

LWSD Middle School Lunch Menu

Nov 29th - Dec 3rd



FRUIT AND VEGETABLES OFFERED DAILY WITH LUNCH CHOICES

Fruits, Vegetables & Low Fat or Fat Free Milk included with all meals.

Daily Options

*Chicken Caesar Salad and Caesar Salad
with Rolls*



MONDAY	Turkey Sub Sandwich
TUESDAY	BBQ Chicken Sub Sandwich
WEDNESDAY	Turkey Ham Sub Sandwich
THURSDAY	Italian Sub Sandwich (pork)
FRIDAY	Chicken Bacon Ranch Wrap

3 Options Served Daily

with French Fries or Tater Tots

*Cheeseburger, Hamburger, Chicken Burger,
Spicy Chicken Burger or Veggie Burger*



MONDAY	Bacon Cheeseburger
TUESDAY	Chicken Corndog
WEDNESDAY	Grilled Cheese
THURSDAY	Turkey Hot Dog
FRIDAY	Chicken Nuggets with Roll

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MONDAY	Pepperoni (Pork) or Cheese Pizza
TUESDAY	Pepperoni (Pork) or Cheese Pizza
WEDNESDAY	Pepperoni (Pork) or Cheese Pizza
THURSDAY	Pepperoni (Pork) or Cheese Pizza
FRIDAY	Pepperoni (Pork) or Cheese Pizza



This Week's Feature:

MONDAY - Cheesy Breadsticks with Marinara Sauce
TUESDAY - Chicken Drumstick with Rolls
WEDNESDAY - Orange Chicken Rice Bowl
THURSDAY - Macaroni & Cheese
FRIDAY - Cheese Omelet & Cinnamon Pinwheel