



This institution is an equal opportunity provider

# DECEMBER 2021

Stonington High School

ALL student meals are available at no cost through June 30, 2022!

Adults-\$4.25

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**6**

Mozz Sticks  
Marinara Sauce  
Garlic Knot  
Parm Roasted Cauliflower  
Mixed Green Salad  
Grapes & 100% Juice

**7**

WG Nacho Chips  
Taco Beef or Fajita Chicken  
Brown Rice  
Fiesta Black Beans  
Salsa & Lettuce  
Tajin Fruit Salad & 100% Juice

**1**

Chicken or Eggplant Parm  
WG Pasta w/Marinara Sauce  
Homemade Italian Bread  
Green Beans  
Crisp Caesar Salad  
Blueberry Cups & 100% Juice

**2**

Popcorn Chicken  
Homemade Mashed Potatoes  
Corn  
Gravy  
Dinner Roll  
Strawberry Cups & 100% Juice

**3**

Sal's Pizza  
Veggie Dippers  
Crisp Romaine Salad  
Bananas  
100% Juice

**13**

Maple French Toast Sticks  
Roasted Red Potatoes  
Honey Carrots  
Chicken Sausage  
Egg Patty  
Strawberry Cups & 100% Juice

**14**

Cheesy Chicken or Vegetable  
Quesadilla  
Brown Rice  
Refried Beans  
Salsa & Lettuce  
Orange Wedges & 100% Juice

**8**

Rodeo Burger or  
Black Bean Patty  
w/Crema Sauce  
Roasted Potato Wedges  
Broccoli Salad  
Applesauce & 100% Juice

**9**

Buffalo Chicken  
Tot Bake  
Celery & Carrot Sticks  
Honey Wheat Biscuit  
Fresh Apple  
100% Juice

**10**

Homemade Pizza  
Veggie Dippers  
Crisp Romaine Salad  
Mixed Berry Crisp  
100% Juice

**15**

Italian Combo  
Garlic Texas Toast  
Seasoned Broccoli  
Mixed Green Salad  
Blueberry Cups & 100% Juice

**16**

Teriyaki Chicken  
Vegetable Fried Rice  
Oriental Blend Vegetables  
Corn & Edamame Blend  
Apples & 100% Juice

**17**

Sal's Pizza  
Veggie Dippers  
Crisp Romaine Salad  
Mixed Fruit  
100% Juice

**20**

Twisted Mozzarella Breadsticks  
Homemade Chicken Noodle  
Soup  
Mixed Green Salad  
Seasoned Broccoli  
Blueberry Cups & 100% Juice

**21**

WG Nacho Chips  
Taco Beef or Fajita Chicken  
Brown Rice  
Fiesta Black Beans  
Salsa & Lettuce  
Orange Wedges & 100% Juice

**22**

Italian Chicken with  
Oregano & Lemon  
Brown Rice  
Seasoned Broccoli  
Marinated Garbanzo Salad  
Fresh Apple & 100% Juice

**23**

Early Release  
Sal's Pizza  
Veggie Dippers  
Oven Fries  
Mixed Berry Crisp  
100% Juice

**24**

**No School  
Winter Recess**

**27**

**No School  
Winter Recess**

**28**

**No School  
Winter Recess**

**29**

**No School  
Winter Recess**

**30**

**No School  
Winter Recess**

**31**

**No School  
Winter Recess**



- All meals include protein, whole grains, fruit, vegetable, and fat-free flavored milk or 1% unflavored milk
- Visit [www.stoningtonschools.org/departments/food-services](http://www.stoningtonschools.org/departments/food-services) for more information
- Menu subject to change as needed without notice.
- WG=Whole Grain, WW=Whole Wheat