

# Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:11:08 PM by Penny Fowler

Site: ALL  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: Main

Monday		Tuesday		Wednesday		Thursday		Friday	
	<b>27 Sep</b>		<b>28 Sep</b>		<b>29 Sep</b>		<b>30 Sep</b>		<b>1 Oct</b>
Cereal Kit Including Cinnamon Cereal, Graham Crackers & Juice (55.00 g) Cereal Kit Including Fruit Loop Cereal, Graham Crackers & Juice (56.00 g) Mixed Fruit Cups (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Plain Biscuit (28.00 g) Pork Sausage Links Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Chicken Sausage Pancake Slider (17.00 g) Applesauce Cup (14.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Chicken Biscuit (37.00 g) Apple Juice Box 4 oz. Box (14.00 g) Orange Juice 4 oz. Carton (14.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Dutch Waffle (45.81 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)	
	<b>4 Oct</b>		<b>5 Oct</b>		<b>6 Oct</b>		<b>7 Oct</b>		<b>8 Oct</b>
Cereal Kit Including Frosted Flakes, Graham Crackers & Juice (56.00 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Pop-Tart Blueberry Flavored (38.00 g) Pop-tart Strawberry Flavored (38.00 g) Mozzarella String Cheese (1.00 g) Craisins (28.00 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		French Toast Sticks (34.67 g) Applesauce Cup (14.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)		Steak Biscuit (37.00 g) Apple Juice Box 4 oz. Box (14.00 g) Orange Juice 4 oz. Carton (14.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Breakfast Bun (39.00 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)	
	<b>11 Oct</b>		<b>12 Oct</b>		<b>13 Oct</b>		<b>14 Oct</b>		<b>15 Oct</b>
				Blueberry Mini Pancakes (35.00 g) Chocolate Mini Pancakes (37.00 g) Maple Mini Pancakes (35.00 g) Confetti Mini Pancakes (36.00 g) Blueberry Mini Waffles (37.00 g) Cinnamon Mini Waffles (35.00 g) Maple Mini Eggo Waffles (35.00 g) Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)		Chicken Biscuit (37.00 g) Apple Juice Box 4 oz. Box (14.00 g) Orange Juice 4 oz. Carton (14.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Blueberry Muffin (30.00 g) Omelet (1.00 g) Applesauce Cup (14.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)	

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	<b>18 Oct</b>		<b>19 Oct</b>		<b>20 Oct</b>		<b>21 Oct</b>		<b>22 Oct</b>
Cereal Kit Including Frosted Flakes, Graham Crackers & Juice (56.00 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Maple Egg & Sausage Breakfast Taquito (22.00 g) Craisins (28.00 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Apple Cinnamon Texas Toast (45.00 g) Applesauce Cup (14.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Steak Biscuit (37.00 g) Apple Juice Box 4 oz. Box (14.00 g) Orange Juice 4 oz. Carton (14.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Pancake Wrapped Sausage on a Stick (17.00 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)	
	<b>25 Oct</b>		<b>26 Oct</b>		<b>27 Oct</b>		<b>28 Oct</b>		<b>29 Oct</b>
Cereal Kit Including Cinnamon Cereal, Graham Crackers & Juice (55.00 g) Cereal Kit Including Fruit Loop Cereal, Graham Crackers & Juice (56.00 g) Mixed Fruit Cups (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Plain Biscuit (28.00 g) Pork Sausage Links Craisins (28.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Chicken Sausage Pancake Slider (17.00 g) Applesauce Cup (14.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Chicken Biscuit (37.00 g) Apple Juice Box 4 oz. Box (14.00 g) Orange Juice 4 oz. Carton (14.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Dutch Waffle (45.81 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)	
	<b>1 Nov</b>		<b>2 Nov</b>		<b>3 Nov</b>		<b>4 Nov</b>		<b>5 Nov</b>
Cereal Kit Including Frosted Flakes, Graham Crackers & Juice (56.00 g) Mandarin Orange Cup (16.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		Pop-Tart Blueberry Flavored (38.00 g) Pop-tart Strawberry Flavored (38.00 g) Mozzarella String Cheese (1.00 g) Craisins (28.00 g) Fresh Orange (15.39 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)		French Toast Sticks (34.67 g) Applesauce Cup (14.00 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Maple Syrup (4.00 g)		Steak Biscuit (37.00 g) Apple Juice Box 4 oz. Box (14.00 g) Orange Juice 4 oz. Carton (14.00 g) Flavored Sour Raisins (36.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Jelly Packet- Grape (9.00 g)		Breakfast Bun (39.00 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)	

Carbohydrate values in grams follow the Menu Item name