

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; text-align: center;"> Meals are FREE for EUSD students Adults Meals: \$5.00 </div>		1	2	3
		Grilled Cheese Sandwich Chicken & Waffles Yogurt & Granola	Grass Fed Organic Beef Bolognese Pasta EUSD Cheese Pizza Sunbutter Sandwich & String Cheese	All Beef Hamburger Popcorn Chicken Yogurt & Granola Brownie Bites
6	7	8	9	10
Pasta with Butter Parmesan Sauce EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Chicken Tenders Crunchy Grass Fed Beef Taco Sunbutter Sandwich & String Cheese	Cheese Quesadilla Brunch for Lunch Yogurt & Granola	BBQ Chicken & Mashed Potatoes EUSD Cheese Pizza Sunbutter Sandwich & String Cheese	Grass Fed Beef Hotdog Mozzarella Stuffed Breadsticks & Marinara Yogurt & Granola Double Chocolate Chip Cookie
13	14	15	16	17
Macaroni & Cheese EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Slow-Roasted Carnitas Taco Bean & Cheese Pupusa Sunbutter Sandwich & String Cheese	Grilled Cheese Sandwich Chicken & Waffles Yogurt & Granola	Fiesta Nacho Tower with Ground Beef EUSD Cheese Pizza Sunbutter Sandwich & String Cheese	All Beef Hamburger EUSD Spaghetti & Marinara with Chicken Meatballs Yogurt & Granola Chocolate Chip Cookies
20	21	22	Winter Break (December 23-January 7 th)	
Crispy Chicken Sandwich EUSD Cheese Pizza Yogurt & Granola Natural Fruit Popsicle	Shredded Chicken Taco Bean, Rice & Cheese Burrito Sunbutter Sandwich & String Cheese	Cheese Quesadilla Brunch for Lunch Yogurt & Granola		

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.

-Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items

-Food Allergies:

- Most **Gluten free** entrées are gluten free **without** the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
- Items may be processed in facilities that also process **nuts** and other allergens.
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <http://www.eusd.net/child-nutrition-services/student-menus-nutrition-and-allergen-information/>

**Menus are subject to change without notice
This institution is an equal opportunity provider

Contains Pork:
 Gluten Free:
 Vegetarian:
 Scratch-made
 Fresh Daily:



Breakfast: Served Daily at OK & PEC

Breakfast served daily before school

Menu:

- Maple Belgian Waffle
- Yogurt & Granola
- Assorted WG Cereal
- Bagel & Cream Cheese
- Whole Grain Muffins
- String Cheese
- Maple Mini Pancakes

Includes a choice of milk, 100%

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: Bananas

Tuesdays: Super Sliced Apples

Wednesdays: Locally Grown Valencia Oranges

Thursdays: California Grown Asian Pears

Fridays: California Grown Halo Mandarins

Various dressings are offered daily including a option.