vegetable Juice 4 oz. Box (14.00 g)       |               |
| 1% White Milk (13.00 g)              |               | Peach Cup (13.00 g)                                |               | Pineapple Cup (15.00 g)           |               | Salsa Dunk Cup (5.00 g)                           |               | Fresh Apple Slices in Bags (8.50 g)                      |               |
| Fat Free Chocolate Milk (20.00 g)    |               | 1% White Milk (13.00 g)                            |               | 1% White Milk (13.00 g)           |               | Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) |               | 1% White Milk (13.00 g)                                  |               |
| Ketchup Packet (2.00 g)              |               | Fat Free Chocolate Milk (20.00 g)                  |               | Fat Free Chocolate Milk (20.00 g) |               | Fruit Punch Juice 4 oz. Box (15.00 g)             |               | Fat Free Chocolate Milk (20.00 g)                        |               |
|                                      |               | Ketchup Packet (2.00 g)                            |               |                                   |               | 1% White Milk (13.00 g)                           |               |  |               |
|                                      |               |  |               |                                   |               | Fat Free Chocolate Milk (20.00 g)                 |               |  |               |
|                                      |               |  |               |                                   |               | Sour Cream (1.00 g)                               |               |  |               |
|                                      | <b>1 Nov</b>  |  | <b>2 Nov</b>  |                                   | <b>3 Nov</b>  |   | <b>4 Nov</b>  |  | <b>5 Nov</b>  |
| Chicken Sandwich (39.00 g)           |               | Beef Hotdog (31.00 g)                              |               | Asian Chicken Nuggets (22.50 g)   |               | Beefy Nachos with White Cheese (2.05 g)           |               | Grilled Cheese Sandwich Individually Wrapped (30.96 g)   |               |
| Green Beans (4.68 g)                 |               | Baked Beans (30.00 g)                              |               | Vegetable Egg Roll (22.00 g)      |               | Tortilla Chips in Bags (18.00 g)                  |               | Baby Carrots (4.50 g)                                    |               |
| Potato Smiles Emoji Shapes (27.07 g) |               | Curly Fries (17.00 g)                              |               | Baby Carrots (4.50 g)             |               | Cherry or Grape Tomatoes (2.90 g)                 |               | Fruit Punch Flavored Vegetable Juice 4 oz. Box (14.00 g) |               |
| Potato Smiles (30.00 g)              |               | Pineapple Cup (15.00 g)                            |               | Steamed Broccoli (3.70 g)         |               | Pinto Beans (18.25 g)                             |               | Marinara Dunk Cups (7.00 g)                              |               |
| Applesauce Cup (14.00 g)             |               | 1% White Milk (13.00 g)                            |               | Mandarin Orange Cup (16.00 g)     |               | Salsa Dunk Cup (5.00 g)                           |               | Fresh Apple Slices in Bags (8.50 g)                      |               |
| 1% White Milk (13.00 g)              |               | Fat Free Chocolate Milk (20.00 g)                  |               | 1% White Milk (13.00 g)           |               | Flavored Sour Raisins (36.00 g)                   |               | 1% White Milk (13.00 g)                                  |               |
| Fat Free Chocolate Milk (20.00 g)    |               | Ketchup Packet (2.00 g)                            |               | Fat Free Chocolate Milk (20.00 g) |               | 1% White Milk (13.00 g)                           |               | Fat Free Chocolate Milk (20.00 g)                        |               |
| Ketchup Packet (4.00 g)              |               |  |               |                                   |               | Fat Free Chocolate Milk (20.00 g)                 |               |  |               |
|                                      |               |  |               |                                   |               | Sour Cream (1.00 g)                               |               |  |               |

Carbohydrate values in grams follow the Menu Item name