



This institution is an equal opportunity provider

DECEMBER 2021

Stonington Middle School

ALL student meals are available at no cost through June 30, 2022!

Adults-\$4.25



Monday



Tuesday

Wednesday

Thursday

Friday

6
Mozzarella Sticks
Marinara Sauce
Garlic & Herb WG Breadstick
Seasoned Broccoli
Grapes

7
WG Nacho Chips
Taco Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Mixed Fruit

8
WG Penne Pasta
Meatballs
Marinara
Garlic Texas Toast
Steamed Carrots
Applesauce

9
Buffalo Chicken
Tot Bake
Celery & Carrot Sticks
Honey Wheat Biscuit
Fresh Apple
100% Juice

10
Homemade Pizza
Veggie Dippers
Crisp Romaine Salad
Mixed Berry Crisp

13
French Toast Sticks
Hash Browns
Honey Carrots
Chicken Sausage
Egg Patty
Strawberry Cups

14
Cheesy Chicken or Vegetable
Quesadilla
Brown Rice
Fiesta Black Beans
Salsa & Lettuce
Orange Wedges

15
WG Penne Pasta
Meatballs
Marinara
Garlic & Herb Breadstick
Steamed Carrots
Sliced Peaches

16
Teriyaki Chicken
Vegetable Fried Rice
Oriental Blend Vegetables
Corn & Edamame Blend
100% Juice

17
Sal's Pizza
Veggie Dippers
Crisp Romaine Salad
Mixed Fruit

20
Twisted Mozzarella Breadsticks
Homemade Chicken Noodle
Soup
Seasoned Broccoli
Blueberry Cups

21
WG Nacho Chips
Taco Beef or Fajita Chicken
Cheddar Cheese
Brown Rice
Refried Beans
Mixed Fruit

22
WG Penne Pasta
Meatballs
Marinara
Garlic & Herb Breadstick
Steamed Carrots
Diced Pears

23
Sal's Pizza
Veggie Dippers
Oven Fries
Mixed Fruit
100% Juice

24
*No School
Winter Recess*

27
*No School
Winter Recess*

28
*No School
Winter Recess*

29
*No School
Winter Recess*

30
*No School
Winter Recess*

31
*No School
Winter Recess*

- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit www.stoningtonschools.org/departments/food-services for more information
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat