



BULLETIN #5.13
 November 21, 2021
www.nsd.org/northcreek

(Note - this is the best info we have at the time of publication, but dates do change on occasion)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22 *Regular 1-7 Day *Winter Sports Family Meeting (6:30 PM over Zoom)	23 *Regular 1-7 Day	24 *Regular 1-7 Day *NO Early Release *NO Blocks *NO Jag Time	25 NO SCHOOL THANKSGIVING	26 	27
28	29 *Regular 1-7 Day	30 *Regular 1-7 Day	December 1 *Block Schedule (2,4,6) & Jag Time	2 *Block Schedule (1,3,5,7) *Tutorial during Jag Time	3 *Regular 1-7 Day	4
5	6 *Regular 1-7 Day	7 *Regular 1-7 Day	8 *Block Schedule (2,4,6) & Jag Time	10 *Block Schedule (1,3,5,7) *Tutorial during Jag Time	11 *Regular 1-7 Day	12
13	14 *Regular 1-7 Day	15 *Regular 1-7 Day	16 *Block Schedule (2,4,6) & Jag Time	17 *Block Schedule (1,3,5,7) *Tutorial during Jag Time	18 *Regular 1-7 Day	19 WINTER BREAK BEGINS

Just 4 Fridays Until Winter Break!

NEWS and INFORMATION

1. We have amazing kids at North Creek!

Girls Swim & Dive (from Coach Stride)

At Districts:

- ★ **Katie Irimagawa**: 10th in the 200 yard freestyle, 6th in the 500 yard freestyle.
- ★ **Rebecca Romanschi**: 8th in the 50 yard freestyle and qualified for State. 12th in the 100 yard freestyle.
- ★ **Jameson Thornburg**: 16th in the 50 yard freestyle, 20th in the 100 yard freestyle.
- ★ **Lillian Ramberg**: 24th in the 50 yard freestyle.
- ★ **Carlie Cohen**: 8th in the 11 dive event.
- ★ **Ava Simmons**: 9th in the 11 dive event.
- ★ **Hannah Lin**: 15th in the 11 dive event.
- ★ **Trinity Nguyen**: 23rd in the 100 yard backstroke.

At State:

- ★ **Rebecca Romanschi**: 17th in the 50 free.
- ★ **Rebecca Romanschi, Lillian Ramberg, Jameson Thornburg, and Alaina Lam**: 17th in the 200 yard freestyle relay.

Athletic Director Jefferson and Principal McDowell apologize for not giving the Girls Swim & Dive team the recognition they deserved earlier in the fall. We are sorry and will do better in the future.

2. Senior Class of 2022 News

- 1) MOD Pizza NCHS Class of 2022 Senior Party Fundraiser!

Mark your calendars for **Wednesday, November 24th** in support of our NCHS Seniors.

(please see the attached flyer for more info!)

- 2) Our Senior Flock fundraiser is happening now! You can have your Senior flocked with 22 purple flamingos in your front yard! Please use this link to Buy a '22 Senior Flock and choose a flocking date. Proceeds from this fundraiser will go towards funding activities for the Class of 2022.



<https://jaguarboosterclub.ecwid.com/Buy-a-22-Senior-Flock-p397848567>

If you have any questions please contact us at northcreekseniors@gmail.com

3. Winter Sports Family Meeting

Winter Sports Parent Meeting scheduled for Monday, November 22, 6:30 PM.

This meeting will take place over Zoom. Our Athletic Director, Melton Jefferson, will send the Zoom link to the families of all Winter Athletes registered in Final Forms.

4. NCHS Food Pantry News

This holiday season, the North Creek/Skyview PTSA Food Pantry is collecting \$25 gift cards to provide to children ages 18 and under for families in need in our North Creek and Skyview community. Please consider donating one or more \$25 physical gift cards (or Amazon eGift Card from Amazon.com) from Target, Fred Meyer, or Amazon. Our goal is to collect 150 gift cards for kids in need.

Due to IRS restrictions, PTSA must collect physical gift cards (or Amazon eGift Card from Amazon.com) - we cannot purchase gift cards with donations.

Ways to donate by December 8:

- Purchase Online through Amazon.com, one or more, \$25 [Amazon.com eGift Card](#)
 - Amount: \$25
 - Delivery: Email
 - To: northcreekhighschoolptsa@gmail.com
 - From: *Leave Blank*
 - Message: *Leave Blank*
 - Quantity: enter in the number of \$25 gift cards you want to donate
 - Delivery Date: Now
 - Then Add to Cart and check out

- Drop off Physical Gift Cards
 - In the locked box in the Skyview Middle School attendance office (it will be emptied daily)
 - Pantry volunteers will be in the NCHS staff parking lot on:
 - Saturday, December 4, 12-2:00 p.m.
 - Tuesday, December 7, 4-6:00 p.m.

- Mail a gift card (factor in mail time to be received by 12/8)
 - Skyview PTSA – Food Pantry
PO BOX 311
Bothell, WA 98041

Please [sign up here](#) so we know how close we are getting to our goal.

All donations will be delivered to recipients on December 15.



5. **Holiday Assistance Resources**

Please see the attached 6-page PDF that provides information in both English and Spanish about Holiday Assistance Resources in our area!



6. **UW Forefront Suicide Prevention Training - December 9**

Please join us on **Thursday, December 9th from 6:00-7:30pm** for a suicide prevention training, please fill out the registration link below to attend. All NSD high school parents/caregivers are welcome.

This training is important for your child and their friends.

Parent/Caregiver Suicide Prevention Training Registration:

<https://nsd.zoom.us/webinar/register/WN>IfVIIxUSRv2-010PbNRyCQ>

Suicide is the second leading cause of death for youth ages 14-24 in Washington and the United States. Many suicides are preventable! Mental health problems among young adults are more common than many families realize. Parents and family members sometimes struggle to understand their student's mental health concerns—or even to recognize that their student is in distress. Learning that their student is having suicidal thoughts can create extreme stress for the family. This training provides resources to help parents and families support those who are struggling with their mental wellness.

More information about Forefront here: <http://forefrontintheschools.org>

Contact Heatherjoy Boi, hboi@nsd.org if you have questions.



7. InvestEd Funds - Donations Accepted
Students in our community need help.

***InvestED matches up to \$500 per school, per school year until funds are exhausted.**

Please support students in our community by donating to our campaign. We are partnering with InvestED, a statewide nonprofit, to help meet the basic and academic needs of our most vulnerable students. One hundred percent of funds raised will support promising young people who are experiencing hardships beyond their control.

Thank you for supporting our campaign and being a valued partner to our students and broader community. [Learn more.](#)



(All donations are tax-deductible and acknowledgement letters will be provided to you directly by InvestED). InvestED is a 501(c)(3) organization. Tax ID: 23-7189670. Contact them for more information.

Click the link below to make your donation. Thank you for helping our kids!

<https://invested.org/campaigns/north-creek-high-school#>