

# Menu Calendar Report - October, 2021

Generated on: 10/1/2021 3:12:46 PM by Penny Fowler

Site: ALL  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: Main

Monday		Tuesday		Wednesday		Thursday		Friday	
27 Sep		28 Sep		29 Sep		30 Sep		1 Oct	
Cherry Blossom Chicken (27.00 g)	Country Fried Steak (16.00 g)	Breaded Chicken Drumstick (6.00 g)	Beefy Nachos with Yellow Cheese (4.04 g)	Chicken Sandwich (39.00 g)					
Large Peanut Butter and Jelly Sandwich (64.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)	Mozzarella Breadstick Twists (34.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)					
Peanut Butter and Strawberry Jelly Sandwich (32.00 g)	Peanut Butter and Strawberry Jelly Sandwich (32.00 g)	Peanut Butter and Strawberry Jelly Sandwich (32.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)	Peanut Butter and Strawberry Jelly Sandwich (32.00 g)					
Soybutter & Grape Jelly Sandwich (28.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)	Peanut Butter and Strawberry Jelly Sandwich (32.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)					
Cheesy French Bread (30.00 g)	Cheese Pizza (34.00 g)	Deep Dish Pepperoni Pizza (34.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)	Deep Dish Cheese Pizza (34.00 g)					
Sweet Chili Doritos (20.00 g)	Cool Ranch Doritos (20.00 g)	Nacho Cheese Doritos (20.00 g)	Cool Ranch Doritos (20.00 g)	Harvest Cheddar Sunchips (19.00 g)					
Vegetable Fried Rice (34.87 g)	Roll 1.25 oz. (20.00 g)	Roll 1.25 oz. (20.00 g)	Tortilla Chips in Bags- HS Portion (29.00 g)	Mozzarella String Cheese (1.00 g)					
Mozzarella String Cheese (1.00 g)	Colby Jack Cheese Cubes (1.00 g)	Mozzarella String Cheese (1.00 g)	Colby Jack Cheese Cubes (1.00 g)	Steamed Broccoli (3.70 g)					
Baby Carrots (4.50 g)	Whipped Potatoes (14.86 g)	Green Beans (4.68 g)	Ranchero Black Beans (20.39 g)	Whipped Potatoes (14.86 g)					
Steamed Cabbage (6.07 g)	Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)	Glazed Sweet Potatoes (29.87 g)	Marinara Dunk Cups (7.00 g)	Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)					
Marinara Dunk Cups (7.00 g)	Fruit Punch Juice 4 oz. Box (15.00 g)	Peach Cup (13.00 g)	Salsa Dunk Cup (5.00 g)	Fruit Punch Juice 4 oz. Box (15.00 g)					
Mandarin Orange Cup (16.00 g)	Fresh Pear (25.00 g)	Fresh Apple Slices in Bags (8.50 g)	Corn (17.96 g)	Fresh Pear (25.00 g)					
Granny Smith Apple (25.10 g)	1% White Milk (13.00 g)	1% White Milk (13.00 g)	Pineapple Cup (15.00 g)	1% White Milk (13.00 g)					
Banana (29.00 g)	Fat Free Chocolate Milk (20.00 g)	Fat Free Chocolate Milk (20.00 g)	Fresh Pear (25.00 g)	Fat Free Chocolate Milk (20.00 g)					
1% White Milk (13.00 g)	Soy Milk (20.10 g)	Soy Milk (20.10 g)	1% White Milk (13.00 g)	Soy Milk (20.10 g)					
Fat Free Chocolate Milk (20.00 g)	Country Gravy (5.97 g)	BBQ Sauce (5.00 g)	Fat Free Chocolate Milk (20.00 g)	Country Gravy (5.97 g)					
Soy Milk (20.10 g)		Hot sauce (0.23 g)	Soy Milk (20.10 g)						
Sweet & Sour Sauce (4.00 g)			Sour Cream (1.00 g)						
4 Oct		5 Oct		6 Oct		7 Oct		8 Oct	
Cheeseburger (32.00 g)	Chicken Nuggets (12.00 g)	Beef Hotdog (31.00 g)	Chicken and Cheese Taquito (14.58 g)	Grilled Cheese Sandwich Individually Wrapped (30.96 g)					
Mozzarella Breadstick Twists (34.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)	Chicken Chili Crisпитos (23.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)					
Large Peanut Butter and Jelly Sandwich (64.00 g)	Peanut Butter and Grape Jelly Sandwich (32.00 g)	Peanut Butter and Grape Jelly Sandwich (32.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g)	Peanut Butter and Grape Jelly Sandwich (32.00 g)					
Peanut Butter and Grape Jelly Sandwich (32.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)	Peanut Butter and Grape Jelly Sandwich (32.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)					
Soybutter & Grape Jelly Sandwich (28.00 g)	Pepperoni Pizza (34.00 g)	Deep Dish Cheese Pizza (34.00 g)	Soybutter & Grape Jelly Sandwich (28.00 g)	Deep Dish Pepperoni Pizza (34.00 g)					
Cool Ranch Doritos (20.00 g)	Chili Cheese Fantastix (19.00 g)	Harvest Cheddar Sunchips (19.00 g)	Pepperoni Hot Pocket (32.00 g)	Nacho Cheese Doritos (20.00 g)					
Cheddar Cheese Cubes	Roll 1.25 oz. (20.00 g)	Mozzarella String Cheese (1.00 g)	Doritos Flamas (20.00 g)	Mozzarella String Cheese (1.00 g)					
Baked Beans (30.00 g)	Mozzarella String Cheese (1.00 g)	Baked Beans (30.00 g)	Cheddar Cheese Cubes	Broccoli Dippers (2.90 g)					
Cherry or Grape Tomatoes (2.90 g)	Green Beans (4.68 g)	Cole Slaw (14.59 g)	Pinto Beans (18.25 g)	Baby Carrots (4.50 g)					
Thick Cut Oven Fries (30.08 g)	Whipped Potatoes (14.86 g)	Baby Carrots (4.50 g)	Marinara Dunk Cups (7.00 g)	Marinara Dunk Cups (7.00 g)					
Curly Fries (25.50 g)	Peach Cup (13.00 g)	Grape Juice 4 oz. Carton (19.00 g)	Salsa Dunk Cup (5.00 g)	Applesauce Cup (14.00 g)					
Marinara Dunk Cups (7.00 g)	Fresh Pear (25.00 g)	Fresh Apple Slices in Bags (8.50 g)	Corn (17.96 g)	Fresh Orange (15.39 g)					
Mixed Fruit Cups (15.00 g)	1% White Milk (13.00 g)		Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)						

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4 Oct	5 Oct	6 Oct	7 Oct	8 Oct
Granny Smith Apple (25.10 g) Banana (29.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g) Mustard	Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g)	1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g) Mustard	Fruit Punch Juice 4 oz. Box (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Sour Cream (1.00 g)	Fresh Strawberries (2.89 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)
11 Oct	12 Oct	13 Oct	14 Oct	15 Oct
		Country Fried Steak (16.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Cheese Pizza (34.00 g) Cool Ranch Doritos (20.00 g) Roll 1.25 oz. (20.00 g) Colby Jack Cheese Cubes (1.00 g) Steamed Broccoli (3.70 g) Whipped Potatoes (14.86 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Country Gravy (5.97 g)	Beefy Nachos with Yellow Cheese (4.04 g) Mozzarella Breadstick Twists (34.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Cool Ranch Doritos (20.00 g) Tortilla Chips in Bags- HS Portion (29.00 g) Colby Jack Cheese Cubes (1.00 g) Ranchero Black Beans (20.39 g) Marinara Dunk Cups (7.00 g) Salsa Dunk Cup (5.00 g) Corn (17.96 g) Pineapple Cup (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Sour Cream (1.00 g)	Breaded Chicken Drumstick (6.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Deep Dish Pepperoni Pizza (34.00 g) Nacho Cheese Doritos (20.00 g) Roll 1.25 oz. (20.00 g) Mozzarella String Cheese (1.00 g) Green Beans (4.68 g) Glazed Sweet Potatoes (29.87 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) BBQ Sauce (5.00 g) Hot sauce (0.23 g)
18 Oct	19 Oct	20 Oct	21 Oct	22 Oct
Bacon Cheeseburger (32.00 g) Mozzarella Breadstick Twists (34.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Grape Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Cool Ranch Doritos (20.00 g)	Chicken Nuggets (12.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Grape Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Pepperoni Pizza (34.00 g) Chili Cheese Fantastix (19.00 g)	Mac & Cheese with Cheddar Cheese Sauce (36.01 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Grape Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Deep Dish Cheese Pizza (34.00 g)	Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Grape Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Pepperoni Hot Pocket (32.00 g) Walking Chicken Taco (12.80 g) Doritos Flamas (20.00 g)	Beef Hotdog (31.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Grape Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Deep Dish Pepperoni Pizza (34.00 g) Nacho Cheese Doritos (20.00 g)

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18 Oct	19 Oct	20 Oct	21 Oct	22 Oct
Cheddar Cheese Cubes Baked Beans (30.00 g) Cherry or Grape Tomatoes (2.90 g) Thick Cut Oven Fries (30.08 g) Curly Fries (25.50 g) Marinara Dunk Cups (7.00 g) Mixed Fruit Cups (15.00 g) Red Delicious Apple (25.00 g) Banana (29.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g) Mustard	Roll 1.25 oz. (20.00 g) Mozzarella String Cheese (1.00 g) Green Beans (4.68 g) Whipped Potatoes (14.86 g) Peach Cup (13.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g)	Harvest Cheddar Sunchips (19.00 g) Garlic Toast Texas Style (14.00 g) Mozzarella String Cheese (1.00 g) Parmesan Broccoli (1.87 g) Baby Carrots (4.50 g) Grape Juice 4 oz. Carton (19.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g)	Tortilla Chips in Bags- HS Portion (29.00 g) Cheddar Cheese Cubes Refried Beans with Jalapenos (27.79 g) Marinara Dunk Cups (7.00 g) Salsa Dunk Cup (5.00 g) Corn (17.96 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Sour Cream (1.00 g)	Mozzarella String Cheese (1.00 g) Baked Beans (30.00 g) Cole Slaw (14.59 g) Baby Carrots (4.50 g) Applesauce Cup (14.00 g) Fresh Orange (15.39 g) Fresh Strawberries (2.89 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g) Mustard
25 Oct	26 Oct	27 Oct	28 Oct	29 Oct
Cherry Blossom Chicken (27.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Cheesy French Bread (30.00 g) Sweet Chili Doritos (20.00 g) Vegetable Fried Rice (34.87 g) Mozzarella String Cheese (1.00 g) Baby Carrots (4.50 g) Steamed Squash (4.03 g) Marinara Dunk Cups (7.00 g) Mandarin Orange Cup (16.00 g) Granny Smith Apple (25.10 g) Banana (29.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Sweet & Sour Sauce (4.00 g)	Country Fried Steak (16.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Cheese Pizza (34.00 g) Cool Ranch Doritos (20.00 g) Roll 1.25 oz. (20.00 g) Colby Jack Cheese Cubes (1.00 g) Steamed Broccoli (3.70 g) Whipped Potatoes (14.86 g) Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g) Fruit Punch Juice 4 oz. Box (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Country Gravy (5.97 g)	Breaded Chicken Drumstick (6.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Deep Dish Pepperoni Pizza (34.00 g) Nacho Cheese Doritos (20.00 g) Roll 1.25 oz. (20.00 g) Mozzarella String Cheese (1.00 g) Green Beans (4.68 g) Glazed Sweet Potatoes (29.87 g) Peach Cup (13.00 g) Fresh Apple Slices in Bags (8.50 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) BBQ Sauce (5.00 g) Hot sauce (0.23 g)	Beefy Nachos with Yellow Cheese (4.04 g) Mozzarella Breadstick Twists (34.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Cool Ranch Doritos (20.00 g) Tortilla Chips in Bags- HS Portion (29.00 g) Colby Jack Cheese Cubes (1.00 g) Ranchero Black Beans (20.39 g) Marinara Dunk Cups (7.00 g) Salsa Dunk Cup (5.00 g) Corn (17.96 g) Pineapple Cup (15.00 g) Fresh Pear (25.00 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Sour Cream (1.00 g)	Chicken Sandwich (39.00 g) Large Peanut Butter and Jelly Sandwich (64.00 g) Peanut Butter and Strawberry Jelly Sandwich (32.00 g) Soybutter & Grape Jelly Sandwich (28.00 g) Deep Dish Cheese Pizza (34.00 g) Harvest Cheddar Sunchips (19.00 g) Mozzarella String Cheese (1.00 g) Tater Tots (21.00 g) Baby Carrots (4.50 g) Applesauce Cup (14.00 g) Fresh Orange (15.39 g) Fresh Strawberries (2.89 g) 1% White Milk (13.00 g) Fat Free Chocolate Milk (20.00 g) Soy Milk (20.10 g) Ketchup Packet (2.00 g) Light Mayonnaise (1.00 g)

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 Menu Line: Main

Monday		Tuesday		Wednesday		Thursday		Friday	
	<b>1 Nov</b>		<b>2 Nov</b>		<b>3 Nov</b>		<b>4 Nov</b>		<b>5 Nov</b>
Cheeseburger (32.00 g)		Chicken Nuggets (12.00 g)		Beef Hotdog (31.00 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)	
Mozzarella Breadstick Twists (34.00 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)		Large Peanut Butter and Jelly Sandwich (64.00 g)		Peanut Butter and Grape Jelly Sandwich (32.00 g)		Peanut Butter and Grape Jelly Sandwich (32.00 g)	
Large Peanut Butter and Jelly Sandwich (64.00 g)		Peanut Butter and Grape Jelly Sandwich (32.00 g)		Peanut Butter and Grape Jelly Sandwich (32.00 g)		Soybutter & Grape Jelly Sandwich (28.00 g)		Soybutter & Grape Jelly Sandwich (28.00 g)	
Peanut Butter and Grape Jelly Sandwich (32.00 g)		Soybutter & Grape Jelly Sandwich (28.00 g)		Soybutter & Grape Jelly Sandwich (28.00 g)		Pepperoni Hot Pocket (32.00 g)		Deep Dish Pepperoni Pizza (34.00 g)	
Soybutter & Grape Jelly Sandwich (28.00 g)		Pepperoni Pizza (34.00 g)		Deep Dish Cheese Pizza (34.00 g)		Walking Chicken Taco (12.80 g)		Chicken, Turkey, & Cheese Sandwich (27.00 g)	
Cool Ranch Doritos (20.00 g)		Chili Cheese Fantastix (19.00 g)		Harvest Cheddar Sunchips (19.00 g)		Doritos Flamas (20.00 g)		Nacho Cheese Doritos (20.00 g)	
Cheddar Cheese Cubes		Roll 1.25 oz. (20.00 g)		Mozzarella String Cheese (1.00 g)		Tortilla Chips in Bags- HS Portion (29.00 g)		Mozzarella String Cheese (1.00 g)	
Baked Beans (30.00 g)		Mozzarella String Cheese (1.00 g)		Baked Beans (30.00 g)		Cheddar Cheese Cubes		Broccoli Dippers (2.90 g)	
Cherry or Grape Tomatoes (2.90 g)		Green Beans (4.68 g)		Cole Slaw (14.59 g)		Pinto Beans (18.25 g)		Baby Carrots (4.50 g)	
Thick Cut Oven Fries (30.08 g)		Whipped Potatoes (14.86 g)		Baby Carrots (4.50 g)		Marinara Dunk Cups (7.00 g)		Applesauce Cup (14.00 g)	
Curly Fries (25.50 g)		Peach Cup (13.00 g)		Grape Juice 4 oz. Carton (19.00 g)		Salsa Dunk Cup (5.00 g)		Fresh Orange (15.39 g)	
Marinara Dunk Cups (7.00 g)		Fresh Pear (25.00 g)		Fresh Apple Slices in Bags (8.50 g)		Corn (17.96 g)		Fresh Strawberries (2.89 g)	
Mixed Fruit Cups (15.00 g)		1% White Milk (13.00 g)		1% White Milk (13.00 g)		Blue Raspberry Fruit Juice 4 oz. Carton (14.00 g)		1% White Milk (13.00 g)	
Granny Smith Apple (25.10 g)		Fat Free Chocolate Milk (20.00 g)		Fat Free Chocolate Milk (20.00 g)		Fruit Punch Juice 4 oz. Box (15.00 g)		Fat Free Chocolate Milk (20.00 g)	
Banana (29.00 g)		Soy Milk (20.10 g)		Soy Milk (20.10 g)		Fresh Pear (25.00 g)		Soy Milk (20.10 g)	
1% White Milk (13.00 g)		Ketchup Packet (2.00 g)		Ketchup Packet (2.00 g)		1% White Milk (13.00 g)		Light Mayonnaise (1.00 g)	
Fat Free Chocolate Milk (20.00 g)				Mustard		Fat Free Chocolate Milk (20.00 g)			
Soy Milk (20.10 g)						Soy Milk (20.10 g)			
Ketchup Packet (2.00 g)						Sour Cream (1.00 g)			
Light Mayonnaise (1.00 g)									
Mustard									

Carbohydrate values in grams follow the Menu Item name