

# The Naz Newsletter



*Nazareth Academy High School Parent Update*

**November 28, 2021**

*“Since we cannot be together at the crib of our Savior, let us meet in spirit, united with our Lord and King, who out of love for us became man.”*



*-Blessed Mary of Jesus the Good Shepherd*

## **From the Office of the Principal**

### ***Mr. Jim Meredith***

I hope you all had a wonderful Thanksgiving. It was nice to step away from the routine for a few days to gather with family and friends and focus on gratitude.

Today, the holy season of Advent begins. A few years ago, I shared this story, but it was on my mind again, and I think it fits, so please forgive me. Every year during Advent, as a family we display the stable scene like most families do. When our youngest daughters were toddlers, they would take the miniature figurines of the stable and incorporate them into their games when they were playing with their toys. It was not uncommon for me to find a first century shepherd caring for Peppa Pig. One day, my daughter Abby was frantically searching through her toys. I did not really take notice until I heard her proclaim, “I found him. I was looking and looking and I finally found him. I found baby Jesus!”

The pure innocence and unbridled joy stopped me in my tracks, not easy to do during the hustle and bustle of the holiday season. For me, Abby’s proclamation encapsulated Advent perfectly. Whether we are young or old, we are all waiting for Jesus, just as Mary and Joseph waited for Jesus to complete the Holy Family.

As a school community, we will do many things together to prepare for Jesus. Ms. Shannon Donnelly, Campus Minister, speaks of our theme for Advent, *Joy*, in this edition of the Naz Newsletter. The Sacrament of Reconciliation will be offered on December 6<sup>th</sup> and we will celebrate Mass together on December 13<sup>th</sup>. The faculty and staff will gather for the Faculty and Staff Retreat on Wednesday,

December 8<sup>th</sup>, the Feast of the Immaculate Conception. Even though students will not be in school that day, please know that during our retreat we will remember our students and families in prayer. In addition, we will also use our dress down day on December 10<sup>th</sup> to support the purchase of Christmas gifts for families in need. Our community always demonstrates great support for those in need, most evident by the last successful [drive earlier this month to support Afghan refugees](#), thanks to Mr. Jim Daniels, Ms. Donnelly, and Mrs. Theresa Hartey.

My prayer for you and your family during Advent is that you continue to find Jesus in your hearts.



### Schedule for the Week

Monday, November 29: A Schedule

Tuesday, November 30: A Schedule; NAPA Meeting, 6:30 PM Minding Your Mind Presentation

Wednesday, December 1: C Schedule, Minding Your Mind Presentation

Thursday, December 2: A Schedule

Friday, December 3: A Schedule

#### Mon-Tues, Thurs-Fri, Nov 29-30 and Dec 2-3

##### A Schedule

Warning Bell	7:40 AM
Homeroom	7:45 AM -7:57 AM
BLOCK 1	8:00 AM- 9:21 AM
Block 1A	8:00 AM - 8:39 AM
Block 1B	8:42 AM- 9:21 AM
BLOCK 2	9:24 AM-10:45 AM
Block 2A	9:24 AM-10:03 AM
Block 2B	10:06 AM-10:45 AM
Activity Period	10:48 AM-11:23 AM
BLOCK 3	11:26 AM-12:47 PM
Block 3A	11:26 AM-12:05 PM
Block 3B	12:08 PM-12:47 PM
BLOCK 4	12:50 PM- 2:10 PM
Block 4A	12:50 PM- 1:29 PM
Block 4B	1:32 PM-2:10 PM

#### Wednesday, December 1

##### C Schedule

Warning Bell	7:40 AM
Homeroom	7:45 AM-7:57 AM
BLOCK 1	8:00 AM-9:01 AM
Block 1A	8:00 AM-8:29 AM
Block 1B	8:32 AM-9:01 AM
Assembly	9:04 AM-10:24 AM
BLOCK 2	10:27 AM-11:28 AM
Block 2A	10:27 AM-10:56 AM
Block 2B	10:59 AM-11:28 AM
Activity Period	11:31 AM-12:02 PM
BLOCK 3	12:05 PM-1:06 PM
Block 3A	12:05 PM-12:34 PM
Block 3B	12:37 PM-1:06 PM
BLOCK 4	1:09 PM-2:10 PM
Block 4A	1:09 PM-1:38 PM
Block 4B	1:41 PM-2:10 PM

## From the Office of the President

### *Denise LePera*

May this season of Advent be a time of hope, peace, joy and love. As we begin Advent, let's find the time to learn to wait with patience and strength.



### **Advancement Office**

#### **EITC/OSTC**

#### **Educational Improvement Tax Credit Program**

Learn how you can redirect your PA tax dollars to fund tuition assistance for deserving students at Nazareth! It's a simple process and you receive up to 90% in Tax Credits of the donated amount.

Have questions? Want to start the process? Contact Cecilia Biello, Director of Development at 215-268-1048 or [CBiello@NazarethAcademyHS.org](mailto:CBiello@NazarethAcademyHS.org)

### **SAT Prep Classes**

Math ~ Mr. Severino

English ~ Mrs. Severino

The Math and English Departments will be offering after school non-credit SAT Prep courses for the March 12<sup>th</sup> exam beginning on January 14<sup>th</sup> and for the May 7<sup>th</sup> exam beginning on March 11<sup>th</sup>. These courses will provide additional opportunities for our students to sharpen their skills and to perform better on the SATs.

#### **Classes for the March 12th exam:**

Math: January 14, 21, 26, 31, February 4, 11, 16, 28, March 4 and 9

Verbal: January 19 (1:05-2:05), 24, 28, February 2, 7, 14, 18, March 2, 7 and 11

### Classes for the May 7th exam:

Math: March 11, 16, 23, 28, April 4, 11, 20(1:05-2:05), 25, 29 and May 4

Verbal: March 14, 18, 25, 30, April 6, 13, 22, 27, May 2 and 6

[Click here to register for the SAT Prep Classes.](#)

### COVID Corner

This week there was one reported positive case with no close contacts.

We are grateful for your attention to the guidance of the City of Philadelphia and the CDC, especially:

- Completing the daily health questionnaire
- Following proper use of masks
- Using the hand sanitizing stations and wash your hands often

Quick Links and Reference:

[Daily Health Screening Questionnaire](#)

[Current Guidance for Schools from the City of Philadelphia Department of Health](#)

[Quarantine Visual Aid](#)

[PA Department of Health Dashboard](#)

Thank you for your ongoing support and patience!

### NAPA

Be sure to keep an eye out for our end of year 50/50 the **largest jackpot of the year \$2021**. Take a chance to win some post-Holiday Cash. Tickets go on sale, Wednesday, December 12<sup>th</sup>. Details to follow.

### Poinsettia, Wreaths, Garland & Ornament Pick Up Reminder 🌸

Pick up will take place in the Student Dining Room, Saturday, December 4<sup>th</sup> from 9:00-10:30 AM. Any plants that are not picked up will be donated back to the school and placed in the school chapel. Any volunteers helping with unloading and distribution will receive a confirmation email from Michelle Rozanski, NAPA's volunteer coordinator.

### Panda Perk: Beach Brew Is Back Thursday, December 2<sup>nd</sup> ☕🎄🥤🌸

Have yourself a **Merry Little Iced Coffee** .... Holiday Inspired flavors just in time for the **most wonderful time of year**. Beach Brew USA has partnered with NAPA to bring us our very own Panda Bean iced coffee drink: **available 6:45 AM- 7:30 AM in the Gym lobby**. \$5.00 per iced coffee.

### NAPA General Parent Meeting Reminder ~ Minding Your Mind

Hope you will join us for NAPA's General Parent meeting on Tuesday, November 30<sup>th</sup> featuring guest speaker Dr. DiLossi and young adult speaker Evan of **Minding your Mind**. Meeting begins promptly at 6:30 in the PAC. To register please click the following link : [Register today!](#)

## 2021 Nazareth Christmas Ornament While Supplies Last .... 🎄

Inspired by our beautiful Nazareth Rose Stain Glass Window.....and replicated by our talented senior Emily Krauss '22. This porcelain signed original piece of art can be displayed on your Christmas tree this year and many more years to come. It is such a beautiful keepsake. Great Pollyanna gift or hostess gift for any Nazareth Alumna. \$25.00 each. Don't wait to purchase or it may be too late. [Click here to purchase your ornament.](#)



## From the Office of Campus Ministry

### *Ms. Shannon Donnelly, Campus Minister*

**And just like that, it is the season of Advent!** As we begin this new shift in the liturgical calendar, we can meditate on our theme for the season: **JOY!**

I chose the theme of Joy to keep our eyes fixed on this gift. We must know that our Heavenly Father wants to give us so much joy after coming out of a more melancholic, and distressing pandemic. The world can surely try to steal our joy with all the chaos and fear, but the Lord wants to heal us by keeping us meditating on joy! One of the best parts of preparing for Christmas is the hugs, warmth of others, and the joy of lights, music, cookies, giving, receiving and family time. If we can be so generous to others and making them happy, then imagine how much more God desires this for His beloved Children! Here's to more and more amounts of joy! Heaven is filled with joy -- and they are surely not running out! So let us ask God, every day, to fill our hearts with much joy.

***"God has loved us because He is love itself. He wants to embrace us, to enkindle our hearts, and to make us happy!" -Blessed Mary of Jesus the Good Shepherd***

## **From the Office of Academic Affairs**

### ***Mrs. Pat Quinn, Assistant Principal***

#### **NAHS December Examination Schedule 2021**

##### **Tuesday, December 14 (2 60-minute examinations)**

8:10 AM Warning Bell

8:15 AM PRAYERS, ATTENDANCE & ANNOUNCEMENTS

8:30-9:30 AM Block 1 and Block 1 Classes meeting M, W, F

9:40-10:40 AM Blocks 2, 2a and Block 2b

##### **Wednesday, December 15 (2 60-minute examinations)**

8:10 AM Warning Bell

8:15 AM PRAYERS, ATTENDANCE & ANNOUNCEMENTS

8:30-9:30 AM Block 3 and Block 3A

9:40-10:40 AM Block 4 and Block 4 Classes meeting M, W, F

##### **Thursday, December 16 (3 60-minute examinations)**

8:10 AM Warning Bell

8:15 AM PRAYERS, ATTENDANCE & ANNOUNCEMENTS

8:30-9:30 AM Block 1 Class meeting T, Th, F

9:40-10:40 AM Block 3B

10:50-11:50 AM Block 4 Class meeting T, Th, F

EXAM MAKE-UP DAY

##### **Friday, December 17**

NO SCHOOL-FACULTY CLERICAL DAY

GRADES DUE BY 2:00 PM

## **From the Office of Student Life**

### ***Mrs. Theresa Hartey, Assistant Principal***

I hope you had a wonderful Thanksgiving with your family!

Powder Puff Football helped kick off the Thanksgiving holiday. In this epic defensive battle, the juniors emerged victorious. All involved demonstrated awesome school spirit.

It's the most wonderful time of the year at Nazareth Academy! Pajama Dress Down Day to benefit Naz-A-thon will take place on Friday, December 3<sup>rd</sup>.

For the following week, we will have:

Monday: Christmas sock day, Tuesday: Christmas hat day, Wednesday: Students off for Immaculate Conception, Thursday: Christmas sweater day, Friday: full Christmas dress down to benefit the CSC Christmas collection. On Friday December 10<sup>th</sup>, we will meet at Target to shop for families in need.

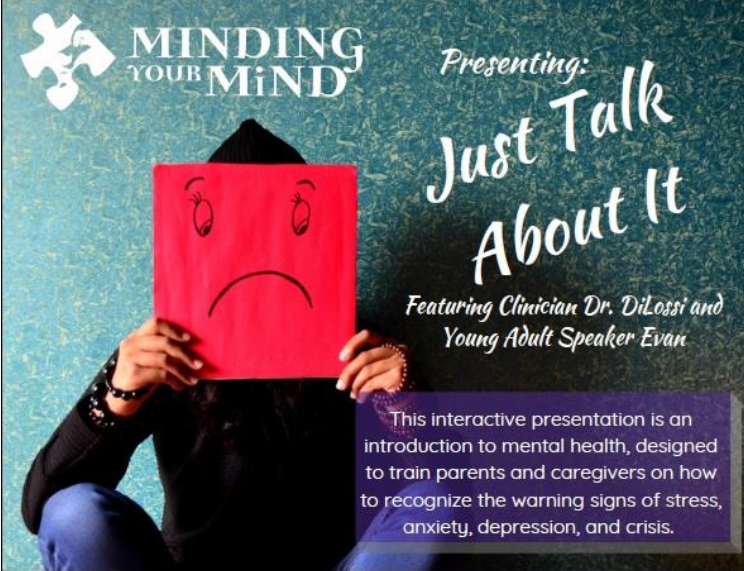
Have a great week! Go Pandas! God bless!



**From the Office of Counseling**  
***Ms. Mary Jane Whiteley, Director of Counseling***

Please join us for an interactive presentation on the evening of November 30<sup>th</sup> by Minding Your Mind presenters, Dr. DiLossi and young adult speaker Evan. Minding Your Mind will again be sharing valuable information around the topic of mental health. Please see the flyer to the right for more details on the Parent Program!

The Student Presentation of the Minding Your Mind Program will be the following day, December 1<sup>st</sup>, and will feature young adult speaker Kristen. You can read more about Kristen by [clicking here](#).



The flyer features a person in a black hoodie holding a red paper mask with a sad face. The background is a textured teal color. Text on the flyer includes the logo 'MINDING YOUR MiND', the title 'Presenting: Just Talk About It', and the names of the presenters. A purple box contains a description of the presentation.

**November 30th, 2021**  
**6:30 - 7:30 PM**  
Nazareth Academy High School  
4001 Grant Ave, Philadelphia, PA  
19114

Join us for a socially distanced in person presentation for parents!

Questions? Please contact  
Mary Jane Whiteley  
mwhiteley@nazarethacademyhs.org

Attendees will learn about:

- Stigma regarding mental health
- The most common causes and effects of stress and anxiety
- Adaptive and maladaptive coping skills
- The symptoms of depression
- The warning signs most often associated with a mental health crisis
- How to help a youth who is experiencing a mental health challenge or crisis

**From the Office of the Athletic Department**  
***Mr. Dan Bradley, Athletic Director***

**Weekly Athletic Schedule 11/29/21-12/5/21**

**Monday, November 29**

2:45 – 4:15 – V Track Practice  
4:30 – 6:30 – JV/V Basketball Practice-Gym  
5:00 – 7:00 – V Swimming Practice-Bensalem HS

**Tuesday, November 30**

2:45 – 4:15 – V Track Practice  
3:45 – 4:45 – V & JV Basketball vs. Academy Park –Home  
5:00 – 7:00 – V Swimming Practice-Bensalem HS  
6:30 – 9:00 – V Cheer Practice-Gym

### **Wednesday, December 1**

4:30 – 6:30 – JV/V Basketball Practice-Gym  
5:00 – 7:00 – V Swimming Practice-Bensalem HS  
6:30 – 9:00 – V Cheer Practice-Gym

### **Thursday, December 2**

4:30 – 6:30 – JV/V Basketball Practice-Gym  
5:00 – 7:00 – V Swimming Practice-Bensalem HS  
6:30 – 9:00 – V Cheer Practice-Gym

### **Friday, December 3**

4:30 – 6:30 – JV/V Basketball Practice-Gym  
5:00 – 7:00 – V Swimming Practice-Bensalem HS

### **Saturday, December 4**

All day – UCA Regional Cheer Competition-Away  
11:00 – 12:00 – JV/V Basketball Practice-Torresdale Gym  
All day – Penn Academy Dance Recital

### **Sunday, December 5**

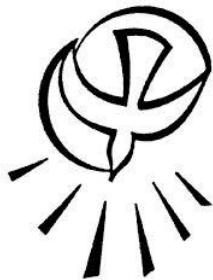
All day – Penn Academy Dance Recital

## **Prayer Intentions**

We offer our prayers and many blessings to the Sisters of the Holy Family of Nazareth who celebrate the 146<sup>th</sup> anniversary of the founding of their Congregation today, the first Sunday of Advent.

Also, please remember the following in your prayers:

- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- American men and women serving overseas
- Mr. Jack Barth (*Facilities*)
- Mrs. Jessica MacKay, *former Director of Counseling*
- Zdunkiewicz Family
- All intentions of the Nazareth Academy High School Community





# Why not take your Family to a great **CHRISTMAS** Show?



**“Christmas With the Chosen: The Messengers”** is a direct-to-theater episode shot entirely in secret and will have a 10-day run.

**December 1—10**

**Philadelphia Mills**

1149 Franklin Mills Circle  
Philadelphia, PA

**AMC Woodhaven 10**

1336 Bristol Pike  
Bensalem, PA

**AMC Neshaminy 24**

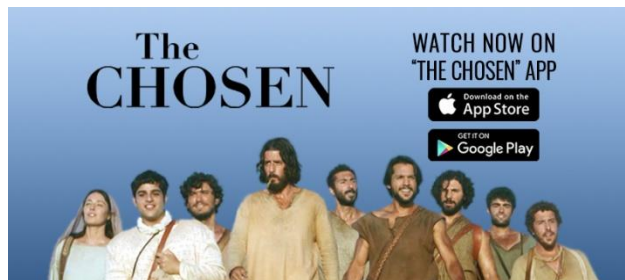
3900 Rockhill Dr  
Bensalem, PA

*“The Chosen,”* a series on the life of Jesus Christ available **free via the app**, has become a **global phenomenon** since its release in 2019, with **more than 300 million views** in over 190 countries. This year’s Christmas special marks the first time the crowdfunded show will be seen in cinemas. The special sold \$1.5 million in sales in the first 12 hours, shattering Fathom Events presale records and prompting the distributor to add more than 450 additional viewing locations to help meet demand.

Watch **“The Chosen”** Series Online:

<https://watch.angelstudios.com/thechosen>

OR Download the **FREE APP**, with an option to CAST ON TV.



For more info about **“The Chosen”** ask our **Sophomores!**