

## Lunch Menu May & June 2025

### Thomas Holtzman Elementary School

This institution is an equal opportunity provider.

Menus are subject to change.

#### Thursday, May 1

Chicken Patty Sandwich (no spicy offered)

Alternate Entrée
Egg & Cheese
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Baked Beans, Lettuce & Tomato, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit



No Lunch Teacher In-service



**Tomorrow, May 5** 

### Monday, May 5

Spicy Chicken Tenders with Tea Roll (no plain offered)

Alternate Entrée Fish & Cheese Sandwich Or Wow Butter & Jelly Sandwich

Served with Green Beans, Mixed Fruit & Assorted Milk

Cinnamon Churro Treat

Meals must include veggie and/or fruit

### Tuesday, May 6

French Bread Pizza

Alternate Entrée
Fish & Cheese
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Baby Carrots, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Wed., May 7

Corn Dog Nuggets (meat is poultry)

Alternate Entrée Fish & Cheese Sandwich Or Wow Butter & Jelly Sandwich

Served with Potato Smiles, Steamed Broccoli, Orange Smiles & Assorted Milk

Meals must include veggie and/or fruit

### Thursday, May 8

Hard Shell Taco (meat is poultry) Cheese, Salsa, Sour Cream, Lettuce & Tomato

Alternate Entrée Fish & Cheese Sandwich Or Wow Butter & Jelly Sandwich

Served with Refried Beans, Peas, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Friday, May 9

Texas Toast Grilled Cheese

Alternate Entrée
Fish & Cheese
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Veggie Pick-up & Ranch Dip, Tater Tots, Applesauce & Assorted Milk

Meals must include veggie and/or fruit

### Monday, May 12

Chicken Nuggets with Tea Roll

Alternate Entrée
Hamburger (beef)
Or Wow Butter & Jelly
Sandwich

Served with Tater Tots, Baby Carrots, Peaches & Assorted Milk

Meals must include veggie and/or fruit

### Tuesday, May 13

Bosco Stick (no meat) with Red Sauce

Alternate Entrée Hamburger (beef) Or Wow Butter & Jelly Sandwich

Served with Veggie Pick-up & Ranch Dip, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Wed., May 14

Hot Diggity Dog (beef, pork, chicken)

Alternate Entrée
Hamburger (beef)
Or Wow Butter & Jelly
Sandwich

Served with Broccoli, Baked Beans, Orange Smiles & Assorted Milk

Meals must include veggie and/or fruit

### Thursday, May 15

Spicy Chicken Patty Sandwich (no plain offered)

Alternate Entrée
Hamburger (beef)
Or Wow Butter & Jelly
Sandwich

Served with Potato Rounds, Lettuce & Tomato, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Friday, May 16

Pizza Crunchers (no meat)

Alternate Entrée
Hamburger (beef)
Or Wow Butter & Jelly
Sandwich

Served with Peas & Carrots, Apple Slices & Assorted Milk

Meals must include veggie and/or fruit



Sunday, May 11

#### Monday, May 19

Meatball Sandwich (beef)

Alternate Entrée
Chicken Patty
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Steamed Broccoli, Seasoned Potatoes, Raisins & Assorted Milk

Meals must include veggie and/or fruit

### Tuesday, May 20

Teacher In-service



### No School Today

Make sure your family votes!

### Wed., May 21

Sliced Turkey & Cheese Sandwich

# Alternate Entrée Chicken Patty Sandwich Or Wow

Sandwich Or Wow Butter & Jelly Sandwich

Served with Lettuce & Tomato, Tater Tots, Peaches & Assorted Milk

Meals must include veggie and/or fruit

### Thursday, May 22

Nacho Taco (meat is poultry) Chips, Cheese, Salsa and Sour Cream

# Alternate Entrée Chicken Patty Sandwich Or Wow Butter & Jelly Sandwich

Served with Refried Beans, Lettuce & Tomato, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Friday, May 23

Pizzeria Pizza (no meat)

# Alternate Entrée Chicken Patty Sandwich Or Wow Butter & Jelly Sandwich

Served with Baby Carrots, Applesauce & Assorted Milk

Meals must include veggie and/or fruit

# CRAMITS AND VEGETABLES OF PLACES PLACES PROBLEM PROBLE

### **Boost your Burrito!**

Burritos made at home or at a Mexican restaurant, should **ALWAYS INCLUDE BEANS!** These tasty little wonders are a nutritional powerhouse, brimming with fiber, protein, and nutrients. For good nutrition, skimp on the cheese and load up



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

### Monday, May 26

### **NO SCHOOL**



### Tuesday, May 27

"Have it your way" Burger (beef)

Alternate Entrée Fish & Cheese Sandwich Or Wow Butter & Jelly Sandwich

Served with Lettuce & Tomato Fixins, Baked Beans, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Wed., May 28

Chicken Parmesan Sandwich

Alternate Entrée
Fish & Cheese
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Steamed Broccoli, Sliced Pears & Assorted Milk

Meals must include veggie and/or fruit

### Thursday, May 29

Turkey Ham & Cheese on a Roll

Alternate Entrée
Fish & Cheese
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Potato Rounds, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Friday, May 30

Cheese Filled Breadsticks with Red Sauce

Alternate Entrée Fish & Cheese Sandwich Or Wow Butter & Jelly Sandwich

Served with Peas & Carrots, Applesauce & Assorted Milk

Meals must include veggie and/or fruit

### Monday, June 2

Macaroni & Cheese with Tea Roll

Alternate Entrée
Turkey Beef Pepperoni
& Cheese Hot Stuffed
Sandwich Or Wow
Butter & Jelly Sandwich

Served with Steamed Broccoli, Sliced Pears & Assorted Milk

Meals must include veggie and/or fruit

### Tuesday, June 3

Manager's Choice

Alternate Entrée Manager's Choice

Served with Manager's Choice Veggie, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Wed., June 4

Manager's Choice

Alternate Entrée Manager's Choice

Served with Manager's Choice Veggie, Fruit & Assorted Milk

Meals must include veggie and/or fruit

### Thursday, June 5

Manager's Choice

Alternate Entrée Manager's Choice

Served with Manager's Choice Veggie, 100% Fruit Juice & Assorted Milk

Meals must include veggie and/or fruit

### Friday, June 6

### LAST DAY



NO LUNCH SERVED

