

# Wellness Council Meeting Minutes

October 27, 2021

## Members:

Colleen Murray (Superintendent)	Marjorie Nusom (School Psychologist)
Jackie Nathman (Climate & Instruction Specialist)	Kate Beeman (Teacher)
Donna Ricciardi (BOE Food Service Coordinator)	Marie Bartels (Parent)
Caitlin Bruni (Nurse)	Dr. Jennifer Kapo (Parent)
Peter Ferrara (Chartwells)	Jennifer Searles (Parent)
Andrea Hubbard (Literacy Coach)	

**Attending:** Colleen Murray, Donna Ricciardi, Caitlin Bruni, Peter Ferrara, Andrea Hubbard, Marjorie Nusom, Kate Beeman, Dr. Jennifer Kapo, Jennifer Searles

**Absent:** Jackie Nathman, Marie Bartels

**Visitors:** None

## Call to Order

1. Mrs. Murray called the meeting to order at 3:31 pm via Zoom.

## Approval of Minutes

1. **Motion** by Andrea Hubbard, seconded by Colleen Murray, to approve the May 20, 2021 meeting minutes as presented. *The motion carries 8 yes, 1 abstain (Nusom), 2 absent (Nathman, Bartels)*

## Agenda

### 1. Triennial Assessment Update

Mrs. Ricciardi reported that the assessment was completed in May 2021 and the results are posted to the District website as required by the State.

## **2. 2020 - 2021 ConnectiCare Wellness Dollars Update**

Mrs. Ricciardi reported that the District spent \$2,500 on the WellSpark staff wellness program last school year.

## **3. 2021 - 2022 ConnectiCare Wellness Dollars**

Mrs. Murray stated that the District will once again receive \$2,500 from ConnectiCare to be spent on staff wellness during the 2021-2022 school year.

- The Council is considering another 5K/Color Run, as they have been successful in the past.
- The Council is also considering another Health Fair.
- Both events will need a committed Chairperson as soon as possible.

## **Future agenda items**

- Approval of the October 27, 2021 minutes
- ConnectiCare Wellness Dollars

**Adjournment** Meeting adjourned at 3:57 pm.

**Next meeting: Tuesday, November 23, 2021 at 3:30 pm**